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## GAD<sub>65</sub> IS RECOGNIZED BY T-CELLS, BUT NOT BY ANTIBODIES FROM NOD-MICE

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Since the 64kDa-protein glutamic acid decarboxylase (GAD) is one of the major autoantigens in T-cell mediated Type 1 diabetes, its relevance as a T-cell antigen needs to be clarified. After isolation of splenic T-cells from non-obese diabetic (NOD) mice, a useful model for human Type 1 diabetes, we found that these T-cells proliferate spontaneously when incubated with human GAD<sub>65</sub>, but only marginally after incubation with GAD<sub>67</sub>, both recombined in the baculovirus system. No effect was observed with non-diabetic NOD mice or with T-cells from H-2 identical NON-NOD-H-2<sup>B7</sup> control mice. It has been published previously that NOD mice develop autoantibodies against a 64kDa protein detected with mouse beta cells. In immunoprecipitation experiments with sera from the same NOD mice and <sup>35</sup>S-methionine-labelled GAD, no autoantibody binding could be detected. We conclude firstly that GAD<sub>65</sub> is an important T-cell antigen which is relevant early in the development of Type 1 diabetes and secondly that there is an antigenic epitope in the human GAD<sub>65</sub> molecule recognized by NOD T-cells, but not by NOD autoantibodies precipitating conformational epitopes. Our results therefore provide further evidence that GAD<sub>65</sub> is a T-cell antigen in NOD mice, being possibly also involved in very early processes leading to the development of human Type 1 diabetes.

KEY WORDS: Type 1 (insulin-dependent) diabetes mellitus, non obese diabetic (NOD) mouse, autoimmunity, T-cells, glutamic acid decarboxylase (GAD)

### INTRODUCTION

Type 1 (insulin-dependent) Diabetes mellitus (IDDM) is an autoimmune disease leading to the destruction of insulin producing beta cells in the pancreatic islets of Langerhans [1]. T-cells are crucially involved in the process of beta cell destruction [2]. However, except from the 38kDa protein, no diabetes specific T-cell antigen has been identified [3]. A number of antibodies specific for islet cell proteins have been detected in the sera from type 1 diabetic patients and are used as markers for the evaluation of risk factors of the disease. One of the most reliable and earliest markers in Type 1 diabetes are autoantibodies directed against the 64kDa antigen, which has been identified as glutamic acid decarboxylase (GAD) [4]. Immunoprecipitating antibodies to GAD have been shown to be present in 70% of newly diagnosed type 1 diabetic patients and in 87% of their islet cell antibody (ICA)-positive first degree relatives [5] as well as in 56% of patients with Stiff Man Syndrom (SMS) [6,7]. GAD catalyzes the conversion of glutamic acid into the neurotransmitter  $\gamma$ -amino butyric acid (GABA) and is

found in two isoforms, GAD<sub>65</sub> and GAD<sub>67</sub>, both in neurons and in synaptic like vesicles in rodent insulin producing beta cells [8].

Since it is not proved that autoantibodies against beta cell antigens have any deleterious effect in the pathogenesis of Type 1 diabetes, several attempts have been made to elucidate the role of GAD as a T-cell autoantigen. T-cells in the peripheral blood of diabetic patients and their first degree relatives have been shown to recognize GAD<sub>65</sub> recombined in *E. coli* [9] or GAD<sub>67</sub> [10]. T-cell lines specific for *Escherichia coli* GAD<sub>65</sub> have been isolated from BB-rats, an animal model of Type 1 diabetes [11]. The non-obese diabetic (NOD) mouse, another well known animal model for human Type 1 diabetes mellitus, resembles the situation in humans in many clinical, immunological and immunogenetical aspects [12,13]. Antibodies in NOD mice directed against a 64kDa protein in mouse islets have been reported several years ago [14], whereas antisera to GAD<sub>65</sub>/GAD<sub>67</sub> raised in different species including sheep, rabbit and mouse could only detect small amounts of GAD<sub>67</sub>, but not GAD<sub>65</sub> in mouse islets by Western blot analysis [15].

In this study we examined the ability of GAD<sub>65</sub> and GAD<sub>67</sub> to stimulate T-cells isolated from spleens of NOD mice of different age and metabolic state of disease. As a control we used non-diabetic MHC-

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matched NON-NOD-H-2<sup>g7</sup> mice. Human recombinated GAD<sub>65</sub> and GAD<sub>67</sub> were used as antigens. To evaluate the antibody response to both antigens, we performed immunoprecipitation experiments with the sera from NOD mice.

## MATERIAL AND METHODS

### *Mice*

Female NOD mice were obtained from Bommice, Bomholtgard, Rye, Denmark and kept under germfree conditions. The incidence of diabetes in this colony was 80% by 16–18 weeks of age in females and 20–30% in male. Control non-diabetic NON-NOD-H-2<sup>g7</sup> mice were obtained from L. Herberg, Diabetes Forschungsinstitut, Düsseldorf, Germany. In our experiments, NOD and control mice were of the same age. The metabolic status was determined by blood glucose measurement. Blood was drawn from the portal vein and blood glucose levels were measured in an Eppendorf APC 40/50. Mice with blood glucose values > 13 mmol/l were considered to be diabetic.

### *Antigen expression and preparation*

Purified human GAD<sub>65</sub> and GAD<sub>67</sub> were expressed in *Spodoptera frugiperda* (Sf9) cells as described recently [16]. Briefly, human GAD<sub>65</sub> and GAD<sub>67</sub> cDNA clones were constructed by inserting full length human GAD<sub>65</sub> and GAD<sub>67</sub> cDNAs into the baculovirus vector pVL1393 (Invitrogen). After infection, Sf9 cells were cultured in SF900 medium (Gibco, Heidelberg) supplemented with 0.04% fetal calf serum. Cells were harvested 48h later and homogenized in 20 mM potassium phosphate, pH 7.0, 2 mM EDTA, 2 mM PMSF, 5 µ/ml Leupeptin, 1 mM AET, 0.2 mM PLP (buffer A). Homogenates of cells infected with the GAD recombinants, or cells infected with the vector lacking the GAD insert were used as antigens in T-cell proliferation experiment or for immunoprecipitation.

### *Determination of GAD enzyme activity*

Enzymatic activity of GAD was determined using a modification of the method described by Miller et al. [17]. Aliquots of the Sf9 cell homogenates were diluted in 50 mM potassium phosphate buffer, pH 7.0 with 1 mM EDTA, 1 mM AET, 0.2 mM PLP to a final volume of 200 µl. L-glutamic acid was added to a final concentration of 1 mM and L-[1-<sup>14</sup>C] glutamic acid was added to a final radioactivity of 500 µCi/mmol. After adding the reaction mixture into glass tubes, a filter paper soaked with 50 µl 1 M hyamin hydroxide

was placed into the tubes. The tubes were closed and after an incubation of 1 h at 37°C, the reaction was stopped by injecting 1 ml 5N sulphuric acid followed by an equilibration period of 1 h to allow complete adsorption of release <sup>14</sup>CO<sub>2</sub>. The <sup>14</sup>CO<sub>2</sub> trapped to the filter paper was measured by liquid scintillation counting and GAD enzyme activity was expressed in Units/mg protein. 1 Unit [U] was defined as the formation of 1 µmol CO<sub>2</sub>/min under standard assay conditions.

### *Isolation of T-cells and proliferation assays*

For each experiment 3 female NOD mice or 3 female NON.NOD-H-2<sup>g7</sup> mice of the same age were killed. The animals were non-fasting. Presence of insulinitis was determined by hematoxylin/eosin staining of kryo-sections of the pancreata isolated immediately after killing.

Isolation of T-cells was performed as described [18]. Briefly, spleens were removed aseptically and a homogenous cell suspension comprising spleen cells from all three animals in complete RPMI-640 medium (RPMI-1640, supplemented with 10% fetal calf serum, 10 units/ml penicillin/streptomycin, 200 mmol/l L-glutamine and 5 × 10<sup>-5</sup> mol/l β-mercaptoethanol) was prepared. Mononuclear splenic cells were separated by density gradient centrifugation on Ficoll-400 cushions (Lymphoprep, Boehringer Mannheim, Mannheim FRG). The interface containing the mononuclear cells was recovered, washed and passed over nylon wool columns to obtain purified T-cells. Purity of the T-cell preparations was > 90% as analyzed by anti-CD3-antibody labelling and subsequent Fluorescence activated cell sorter analysis. Triplicate assays were carried out by culturing 3 × 10<sup>4</sup> purified T-cells in a total volume of 200 µl of complete RPMI-640 in 96-well microtitre plates in the presence of 3 × 10<sup>5</sup> irradiated (3000 rad) syngeneic spleen cells as antigen presenting cells (APC). For proliferation assays, the antigenic fractions were used in concentrations of 10, 2, 0.5 and 0.1 µg/ml to determine their respective optimal concentration for stimulation of the T-cells. In each case concanavalin A (1 µg/ml) was used as a positive control for T-cell proliferation. The basal stimulatory activity was ascertained in the presence of complete cell culture medium without antigen. The cultures were incubated for 72–86 h, then pulsed with 1 µCi per well <sup>3</sup>H-methyl-thymidine (<sup>3</sup>H-TdR) (Amersham Buchler, Braunschweig, FRG) and harvested 20 h later. The incorporated radioactivity was determined using a Betaplate scintillation counter. Proliferation was expressed as stimulation index (SI): lymphocyte DNA synthesis/<sup>3</sup>H-TdR incorporation/counts per min (cpm) in the presence of antigen *over* cpm in the absence of antigen.

### Immunoprecipitation assay

Immunoprecipitation was performed with sera from NOD and control mice. As a positive control we used the murine monoclonal antibody GAD 1 recognizing GAD<sub>65</sub> and the polyclonal rabbit antibody K2 shown to recognize both GAD<sub>65</sub> and GAD<sub>67</sub> [8]. The assays were performed following a modification of the method published by Seissler et al [19].

Infected Sf9 cells were cultured in Grace's medium (Gibco). After 36 h, <sup>35</sup>S-methionine (200 µCi/5 × 10<sup>6</sup> cells) were added. 6 h later the cells were harvested and homogenized in buffer A. Homogenates were centrifugated at 33,000 g for 30 min to separate the soluble cytosolic fraction (CF). The cell pellets were resuspended in 20 mM potassium phosphate, 50 mM NaCl pH 7.2, 2 mM EDTA, 2 mM PMSF, 1% Trasylol, 1% Triton × 100 for 2 h at 4°C followed by centrifugation at 33,000 g for 30 min to obtain the membrane fraction (MF) in the supernatant. MF was incubated with a pool of normal human serum (25 µl/100 µl lysate) for 6 h and then preabsorbed with protein A sepharose (Pharmacia, Freiburg). 100 µl of the precleared extracts were precipitated with 25 µl Type 1 diabetes or NOD mouse serum, followed by adsorption of the immunocomplexes by a mixture of protein A and protein G sepharose. After extensive washing the

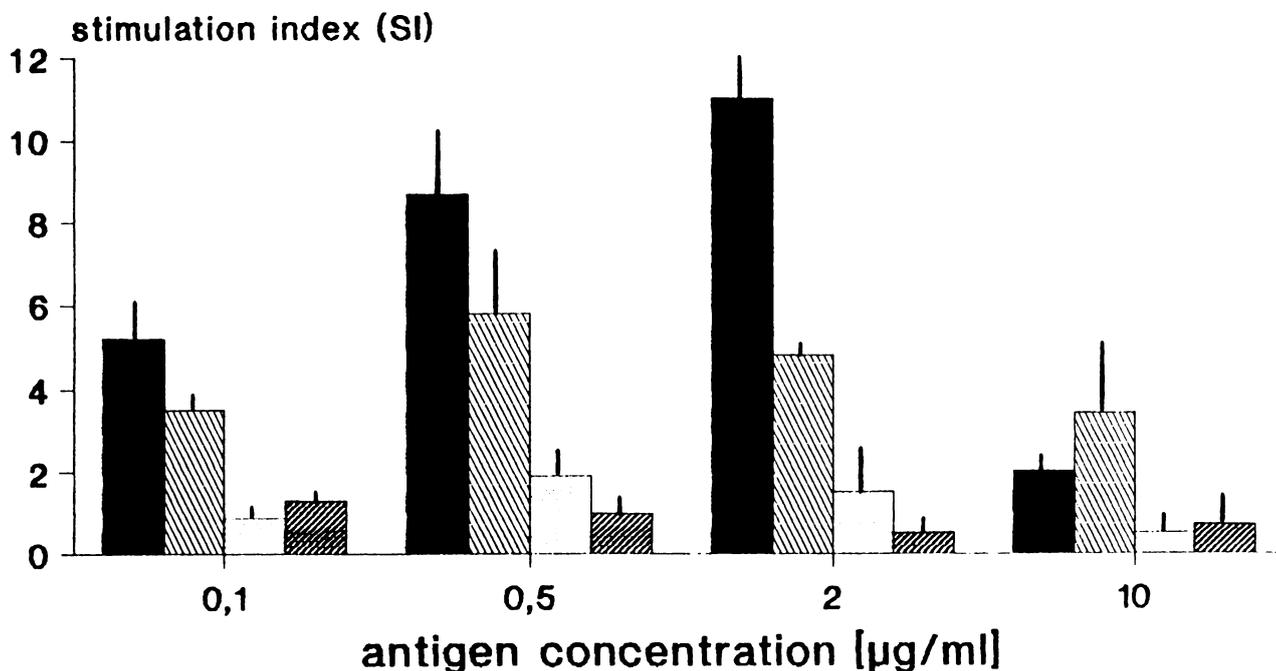
bound proteins were eluted with 65 mM Tris/HCl pH 6.8, 2% SDS, 5% β-mercaptoethanol and analysed by fluorography.

### Statistical analysis

Data of T-cell assays are shown as means ± standard deviation (SD) from at least three identically performed experiments. The results were assessed by one-way analysis of variance. Differences with p-values less than 0.01 were considered to be significant.

## RESULTS

Prior to performance of the proliferation experiments, enzymatic activity of the cell lysates was determined. For GAD<sub>65</sub> it was 55 mU/mg and for GAD<sub>67</sub> 69 mU/mg. Splenic T-cells from NOD mice of 8–10, 17–20 and 28 weeks of age were incubated with different concentrations of GAD<sub>65</sub> or GAD<sub>67</sub>. As shown in *Figure 1*, both GAD<sub>65</sub> and GAD<sub>67</sub> were recognized by the NOD mouse T cells in a dose dependent manner with an incorporated radioactivity of 0.8 – 1.5 × 10<sup>-3</sup> counts per minute (cpm) compared to background



**Fig. 1** Spontaneous proliferation of splenic T-cells from 20 weeks old, diabetic NOD mice after a 72 h-incubation with 0.1, 0.5, 2 or 10 µg/ml GAD<sub>65</sub> (■) or GAD<sub>67</sub> (▨), compared to proliferation of splenic T-cells from non-diabetic, age and H-2-matched NON-NOD control mice after incubation with GAD<sub>65</sub> (□) or GAD<sub>67</sub> (▩). Proliferation is shown as stimulation index (SI) with incorporation values of 800–1500 cpm in presence and 50–100 cpm in absence of antigen. Positive control values obtained after incubation of the T-cells with Con A were between 3000 and 5000 cpm. T-cells from NOD-mice respond in a dose dependent manner both to GAD<sub>65</sub> and GAD<sub>67</sub>, whereas proliferation of T-cells from control mice is considerably reduced.

cpm levels of  $0,05 - 0,1 \times 10^{-3}$  cpm. *Table 1* shows that the proliferation of the T-cells obtained from NOD mice at every age class and metabolic state studied were increased after stimulation with GAD<sub>65</sub>. Proliferative responses towards GAD<sub>67</sub> could also be observed, but were considerably reduced when the corresponding SI-values in each of the age groups were compared. This effect was also observed with T-cells from 8–10 weeks old NOD mice, which had not yet developed overt diabetes, but had mononuclear cells infiltrating the islets. T-cells from these mice showed marginal responses after incubation with GAD<sub>67</sub>. When we used T-cells from non-diabetic, MHC-matched NON-NOD-H-2<sup>B7</sup> control mice, only a small effect could be seen either after incubation with GAD<sub>67</sub> or with GAD<sub>65</sub> (*Table 1*). By using homogenates from SF9 cells not expressing GAD as an antigen to test unspecific T-cell response to SF9-cellular proteins, no significant proliferation of the T-cells both from NOD and NON-NOD mice was detected (*Table 1*). T-cells from non diabetic NOD mice which did not show any histological signs of islet infiltration did not respond to GAD<sub>65</sub> or GAD<sub>67</sub> (data not shown).

In immunoprecipitation experiments, sera from the same mice which have been used for T-cell isolation in the above described experiments were tested. Immunoprecipitation studies were performed with extracts from GAD<sub>65</sub> expressing SF9 cells which had been metabolically labelled by <sup>35</sup>S-methionine incorporation. As a control for the suitability of the immunoprecipitation method for mouse sera, we used the monoclonal mouse antibody GAD 1 which recognizes GAD<sub>65</sub> and the polyclonal rabbit antibody K2 recognizing mainly GAD<sub>67</sub>. As shown in *Figure 2*, the mon-

oclonal antibody GAD 1 and the polyclonal antibody K2 could precipitate GAD<sub>65</sub> or GAD<sub>67</sub> from the SF9 cell extract. None of the NOD mouse or NON-NOD mouse sera gave a positive binding signal.

## DISCUSSION

With this study evidence is provided that human GAD<sub>65</sub> contains an antigenic epitope or antigenic epitopes for NOD T-cells, different from the epitope(s) recognized by NOD autoantibodies. In a previous study, reactivity of peripheral blood T-cells isolated from human type 1 diabetic patients towards GAD expressed in E.coli was reported [9]. When recombinated GAD<sub>65</sub> from E.coli or E.coli extract without GAD<sub>65</sub> was used, T-cells isolated from NOD mice and from non-diabetogenic control mice proliferated equally strong (data not shown). This might be due to E.coli contaminating proteins which stimulated the T-cells in an unspecific manner. When we used human GAD<sub>65</sub> and GAD<sub>67</sub> recombinated in the baculovirus system and expressed in SF9 cells, the T-cell proliferation signals in response to GAD<sub>65</sub> were increased compared to GAD<sub>67</sub>; background levels of proliferation to SF9 cell extract were significantly lower. These results are remarkable since in a recent report only GAD<sub>67</sub> was immunologically detectable on mouse islet cells [15]. It might yet be possible that the amount of GAD<sub>65</sub> molecules on mouse islets is too small to be detected in immunoassays, but sufficient to prime specific T-cells in vivo. The human form of GAD<sub>65</sub> apparently provides an epitope which is immunologically effective for stimulation of NOD T-cells.

**Table 1** Proliferation of T-cells from NOD- and NON-NOD-mice after *in vitro* stimulation with human recombinated GAD<sub>65</sub> or GAD<sub>67</sub>. Extract of SF9 cells not expressing GAD was used as a negative tissue control. Proliferation was measured after <sup>3</sup>H-thymidine incorporation with background levels of T-cell proliferation of 50–100 counts per minute (cpm), and is expressed as stimulation index (SI) +/- standard deviation (SD) from at least three identically performed experiments. The table shows significantly higher proliferation of NOD-mouse T-cells after stimulation with GAD<sub>65</sub> compared to the respective results obtained with T-cells from non-diabetic, H-2 compatible NON-NOD-control mice of the same age group (\*\* for GAD<sub>65</sub> and \*\*\* for GAD<sub>67</sub>) and compared to the respective T-cell proliferation after incubation with SF9 cell homogenate (#).

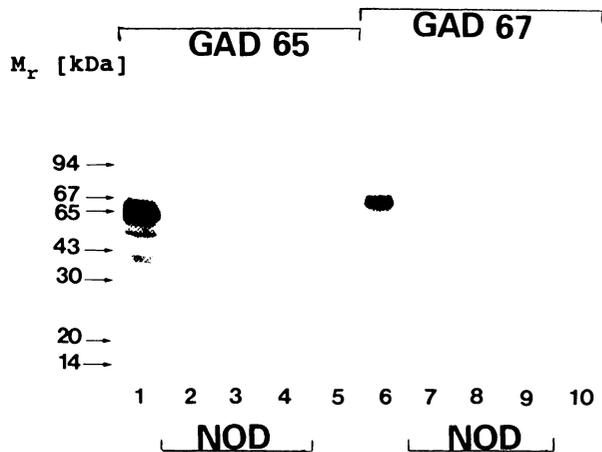
antigen	age of mice [weeks]	diabetic <sup>a</sup> yes/no	proliferation of T-cells [SI]	
			NOD	NON-NOD
GAD <sub>65</sub>	8–10	no	10.3 ± 2.0*#	0.9 ± 0.2*
	17–20	yes	11.0 ± 0.7*#	1.9 ± 1.0*
	28–30	yes	6.7 ± 2.1	2.7 ± 1.2
GAD <sub>67</sub>	8–10	no	4.6 ± 1.4**	1.2 ± 0.3**
	17–20	yes	6.1 ± 2.9	2.0 ± 0.3
	28–30	yes	1.8 ± 1.0	1.8 ± 1.3
SF9-extract	8–10	no	2.0 ± 1.4#	3.2 ± 0.8
	17–20	yes	1.7 ± 0.3#	2.5 ± 0.6
	28–30	yes	0.2	3.4 ± 0.5

<sup>a</sup>for NOD-mice

\* -  $p < 0.001$

\*\* -  $p < 0.01$

# -  $p < 0.001$



**Fig. 2** Autoradiography after immunoprecipitation of human recombinated <sup>35</sup>S-methionine-labelled GAD<sub>65</sub> (lane 1–5) and GAD<sub>67</sub> (lane 6–10). As positive controls, the mouse monoclonal antibody GAD 1 precipitating GAD<sub>65</sub> (lane 1) and the rabbit polyclonal antibody K2 precipitating GAD<sub>67</sub> (lane 6) were used. The molecular weights ( $M_r$ ) are indicated. With undiluted sera from NOD mice aged 8–10 weeks (lanes 2 and 7), 17–20 weeks (lanes 3 and 8) or 28–30 weeks (lanes 4 and 9) or with undiluted NON-NOD mouse sera (lanes 5 and 10) no binding signal was obvious.

In our study, non-diabetic, H-2 identical control mice which did not show any signs of insulinitis, did not respond to either form of GAD. This could implicate an MHC-independent mechanism of GAD<sub>65</sub> recognition by the T-cells from NOD mice, but further blocking experiments with anti-H2 antibodies will be necessary to prove the influence of the NOD-mouse specific H-2 complex in the recognition of diabetes specific antigens. In a previous study we reported the presence of T-cell autoantigens in very young NOD mice [18]. Here we show that GAD<sub>65</sub> is one of the autoantigens eliciting T-cell response towards the pancreatic islets, which is relevant in the early development of insulinitis and diabetes.

When immunoprecipitation experiments with metabolically labelled GAD<sub>65</sub> and GAD<sub>67</sub> were performed, no binding signal with undiluted NOD-mouse sera was obtained in contrast to positive binding by the control antibodies GAD 1 and K2. Nevertheless, the assay itself is suitable for detection of both human and mouse antibodies: In one of our previous studies we have already been able to show a positive binding signal with ICA<sup>+</sup> sera from human type 1 diabetic patients and GAD<sub>65</sub> recombinated in Baculovirus by using this immunoprecipitation assay [5] and in this study the murine monoclonal antibody GAD1 was able to precipitate GAD<sub>65</sub>, which implicates that the missing GAD<sub>65</sub> or GAD<sub>67</sub> binding signal by using NOD mouse sera is not due to technical problems.

The presence of autoantibodies towards a 64kDa

protein in the serum of NOD mice was reported several years ago by Atkinson et al. [14], although evidence is still lacking that this 65kDa-protein equals GAD<sub>65</sub>; immunoprecipitation studies performed with tryptic islet fragments indicate the existence of another 64kDa-protein in islet beta cells [20]. Another group recently reported enzymatic GAD activity in mouse islets, but also noted species specific differences in the expression of immunologically relevant forms of the antigen [15].

T-cells recognize proteogenic peptides comprising a small number of amino acids processed by antigen presenting cells and presented in conjunction with molecules of the major histocompatibility complex (MHC) [21,22,23]. In contrast, antibodies bind three dimensional structures of protein molecules [24]. In epitope studies with influenza virus haemagglutinin (HA) it has been demonstrated that amino acid changes in the molecule affect the conformational structure and the antibody binding, whereas cell surface localization and response of cytotoxic T-cells was not impaired [25]. It is therefore possible that amino acid sequences within a protein molecule serve as a T-cell antigen, but are cryptic to B-cell recognition by conformational structures. This might be the case with GAD<sub>65</sub>, since it is shown here that in NOD mice, T-cells are able to recognize GAD as an antigen whereas no antibody response was detected.

Our results contribute to the examination of the role of autoreactive T-cells in the pathogenesis of Type 1 diabetes and demonstrate the difference in immunological recognition of GAD as a beta cell antigen. We would suggest that the presentation of the T-cell epitope reacting with GAD-specific T-cells is one of the factors triggering beta cell destruction. The B cell response seems to be secondary to the T-cell response to GAD and independent from this process. Further investigations will be necessary to affirmate the triggering effect of GAD reactive T-cells in the NOD mouse or in human Type 1 diabetes.

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