

1 CD20 monoclonal antibodies for the treatment of multiple sclerosis: up-to-date

2

3 **Abstract**

4 **Introduction:** Featuring demyelination and axonal degeneration, multiple sclerosis (MS) is a
5 chronic autoimmune disease of the central nervous system representing a prominent cause of
6 disability in young adults. The recently established therapeutic targeting of B cells in MS
7 patients using CD20 monoclonal antibodies (CD20-mAbs) not only profoundly suppresses
8 inflammatory disease activity, but also materializes as the first treatment approach against
9 disability accumulation in a subset of patients with primary progressive MS.

10 **Areas covered:** We will review current concepts regarding the multifaceted
11 immunopathology of B cells in MS as well as results of clinical trials with CD20-mAbs, from
12 the murine-human chimeras rituximab and ublituximab to their increasingly humanized
13 counterparts ocrelizumab and ofatumumab. We conducted a literature search using the
14 databases PubMed, clinicaltrials.gov and clinicaltrialsregister.eu. Randomized controlled
15 studies emphasized the effectiveness of these mAbs in reducing MS disease progression
16 against an acceptable risk profile. Lastly, we will turn to outstanding questions regarding anti-
17 CD20 therapy in MS.

18 **Expert opinion:** CD20-mAbs constitute an attractive option for patients with relapsing or
19 even primary progressive MS. Nevertheless, questions regarding optimal dose, long-term
20 safety, maintenance regimens, B cell response markers, as well as their impact on disease
21 progression, remain.

22 **Keywords:** CD20 monoclonal antibody, B-cell therapy, multiple sclerosis, ofatumumab,
23 ocrelizumab, rituximab, ublituximab

24 **1. Introduction**

25 During the last two decades, CD20 monoclonal antibody mediated B cell depletion attracted
26 increasing attention in the field of multiple sclerosis (MS) therapy. Notwithstanding the
27 possibility of inducing experimental autoimmune encephalomyelitis (EAE), the animal
28 analogue of MS, via adoptive transfer of myelin-sensitized T cells in rodents, converging lines
29 of evidence pointed to a pathophysiological role of B cells as well. These began with the
30 discovery of the presence of oligoclonal bands (OCB) and, later, activated B cells and
31 plasmablasts in cerebrospinal fluid (CSF). Moreover, autopsy studies from MS patients
32 revealed complement and antibody deposition within demyelinating lesions^{1,2}. However, the
33 possibly most compelling argument arose from the unequivocal empirical success of CD20-
34 mAb mediated B cell depletion in clinical MS trials.

35 In order to convey the latest advances regarding CD20-mAb therapy of MS, we conducted a
36 systematic review of completed and ongoing clinical trials for MS, through searches of
37 PubMed and references from selected articles, using “monoclonal antibodies”, “CD20
38 antibodies” or “B cell therapy” in combination with the term “multiple sclerosis”. We largely
39 selected primary references from the past 5-6 years, but did not exclude consecrated and
40 highly regarded earlier publications.

41 The first section of the review summarizes the complex contribution of activated B cells on
42 MS pathogenesis, entailing both pro-inflammatory roles, as precursors of antibody-secreting
43 plasma cells, specialized antigen presenting cells (APC) or sources of cytokines, as well as
44 protective influences, as in the case of regulatory B cell subsets. The central part provides a
45 comparative assessment of the current clinical evidence for the CD20-mAbs rituximab,
46 ocrelizumab, ofatumumab and ublituximab, highlighting advantages and disadvantages within
47 existing data. Finally, we emphasize on key future research topics and endeavour to deduce
48 directions of advancement in the field of CD20-directed therapy in MS.

49

50 **2. Immunopathology of B cells in MS**

51 Systemic B cell responses, entailing aberrant activation of immune cells and their diapedesis
52 across the blood-brain barrier (BBB) underlie the relapsing-remitting aspect of the disease, as
53 recapitulated by EAE³. However, CNS-inherent immune responses, originating in germinal
54 centre-like follicular structures within the leptomeninges are likely to underlie the
55 smouldering, progressive aspect of the disease⁴. Hereby implicated autoreactive B cells
56 originate due to a breach of peripheral, not central B cell tolerance, underscoring the
57 importance of T_{reg} cell function⁵. Furthermore, B cells seem to thrive in the CNS, since their
58 clonally expanded successors, CNS-resident plasma cells, persist over years, as reflected in
59 the stability of OCB patterns in MS patients⁶.

60

61 **2.1 B cells and antibody-driven autoimmunity within the CNS**

62 The initial suspicions against B cell involvement in MS arose from the presence of CSF-
63 specific OCB in most MS patients, and autopsy studies revealing, on the one hand, antibodies
64 bound to myelin fragments within phagocytic cells in the CNS parenchyma^{7,8}, and, on the
65 other hand, immunoglobulin and complement sedimentation on disintegrated myelin sheaths
66 and demyelinating lesions^{1,2,9}. In MS, increased numbers of B cells, plasmablasts and plasma
67 cells are present in CSF and their numbers seem to relate to intrathecal immunoglobulin
68 synthesis and CNS inflammation^{10,11}. Immunoglobulins comprised in the OCBs are secreted
69 within the CNS by CSF-circulating or parenchyma-resident B cells, as confirmed by
70 overlapping, somatic-hypermutation-generated Ig transcriptomes and proteomes of
71 oligoclonally expanded B cells in the CSF of MS patients¹². Nonetheless, antigen-driven
72 affinity maturation preconditions somatic hypermutation in B cells. The ensuing quest for key

73 epitopes revealed so far intracellular proteins¹³ or lipid determinants¹⁴, whereas some of the
74 antibodies seem to bind specifically to glia cells and myelin¹⁵, although the molecular target
75 of these antibodies has not been identified. Similar studies on the specificity of CSF or serum
76 antibodies have not provided conclusive evidence on the targets of autoantibodies in MS, as
77 opposed to AQP4 (aquaporin-4) in neuromyelitis optica (NMO), despite some promising
78 candidates^{16, 17, 7, 18}. While the likelihood persists that autoantibody-related mechanisms are
79 not or only partly responsible for the acute effects of CD20⁺ cell depletion, their long-term
80 contributions remain as yet unclear.

81

82 **2.2 B cells as antigen-presenting cells modulate T cell dysfunction**

83 The most convincing argument for an antibody-independent role of B cells in MS originated
84 from the prompt and sustained decrease in new relapsing MS activity in the context of CD20-
85 mAb therapy. The onset of substantial benefit as early as 4-8 weeks¹⁹ after infusion is,
86 considering the half-life of plasma cells and secreted antibodies, unlikely due to removal of
87 any putatively pathogenic ones³. Conceivably, stagnating the influx of B cells (CD20⁺ as
88 opposed to plasma cells) across the BBB could interrupt local Ab release, thus enhancing
89 therapeutic effects. B cells function as notoriously efficient antigen-presenting cells (APCs),
90 defined by constitutive expression of MHC class II, and specialized in capturing soluble and,
91 even more efficiently, membrane-tethered antigens. Antigen-specific B cells are 1.000 to
92 10.000 times more efficient in presenting antigens and activating T cells than non-specific B
93 cells²⁰. Given the high and early efficacy of B cell depletion, it is tempting to speculate that B
94 cells play the dominant role in presenting autoantigens in MS. This could be due to the nature
95 of the autoantigen, which might be preferentially processed by B cells, or more generally due
96 to a dominant role of B cells in processing CNS antigens. Nevertheless, the acute effects of B

97 cell depletion most probably rely on their part as APCs and therefore not only on the directly
98 targeted B cells, but also on the potentially interacting autoantigen-specific T cells.

99

100 **2.3 Mechanisms of CD20⁺ cell depletion**

101 CD20 is a transmembrane, 33-37 kDa, non-glycosylated phosphoprotein with no known
102 natural ligand, which is involved in the generation of T cell-independent antibody responses²¹,
103 expressed on the surface of cells of the human B cell lineage from pre-B cells to naïve and
104 memory B cells²²⁻²⁴ (Fig. 2). The canonical biomarker for monitoring the direct effect of
105 CD20-mAbs is, counter-intuitively, CD19 and not CD20. CD19 represents a broader
106 spectrum of the B cell lineage, including pro-B cells and plasmablasts²⁵. However, as CD20-
107 mAbs interfere with flow cytometric analysis of CD20⁺ cells, CD19⁺ cells are typically used
108 as a surrogate biomarker²⁶. By directly binding CD20 on the surface of B cells, mAbs deplete
109 target cells via induction of four broad categories of mechanisms: (i) antibody-dependent
110 cellular cytotoxicity (ADCC); (ii) complement-dependent cytotoxicity (CDC); (iii) antibody-
111 dependent cellular phagocytosis (ADCP); (iv) induction of CD20⁺ cell apoptosis^{23, 27}. CD20-
112 mAbs currently in use for MS therapy mainly funnel their action through CDC- and ADCC-
113 mechanisms^{24, 28}. ADCC relies on the interaction between the Fc region of the CD20-mAb
114 and the Fc gamma receptor (FcγR) on natural killer (NK) cells. Compared to rituximab, the
115 newer mAbs ocrelizumab and ublituximab exhibit enhanced ADCC²⁹. CDC, on the other
116 hand, assumes activation of the C1q component of the classical complement pathway by the
117 Fc region of the CD20-mAb³⁰. This mechanism is exploited prominently by rituximab and,
118 mostly, ofatumumab from the newer generation of CD20-mAbs in clinical use for MS³⁰.

119 After infusion of CD20-mAbs, dose-dependent B cell depletion ensues rapidly (within hours
120 in blood³¹), the nadir being reached approx. 8 weeks after therapy³². Undetectable B cell
121 levels in peripheral blood persist for several months post-treatment depending on dose and

122 nature of the mAb^{32, 33}. Without CD20-mAb re-infusion, B cell depletion can persist for as
123 long as 20 months³², maybe even longer³⁴.

124

125 **2.4 Alternative mAbs targeting B cells and their potential for MS therapy**

126 CD20-mAbs currently in use for the treatment of MS are Rituximab (RTX), Ocrelizumab
127 (OCR), Ofatumumab (OFA) and Ublituximab (UTX). Other CD20-mAbs in clinical trials
128 mainly for haematological malignancies, which have not yet been employed in MS therapy,
129 are Veltuzumab, Obinutuzumab, Ibritumomabtiuxetan, Tositumomab and Ocaratuzumab^{27, 35-}
130 ³⁷. A methodically different targeting of B cells applies in the cases of Alemtuzumab – CD52-
131 mAb depleting both B and T cells, approved for active RRMS³⁸; Inebilizumab/MEDI-551 –
132 CD19-mAb, with one completed phase I study in MS³⁹ and an ongoing late phase study in
133 NMO (NCT02200770); and VAY736 – anti-B cell activating factor (BAFF) with a recently
134 completed, but yet unpublished phase II study in MS (NCT02038049).

135

136 **3. Clinical trials of CD20-mAbs in MS**

137 **3.1 Rituximab**

138 Rituximab (RTX, Rituxan®, MabThera®), a chimeric mouse-human IgG1 mAb⁴⁰, unleashes
139 cytotoxicity mainly through CDC and secondarily through ADCC²⁷ (Table 1). As a CD20-mAb,
140 it induces cross-linking of CD20 tetramers, followed by translocation of CD20 into large lipid
141 ‘rafts’ within the plasma membrane upon binding, thus enhancing complement activation and
142 subsequently CDC⁴¹. In particular, amino acid residues 168-175 of the large extracellular loop
143 of the CD20 molecule appear to represent the critical epitope for RTX binding⁴¹.

144 RTX was approved for the treatment of B cell-lymphomas (i.e. non-Hodgkin's lymphoma,
145 chronic lymphatic leukaemia)^{27, 42} in 1997 (Fig. 3). Nowadays it is being deployed for a
146 multitude of chronic inflammatory diseases apart from MS as well, including rheumatoid
147 arthritis (RA), granulomatosis with polyangiitis and neuromyelitis optica^{27, 30}.

148

149 **3.1.1 Randomized controlled trials**

150 Following the index case report on the use of intravenous (i.v.) rituximab (RTX) in a patient
151 with aggressive RRMS⁴³, one open-label study and two randomized controlled clinical trials
152 were performed.

153 In an open-label, 72-week, multicentre trial⁴⁴, the preliminary safety and tolerability profile
154 for a double course of RTX was established in patients with RRMS aged 18 to 55 years. RTX
155 was administered as 2 infusions of 1 g RTX each on days 1 and 15, followed by an identical
156 course 6 months later. Throughout the follow-up, adverse effects amounted mostly to mild or
157 moderate reactions, seldom reaching severe fatigue, headaches or muscle weakness. More
158 than half of the patients (65.4%) reported IRRs following the first cycle, their proportion
159 decreasing to a minority (8%) through the second cycle, while no serious adverse effects or
160 infections occurred. The study demonstrated a reduction in ARR as compared to the year
161 before starting the study treatment (0.18 on week 72 compared to 1.27 in the year before the
162 study), while the majority of the subjects (80.8%) remained relapse-free. Concomitantly, Gd-
163 enhancing lesions were completely suppressed by week 72, from a mean 1.31 per patient at
164 baseline.

165

166 Following, a small, randomized, double-blinded, placebo-controlled and manufacturer-
167 sponsored multicentre phase II clinical trial (HERMES)¹⁹ evaluated the efficacy and safety of

168 RTX in 104 patients with RRMS over 48 weeks. From these, 69 were randomized to receive a
169 single course of 1g RTX i.v. on days 1 and 15. Even if its short follow-up precluded long-
170 term assessment of treatment safety, the study convincingly attained its primary endpoint by
171 demonstrating a pronounced (91%) relative reduction in the cumulative number of gadolinium
172 (Gd)-enhancing lesions at weeks 12, 16, 20 and 24. Interestingly, patients randomized to the
173 RTX group had even more Gd-enhancing MRI lesions at baseline than those receiving
174 placebo. The clinical impact was reflected in a significantly reduced proportion of patients
175 with relapses at weeks 24 and 48 (20.3% vs 40.0% at week 48). Intriguingly the full effect on
176 preventing new lesions could be observed within 12 weeks after the first dose of RTX, well
177 ahead of any significant depletion of putatively pathogenic antibodies, underscoring antibody-
178 independent roles of B cells. Infusion-related reactions (IRRs), by definition occurring within
179 24h of infusion, were more frequent (92.6% grade 1 or 2 events vs 40% in the placebo group)
180 as well as more severe (7.4% grade 3 events) in the RTX group and included fever, chills and
181 hypotension – symptoms consistent with a cytokine-release syndrome during B cell lysis⁴⁵.
182 By the time of the second RTX infusion, their incidence did not exceed that in the placebo
183 group. They did not correlate with the development of human anti-chimeric antibodies
184 (HACAs), which could be detected in ca. ¼ of RTX-treated patients by week 48.

185 Second, a double-blind, placebo-controlled, multicentre and manufacturer-sponsored phase
186 II/III trial⁴⁶ investigated the efficacy, safety and tolerability of RTX in 439 patients with
187 PPMS (OLYMPUS). They were randomized 2:1 to receive repeated courses of RTX (2
188 infusions of 1 g i.v. each, 2 weeks apart) or placebo infusions every 24 weeks through 96
189 weeks, with safety monitoring through week 122. Enrolment was confined to patients aged 18
190 to 65 years. The primary endpoint was time-to-confirmed disease progression, sustained for
191 12 weeks (CDP12). Despite not having delayed the time-to-CDP12, the study's planned
192 subgroup analyses highlighted some interesting aspects. First, a statistically significant delay

hat gelöscht: .

194 in time-to-CDP12 was noticeable in younger patients, aged <51 years, treated with RTX and
195 particularly in those with active inflammatory lesion components, as denoted by Gd-
196 enhancing lesions on cranial MRI. Regarding its safety and tolerability profile, IRR
197 predictably occurred more commonly in the treatment arm, were mostly mild to moderate and
198 clustered during the first RTX course. Serious adverse effects (SAE) were reported by 16.4%
199 of RTX-treated patients and 13.6% of placebo-treated patients while infection-associated SAE
200 prevailed among 4.5% of RTX- and <1% of placebo-treated patients, rates similar to those
201 detected during the HERMES trial.

202 Another small, MRI-blinded, investigator-initiated phase II trial⁴⁷ for RTX was performed on
203 30 subjects with RRMS who experienced breakthrough disease, i.e. at least one new Gd-
204 enhancing lesion on any pre-treatment brain MRI and a new relapse within 18 months prior to
205 enrolment while on active treatment with standard injectable disease-modifying therapies
206 (DMT), such as interferon β 1a/b (IFN- β) or glatiramer acetate. The trial evaluated the safety,
207 efficacy and tolerability of add-on RTX administered at a regimen of 4 times 375 mg/m² i.v.
208 weekly. Its primary endpoint concerned radiological disease activity, such that 74% of post-
209 treatment MRI scans were free of Gd-enhancing lesions compared with 26% at baseline ($p <$
210 0.0001). Importantly, the combination of RTX with standard DMT was overall well tolerated,
211 with few adverse effects.

212

213 **3.1.2 Registry data**

214 The largest (n=822) retrospective, uncontrolled, observational multicentre trial⁴⁸ from 3
215 university medical centres in Sweden, yielding a relatively heterogeneous study group with
216 respect to baseline parameters (age, previous treatment regimens, disability index) and disease
217 subtype as well as RTX-treatment regimens (0,5 – 1 g every 6 months), aligned itself to the
218 results of the aforementioned randomized-controlled trials (RCTs), suggesting RTX is safe

219 and effective in the treatment of MS for at least up to 2 years. The authors observed a
220 remarkably low annualized relapse rate (ARR) of 0.044 for RRMS, but in the absence of a
221 control group this could only hint towards efficacy. The median EDSS remained constant
222 over the follow-up period in RRMS patients, but was sampled at relatively long intervals
223 (every 6-12 months) and was naturally subjected to retrospective measurement error.
224 Regarding SAEs, infections requiring therapy occurred in 14% of RTX-treated patients. No
225 occurrences of progressive multifocal leukoencephalopathy (PML) were detected despite
226 83.6% of study patients being seropositive for JCV-Ab. However, few patients in the study
227 had been treated for more than 24 months with RTX at the time of sampling. Yet another
228 compelling result emerged from a comparison of RTX vs fingolimod (FGL) following JCV-
229 Ab positivity-induced switching from natalizumab (NTZ) in a multicentre, observational,
230 cohort study of 256 patients at three MS centres in Sweden based upon the Swedish MS
231 register⁴⁹. Adjusting for potentially confounding differences in baseline characteristics
232 (younger RTX patients, shorter median washout times before RTX, a longer period on NTZ
233 for the RTX group) and bearing in mind the nonrandomized design, the authors could
234 illustrate a higher effectiveness-to-tolerability ratio for RTX, which not only reduced Gd-
235 enhancing T1 lesions (1% on RTX vs. 16% on FGL) and new cerebral T2 lesions, as well as
236 clinical relapses compared to FGL (2% of patients relapsing on RTX vs 18% on FGL), but
237 was also associated with less AEs (5% on RTX vs 21% on FGL) and an overall longer drug
238 survival (indicator of tolerability) through week 78. However, the impact of switching to RTX
239 on PML risk and the right timing of the switch were left unanswered by the study.

240 New insights on the putative cancer-linkage of RTX came from recent data presented at the
241ECTRIMS Congress 2018 from a nationwide Swedish register-based retrospective cohort
242 study⁵⁰ primarily comparing the incidence ratios (IRs) of any malignant cancer or of
243 malignant breast cancer in female patients across 6331 subjects treated with either RTX or

244 other DMD (disease modifying drugs). After probability weighting, the hazard ratio (HR) of
245 the RTX-treated cohort regarding malignant (breast) cancer risk proved comparable to that of
246 the general population. However, stratification regarding specific forms of cancer needs to be
247 targeted by future studies.

248 Highly active DMD such as RTX have been associated with an increased risk on infections
249 compared to standard DMD such as interferon- β and glatiramer acetate (IFN β /GA)⁵¹. A
250 recent register-based retrospective cohort study⁵² of all Swedish MS patients having initiated
251 treatment with rituximab (N=3242) in 2011-2016 indicated similar risks of serious infections
252 under RTX as with natalizumab or fingolimod, but increased ones compared to IFN β /GA (HR
253 (95% CI) = 0.53 (0.32-0.86)).

254 Another investigator-initiated US and Swedish retrospective-cohort based study⁵³ following
255 around 2700 MS-patients from the first RTX infusion between 2011 and 2017 (KPSC and
256 COMBAT-MS cohorts), could not identify any linkage to infusion-related deaths. Among all
257 patients, 15 deaths occurred, none within 2 weeks of the last RTX-infusion. However, the
258 patient cohorts were relatively inhomogeneous, with KPSC-registered patients exhibiting a
259 more event-prone cardiovascular background.

260 Due to its chimeric character, RTX poses a higher risk than its more modern counterparts for
261 the development of anti-drug antibodies (ADA), in particular human anti-chimeric antibodies
262 (HACA). A recent cross-sectional study⁵⁴ in a large cohort of patients from the Swedish MS
263 Registry identified ADA in the serum of 37% of 238 RRMS and in 26% of 101 progressive
264 MS-patients. The authors describe a correlation between ADA presence and titers and
265 incomplete B cell depletion. However, despite the majority of patients terminating RTX
266 during follow-up (non-ignorable exiting), no association between ADA titers and clinical
267 outcomes or infusion reactions could be found.

268

269 **3.1.3 Safety and tolerability**

270 Considering its profound and lasting impact on cellular and humoral immunity, as well as its
271 chimeric nature, RTX bears an overall acceptable risk profile. The most frequent adverse
272 effects (AEs) amount to IRRs, commencing 30-120 min⁴² through the first RTX infusion and
273 diminishing across the following cycles. Precisely, reactions potentially related to mast cell
274 degranulation have been reported^{46, 55}: urticaria, angioedema, nausea, chills, pyrexia,
275 dizziness, pharyngolaryngeal pain, pruritus, rashes, flushing, bronchospasm, acute respiratory
276 distress syndrome, hypotension etc. However, isolated reports exist of Kounis syndrome⁵⁶
277 (vasospastic or thromboembolic cardiovascular events complicating anaphylactoid episodes,
278 possibly triggered by mAb specific IgE inducing local or systemic mast cell degranulation) or
279 cardiac arrhythmias due to (systemic inflammatory response syndrome) SIRS-related
280 “cytokine-storms”⁵⁷. Even though the prescription information for RTX warns against serious
281 bacterial, fungal or viral infections during or after treatment with this mAb, infections in
282 general occurred at similar rates in the treatment as in the control arms of existent RCT
283 (69.6% vs 71.4%¹⁹ in the HERMES trial, in more than 10%⁴⁶ in both groups in the
284 OLYMPUS trial). Of all infections, urinary tract infections and sinusitis tended to be more
285 common among patients treated with RTX^{19, 46}. The RTX prescription information also warns
286 against the increased risk of progressive multifocal leukoencephalopathy (PML)²⁶, even
287 though up to date no PML case . However, the annual incidence of PML in RTX-treated
288 rheumatological patients is estimated at less than 1:25000, the RTX-attributable portion of
289 risk probably being even lower^{36, 58}, since in those cases patients exhibited a history of prior
290 or concomitant medication with other immunosuppressive agents or had undergone
291 hematopoietic stem cell transplantation^{42, 58-60}. Another concern relates to the reactivation of a
292 latent hepatitis B infection. Especially patients with chronic hepatitis B (HBs-Ag positive) are
293 at a relatively high risk of reactivation (varying reports between 27% and 80%⁴²), but also

294 those with resolved HBV infection (HBsAg-negative/cAb-positive)⁶¹. Prophylactic therapy
295 with lamivudine, entecavir or tenofovir has proved effective in reducing the risk of HBV
296 reactivation and related mortality in HBsAg-positive patients at high risk of reactivation⁶².
297 Furthermore, severe mucocutaneous reactions have been observed rarely after treatment with
298 RTX – of note, paraneoplastic pemphigus, Stevens-Johnson syndrome, toxic epidermal
299 necrolysis etc.^{42, 55}.

300

301 **3.1.4 Practical therapy management**

302 Despite compelling clinical data, not only regarding MS, RTX did not proceed to phase III
303 testing, and will not be further developed for MS most likely due to various factors, including
304 licensing issues, economic considerations and company internal decisions^{35, 42}. RTX's patent
305 expired in Europe in February 2013 and in the US in September 2016⁶³. Interestingly, the
306 therapy costs for RTX in MS even at the highest dose tested (two infusions of 1g 2 weeks
307 apart every 6 months) amount to approx. \$30,000 (US) / 12,000 € (Europe) annually,
308 considerably less than the newly approved ocrelizumab, at approx. \$65,000 (US) / 33,000 €
309 (Europe)⁶³, making real-world off-label prescription of RTX an attractive alternative to its
310 licensed counterparts.

311 Practically, before initiating RTX in MS patients in off-label regime, we screen for chronic or
312 active infections (Hepatitis B and C, HIV, VZV, measles). We avoid initiating RTX in
313 patients after the age of 55 (corresponding to the age limits of the study cohorts tested in
314 MS^{19, 46}) unless relapse or MRI activity indicate significant inflammatory activity. Switching
315 to RTX after treatment with another DMD such as natalizumab, for example in the case of
316 JCV-Ab positivity, is a routinely encountered clinical decision in MS centres. Depending on
317 the previous therapeutic regimen, we strive a latency of 2-8 weeks (6-8 weeks in the case of
318 natalizumab) before induction with RTX. During RTX therapy, we monitor patients clinically

319 at least every 6 months and radiologically at least yearly. In previous trials for other
320 autoimmune diseases, the duration of B cell depletion with RTX was dose dependent: mean
321 repopulation time was 184 days on the 1000 mg regime and approx. 240 days on the 4 times
322 375mg/m² weekly regimen⁶⁴. Considering the latency with which B cell reconstitution ensues
323 in the wake of a RTX therapy cycle, we found controls of CD19⁺ cell levels 5 months after
324 infusion to be sufficient and manageable by our primary care providers. Furthermore, we
325 monitor serum levels of IgG every 6 months, to adjust the dose of RTX or even substitute
326 immunoglobulins in the case of low levels. Live vaccinations are contraindicated during
327 therapy with RTX, so that necessary vaccines (for instance VZV) should be administered
328 prior to begin of therapy. Current recommendations in the case of females of child-bearing
329 age contraindicate RTX during pregnancy and emphasize contraception during therapy,
330 although a recent systematic review and a case series reported no major complications with
331 RTX use within 6 months of conception⁶⁵. Currently it is recommended to start pregnancy not
332 earlier than 12 months after the last infusion.

333

334 **3.1.5 Ongoing and future trials**

335 Currently, several phase III studies are recruiting MS patients and studying the facets of RTX
336 therapy for MS. One of them, a prospective observational study to be completed January
337 2019, will primarily evaluate the tolerability and safety of switching (non-randomly) from
338 RTX to ocrelizumab (ClinicalTrials.gov. ID: NCT02980042). Also, an interventional,
339 randomized, open-label prospective, active comparator phase II/III clinical trial will evaluate
340 the effectiveness of RTX vs glatiramer acetate in active progressive MS (ClinicalTrials.gov
341 Identifier: NCT03315923). An active comparator randomized phase III study of RTX vs
342 dimethyl fumarate (RIFUND-MS) in early RRMS and Clinically Isolated Syndrome (CIS) is
343 due through August 2021 (ClinicalTrials.gov. ID: NCT02746744). A 3-year follow-up

344 prospective observational 3700-patient cohort study using the Swedish MS registry
345 (COMBAT-MS) is due through December 2021 and will compare effectiveness and safety of
346 RTX against all other DMD used in RRMS (ClinicalTrials.gov. ID: NCT03193866). Further,
347 a phase IV open label, randomized study on the effectiveness of early highly effective DMD
348 (including RTX, Ocrelizumab, Alemtuzumab and Natalizumab) is due to start October 2018
349 (ClinicalTrials.gov Identifier: NCT03535298). In spite not primarily evaluating the safety and
350 effectiveness of RTX in a randomized-controlled manner, these studies still promise
351 interesting insights on important aspects of treatment decisions in MS.

352

353 **3.2 Ocrelizumab**

354 In contrast to its predecessor RTX, ocrelizumab (OCR, Ocrevus®) is a humanized IgG1
355 CD20-Ab that targets an overlapping, but slightly different epitope of CD20²⁸, which, because
356 of OCR's constant domain's higher affinity for FcγRIII on natural killer (NK) cells, yields
357 enhanced ADCC and a reduced CDC^{27, 42, 66-68}. Developed with hindsight towards reduced
358 immunogenicity, i.e. lowering the incidence of HACAs and of infusion reactions, OCR has
359 recently been approved both by the US Food and Drug Administration (March 2017) and the
360 European Medicines Agency (January 2018) for the treatment of RRMS (first approved anti-
361 CD20 mAb) and PPMS patients (first ever approved pharmacotherapy)^{69, 70} (Fig. 3, Table 1).

362

363 **3.2.1. OCR: Randomized controlled trials**

364 A multicentre, randomised, placebo-controlled phase II trial⁷¹ assessing the safety and
365 efficacy of two dose regimens of OCR versus placebo and, as an active comparator, open-
366 label interferon β-1a i.m. in RRMS, provided the premises for subsequent phase III trials. At
367 24 weeks, gadolinium-enhancing T1-lesions were reduced by 89% and 96% by OCR 600mg

368 (300mg i.v. on days 1 and 15) and OCR 2000mg (1000mg i.v. on days 1 and 15),
369 respectively, compared to placebo. Underpinning the observations from the RTX trial
370 HERMES, the lasting diminution in incipient radiological disease activity was apparent
371 already 8 weeks into the trial within both OCR treatment groups. Secondly, annualized
372 relapse rates over the albeit short span of 24 weeks were reduced by 80% and 73% in the
373 600mg and 2000mg OCR group, respectively. However, as no segregation of effects with two
374 OCR doses could be noted, as well as because of one potentially drug-induced death in the
375 2000mg group, the lower dosage of 600mg (300mg i.v. on days 1 and 15, followed by 600mg
376 i.v. every 6 months) prevailed during latter trials.

377 Following up on the phase II trial, the efficacy of OCR in RRMS was cemented by two phase
378 III clinical trials, OPERA I and OPERA II⁶⁶, conducted as identical, multicentre, randomized,
379 double-blind, double-dummy and manufacturer-sponsored studies randomizing 821 and,
380 respectively, 835 patients with RRMS (McDonald criteria 2010) and similar demography to
381 receive 600mg OCR i.v. (300mg on days 1 and 15, followed by 600mg i.v. every 24 weeks)
382 or 44 µg interferon beta-1a s.c. 3x/week. Employing identical paradigms, both studies lasted
383 through 96 weeks and involved patients aged 18 to 55 years, with an EDSS of 0 to 5.5 as well
384 as recently documented disease activity, paralleled by fitting brain MRI lesions. OCR attained
385 the primary study endpoint by significantly reducing the annualized relapse rate (ARR) from
386 0.29 (IFN β-1a) to 0.16 per year (46% and 47% lower with OCR, Opera I and Opera II,
387 respectively) through week 96. Additionally, a preplanned pooled analysis of both study
388 groups revealed a 40% reduction in both 12- and 24-week CDP in the OCR group, which also
389 exhibited 94% (Opera I) and 95% (Opera II) fewer Gd-enhancing T1-lesions, as well as fewer
390 new or enlarging hyperintense T2-lesions (77% Opera I; 83% Opera II) on brain MRI scans.
391 The longer follow-up, the larger study cohorts and the more homogenous baseline
392 characteristics, especially concerning previous immunomodulatory treatment, conferred more

393 validity to the OPERA trials than was the case for the phase II trial. However, the discrepancy
394 between the substantial reduction in radiological disease activity and the less pronounced
395 abatement of disease progression remained unexplained. Possible explanations are pseudo-
396 relapses or a differential impact of OCR on brain and spinal cord, which was not monitored
397 by MRI.

398 Driven partly by the promising subgroup analyses of the OLYMPUS trial, a phase III
399 randomized, double-blinded, placebo-controlled, manufacturer-sponsored study of the
400 efficacy and safety of OCR in PPMS⁷² was conducted (ORATORIO). The trial was
401 undertaken on 732 patients with PPMS aged 18 to 55 years, randomized 2:1 to receive either
402 OCR 600mg i.v. (300mg on days 1 and 15 every 24 weeks) or placebo. Compared to the
403 baseline characteristics of the OLYMPUS cohort, the ORATORIO demography comprised on
404 average younger patients (44 years vs 50 years), a shorter disease duration (6.7 years vs 9
405 years) and a marginally lower median EDSS at study onset (4.5 vs 5.0). The primary and first
406 secondary endpoints, CDP at 12 and, respectively, 24 weeks were both met, OCR exhibiting a
407 significant, but altogether limited relative risk reduction compared to placebo, of 24% (in
408 absolute 32.9% vs 39.3%) and, respectively, 25% (in absolute 29.6% vs 35.7%). Furthermore,
409 OCR significantly reduced T2-weighted lesion volumes at 120 weeks by 3.4%, and the rate of
410 total brain atrophy by 17.5% compared to placebo. In an FDA requested subgroup analysis it
411 became evident, that the effect of OCR on CDP was also strongly influenced by the age of the
412 patients. CDP in patients 40 years or younger CDP was moderately reduced (HR 0.28-0.36),
413 while patients older than 40 years had almost no effect of the treatment (HR 0.78-0.88)⁷³.

414

415 **3.2.2. OCR: Safety and tolerability**

416 In May 2010, the OCR development programme for Rheumatoid Arthritis (RA) was halted
417 not due to a lack of efficacy, but rather to safety concerns, since high dosages of OCR

418 correlated in phase III trials with an increase in severe opportunistic infections. During these
419 RA trials, no increased incidence rate of malignancies or PML cases were recorded⁷⁴.
420 However, the concomitant deployment of other immunosuppressive medication and the on
421 average higher age of RA patients implied a higher baseline risk profile, so that OCR studies
422 were only continued in MS. In the phase II MS trial, IRR prevailed in the 600mg OCR
423 (34.5%) and the 2000mg OCR (43.6%) groups compared to IFN β -1a (9.3%), while in the
424 2000mg group one death secondary to a complicated course of systemic inflammatory
425 response syndrome (SIRS) was recorded⁷¹. As in the case of RTX, IRR clustered during or
426 shortly after the first infusion (25%) and amounted to mostly mild-to-moderate pruritus,
427 rashes, throat irritations and/or flushing. The relatively lower incidence of IRR under OCR
428 compared to the RTX trials (i.e. OLYMPUS) could presumably be due to pre-infusion
429 comedication with antipyretics and antihistaminics. Concerning infections, the statistics were
430 largely replicated in phase III MS trials, of note being slightly more frequent mild-to-
431 moderate infections than in the IFN β -1a group, including upper respiratory tract infections
432 (15.2% vs. 10.5%), nasopharyngitis (14.8% vs. 10.2%) and mild cutaneous herpes infections
433 (5.9% vs. 3.4%)⁶⁶. Notably, treatment with OCR resulted in a considerable decrease of serum
434 IgM levels both in the OPERA and ORATORIO trials^{66, 72}.

435 Moreover, in the ORATORIO study, significantly more malignancies were signalled in the
436 OCR group than with placebo (2.3% vs. 0.8%), specifically four breast cancers, one
437 endometrial adenocarcinoma, one anaplastic lymphoma, one histiocytoma, one metastatic
438 pancreatic cancer and three basal cell carcinomas⁷². Altogether, the absolute number did not
439 exceed epidemiological expectations, and since the incidence has fallen in open-label
440 extension studies and the diverse malignant entities did not fall into a single pathologic
441 category⁷⁵, no clear evidence of causality could be surmised. This is also in line with data
442 from the RA⁷⁴ and lymphoma⁷⁶ trials with RTX. No cases of PML have yet been reported in

443 the OCR MS trials, but so far (as of February 2019) 7 cases of PML after switch from NTZ or
444 FGL to OCR have occurred, probably in the sense of a “carry-over” effect⁷⁷. Only 0.4% of
445 OCR patients developed drug-Ab during a 96-week treatment course⁶⁶, in contrast to the
446 much higher incidence of HACA (28.5%) during RTX trials⁴⁴.

447

448 **3.2.3. OCR: Practical therapy management**

449 Preliminary testing for chronic infectious diseases, as well as pregnancy and vaccination
450 recommendations for OCR therapy match those for RTX. Preliminary data presented at the
451ECTRIMS Congress 2018 revealed no increase of IRR upon switching from RTX to OCR⁷⁸.
452OCR completely depletes CD20⁺ B cells in serum immediately after the first infusion⁷¹, upon
453which recovery necessitates 16-32 weeks to reach detectable levels and a median 72 weeks to
454reach normal lower limits³⁶. Interestingly, the therapeutic and radiological effect lasts up to at
455least 18 months³⁶, considerably longer than B cell depletion, perhaps pertaining to effects on
456memory B cells⁶⁸. Even if as yet no head-to-head comparison of OCR vs RTX regarding IRR
457exists, as CDC activity is believed to underlie the incidence of IRR, OCR should in theory be
458better tolerable than RTX⁶⁷, although during the initial RTX trials no premedication with
459methylprednisolone was administered^{67, 71}. Regarding malignancy prevention, no specific
460guidelines apply and standard screening measures are recommended.

461

462 **3.2.4. OCR: Ongoing trials**

463 Several promising trials for OCR are currently underway or in development. Apart from an
464open-label extension, multicentre, single-arm phase III study evaluating the effectiveness and
465safety of OCR 600mg i.v. every 24 weeks (ClinicalTrials.gov Identifier: NCT03599245), two
466new phase IIIb manufacturer-initiated studies for OCR in progressive MS with novel

467 endpoints have been announced The ORATORIO-HAND multicentre, randomised, placebo-
468 controlled, double-blind study, enrolling approx. 1000 patients with PPMS, will assess the
469 effect of OCR on upper limb function in subgroups of more disabled/older patients (EDSS
470 from 3 to 8) primarily in the Nine-Hole Peg Test 9-HPT (ClinicalTrials.gov Identifier:
471 NCT03562975). The CONSONANCE-trial, designed as a 4-year prospective, single-arm,
472 multicentre phase IIIb study with novel primary composite disability endpoints, including *No*
473 *Evidence of Progression* (NEP, no progression sustained for at least 24 weeks on CDP, as
474 measured by the EDSS, $\geq 20\%$ increase in timed 25-foot walk test -T25FWT - and $\geq 20\%$
475 increase in 9HPT) and *No Evidence of Progression of Active Disease* (NEPAD, no
476 progression on all of the three components of NEP, no protocol-defined relapse, no enlarging
477 or new T2 lesion and no T1 Gd-enhancing lesion), will investigate the effect of OCR on the
478 entire spectrum of progressive MS, i.e. PPMS and SPMS (ClinicalTrials.gov Identifier:
479 NCT03523858). Another study seeks to underpin the mechanisms of action of OCR and
480 reveal insights into B cell biology in RRMS and PPMS by examining Neurofilament Light
481 (NfL) levels in CSF, CD19⁺ B cells and CD3⁺ T cells in CSF (OBOE trial, ClinicalTrials.gov
482 Identifier: NCT02688985). Exploring an area of still significant controversy, whether early
483 treatment with highly effective DMT (OCR among others) can improve the prognosis of
484 RRMS patients, two new studies, DELIVER-MS (ClinicalTrials.gov Identifier:
485 NCT03535298) and TREAT-MS (ClinicalTrials.gov Identifier: NCT03500328) will primarily
486 compare brain volume loss and, respectively, time to sustained disability progression in this
487 condition. Another open-label, multicentre, prospective, single-arm, phase III study,
488 ENSEMBLE (ClinicalTrials.gov Identifier: NCT03085810), will primarily assess the safety
489 and effectiveness of OCR in approx. 600 patients with early stage RRMS.

490

491 **3.3 Ofatumumab**

492 Ofatumumab (OFA) represents a next-generation, fully humanized IgG1 CD20 mAb^{79, 80},
493 designed to boast even less immunogenicity than RTX and OCR⁸³ (Fig. 3, Table 1). It binds
494 with high affinity to a small membrane loop epitope⁸¹, different from the one of RTX and
495 OCR, even at very low levels of expression of CD20^{82, 83}. Consequently, it dissociates from
496 CD20 more slowly than RTX, conferring enhanced CDC to the detriment of ADCC^{82, 83}. It is
497 currently approved as therapy against refractory chronic lymphatic leukaemia (CLL,
498 Arzerra®)⁸⁴, having demonstrated efficacy also against active RA⁸⁵. Crucially, in addition to
499 the possibility of i.v. administration, it capitalizes on an s.c. formulation, that promises to
500 reduce IRR, eliminate the need for premedication with glucocorticoids and offer a more
501 convenient administration method for patients and health care personnel alike⁶³.

502

503 3.3.1. OFA: Randomized controlled trials

504 OFA debuted with respect to MS in a small, 48-week, placebo-controlled, 24-week cross-
505 over, randomized, double-blind, phase I/II study in 38 patients with RRMS, designed to
506 assess its safety and preliminary efficacy. The treatment arms administered were OFA 100mg,
507 300mg or 700mg i.v. 2 weeks apart. The primary endpoint was met, OFA yielding a drastic
508 suppression of new and total number of Gd-enhancing T1-lesions of >99% compared to
509 placebo as well as a significant reduction in new and/or enlarging T2 lesions across all
510 dosages in the first 24 weeks after OFA administration⁷⁹. However, the reduction in relapse
511 rate over the first 24 weeks was all but modest (19% across all dosages vs. 25% on placebo),
512 raising, as in the case of OCR, the question of relevance of brain MRI alone as a prognostic
513 variable. Importantly, none of the patients developed human anti-human Ab (HAHAs) and
514 OFA brought about a profound selective depletion of CD19⁺ cells, as known from OCR,
515 without affecting serum Ig levels.

516 Subsequently, a phase II, randomized, placebo-controlled, parallel-group, dose-ranging study
517 was initiated on 232 patients with RRMS (MIRROR trial)⁸¹ treated with 3, 30 or 60 mg OFA
518 s.c. every 12 weeks, 60mg OFA s.c. every 4 weeks or placebo (1:1:1:2:2) for 24 weeks, to
519 evaluate dose-response effects on efficacy and safety outcomes. Again, OFA across all doses
520 led to a 65% (90% when taking effect onset latency into account) reduction in new Gd-
521 enhancing T1 lesions for weeks 4 to 12, but to no significant reduction in relapse rate across
522 the relatively short duration of the study. Interestingly, complete depletion of CD19⁺ cells was
523 not a prerequisite for the treatment effect.

524

525 **3.3.2. OFA: Safety and tolerability**

526 During the currently completed trials, the most common adverse effect were
527 infusion/injection-related reactions (IRRs), occurring mostly after the first dose in 41-66% of
528 OFA-treated patients vs. 15% of placebo⁸¹. Few cases of SAEs have been reported and no
529 occurrence of opportunistic infections. During the haematological trials, neutropenia has been
530 signalled in 3% of patients⁸⁶.

531

532 **3.3.3. OFA: Ongoing trials**

533 Two randomized, double-blind, double-dummy, active comparator-controlled, parallel-group,
534 multicentre phase III clinical trials are currently evaluating the efficacy and safety of OFA
535 20mg s.c. every 4 weeks over 2.5 years compared to oral teriflunomide in RRMS patients
536 primarily regarding ARR (ASCLEPIOS I and II, ClinicalTrials.gov identifier:
537 NCT02792218/NCT02792231; due through May 2019). Another 24-week, randomized,
538 double-blind, placebo-controlled, parallel-group, multicentre phase II study will compare
539 OFA 20mg s.c. every 4 weeks vs. placebo in 60 patients (randomized 2:1) with RRMS

540 (ClinicalTrials.gov Identifier: NCT03249714). As a bridging trial towards enhanced patient
541 autonomy, a phase II trial will investigate the pharmacokinetic bioequivalence of OFA
542 injected at the clinical dose of 20mg s.c. via a pre-filled syringe versus an auto-injector device
543 (ClinicalTrials.gov Identifier: NCT03560739).

544

545 **3.4 Ublituximab**

546 Ublituximab (UTX, TG-1101) is a next-generation chimeric anti-CD20 antibody, targeting a
547 different epitope than its predecessors (Table 1). It is glycoengineered towards low fucose
548 content³⁷ for higher affinity to all variants of FcγRIIIa receptors, therefore featuring an
549 enhanced ADCC over RTX and OFA, especially in cells with low CD20 expression³⁶. Its
550 greater ADCC is hoped to offer a benefit over currently available CD20-mAb because of
551 lower effective doses and shorter infusion times. Ublituximab is primarily evaluated for its
552 efficacy in the treatment of CLL, but has also received FDA orphan drug designation for the
553 treatment of Neuromyelitis optica (Fig. 3).

554

555 **3.4.1. UTX: Randomized controlled trials**

556 At the ECTRIMS Congress 2018 the results of a first phase II multicentre, randomized, cross-
557 over design (from week 24), placebo-controlled, 48-week study of UTX in 48 patients with
558 RRMS focusing on optimal dosing and infusion times were announced⁸⁷. UTX was
559 administered across multiple dosing cohorts (450mg or 600mg over 1-4 hours on days 1 and
560 15 as well as after 24 weeks) and achieved a substantial B cell depletion in all dosages of over
561 99%. As its counterparts, it drastically reduced Gd-enhancing T1 lesions (100% reduction at
562 week 24) and decreased T2 lesion volume by 8% and 10% at weeks 24 and, respectively, 48.
563 The ARR in the treatment arms remained low at 0.07. Notably, T cells showed a significant

564 population shift toward naïve and regulatory phenotypes, possibly indicative of interference
565 with the antigen-presenting role of the depleted B cells.

566

567 **3.4.2. UTX: Safety and tolerability**

568 In the phase II trial in MS, no SAE or safety-concerns were reported. The most common
569 adverse effects were mild- to moderate IRR, which showed increase in incidence with
570 decreasing infusion times⁸⁷. Interestingly, UTX could be safely delivered in infusions as fast
571 as one hour⁸⁷.

572

573 **3.4.3. UTX: Ongoing trials**

574 Building upon the results of the phase II trial, two new phase III, randomized, multi-centre,
575 double-blinded, active comparator-controlled studies will assess the efficacy (primary
576 endpoint: ARR over 96 weeks) and safety of UTX 450mg i.v. on days 1 and 15, afterwards
577 every 24 weeks, as compared to teriflunomide in approx. 880 patients with RRMS and are due
578 through March 2021 (ULTIMATE 1 and 2, ClinicalTrials.gov identifiers: NCT03277261/
579 NCT03277248).

580

581 **4. Conclusion**

582 From the traditional interpretation of a T cell-mediated disease, the understanding of MS
583 pathogenesis has evolved to ascribe B cells crucial contributions as well, leading to the
584 emergence of CD20-mAb as therapies with dramatic effect on clinical and radiological
585 measures of inflammation in RRMS. Furthermore, for the first time a partially effective
586 therapy against PPMS has become available. Future translational research paralleled by

587 clinical trials are needed to ascertain the optimal time point of treatment initiation with CD20-
588 mAb, whether more benefits regarding transition to SPMS can be reaped by an earlier therapy
589 start, the optimal dosing, monitoring markers and time points of treatment
590 interruption/cessation, as well as long-term safety including the risk of malignancy or
591 development of PML.

592

593 **5. Expert opinion**

594 Clinical trials have undoubtedly underpinned the capacity of CD20-mAbs to markedly and
595 sustainably diminish metrics of active inflammation in MS, ushering in benefits in clinical
596 and radiological outcome measures surpassing those of most other approved DMT. So far, all
597 CD20 mAb therapies convincingly reduced relapses and inflammatory MRI-activity,
598 providing a proof-of-concept for the substantial role of B cells in MS pathophysiology.
599 Currently, in hindsight of the risk of overexposing patients to serious side effects by too
600 precocious initiation of anti-CD20 therapy, a “treat-to-target approach” prevails, advocating a
601 gradual escalation to mAb upon on-treatment disease breakthroughs. However, clinical
602 relapses seemingly constitute the “tip of the iceberg” regarding disease progression, while
603 ongoing inflammatory MRI activity exceeds relapse activity, so that relying on on-treatment
604 disease breakthrough as a threshold for escalating therapy might not be sensitive enough. The
605 high level of efficacy of CD20-mAbs coupled with their reasonable safety profile tempts the
606 perspective of employing them as first-line therapies in selected patient cohorts, supposing
607 current and future prognostic markers could validly signal an increased risk of developing
608 SPMS. Clinical trials in this context could shed light on the clinical disease progression upon
609 dissociation from active inflammation. Capitalizing on the lasting suppression of
610 inflammation through singular CD20-mAb infusion cycles even after B cell reconstitution,

611 alternative therapeutic algorithms could rely on a limited CD20-mAb induction therapy
612 followed by either active surveillance, gradual escalation of CD20-mAb dose or less
613 aggressive DMT as a bridging concept between cycles. As yet, uncertainty prevails whether
614 the therapeutic CD20-mAb regimen is optimally guided by CD19⁺ B cell levels or if rather
615 subclasses of B cells (i.e. memory B cells) would represent a more precise indicator of
616 autoimmunity reconstitution. The recent description of CNS lymphatics⁸⁸ and of lymphocyte
617 trafficking to and from the CNS parenchyma and meninges via cervical lymph nodes⁸⁹
618 unveiled potential avenues of escape for CD20⁺ cells otherwise completely depleted from the
619 peripheral circulation³⁶.

620 Regarding PPMS, evidence from the ORATORIO trial and the subgroup analysis from the
621 OLYMPUS trial pointed towards a significant, but altogether limited reduction in clinical
622 disability favouring younger patients or those bearing evidence of ongoing (perivascular)
623 inflammatory activity. Burgeoning evidence suggests a dichotomy and coexistence of
624 biological processes underlying progression in MS: one driven by acute inflammation and
625 accumulation of relapses and another characterized by non-relapsing, neurodegenerative
626 worsening. Putatively, the benefits observed in the current PPMS trials might reflect the effect
627 of CD20-mAbs on relapse biology. Precisely how CD20⁺ B cells might influence non-
628 relapsing progressive disease via direct or cytokine-mediated neurotoxicity as well as via
629 CNS compartments not efficiently reached by CD20-mAbs, such as meningeal B cell-rich
630 follicles^{3, 36}, remains enigmatic.

631 Summing up, CD20-mAb therapies have the potential to become first-line drugs in selected
632 patients with highly active MS. Innovations such as subcutaneous formulations, as in the case
633 of OFA, or the promise of smart-device-based clinical outcome measures foreshadow more
634 patient autonomy. Still, the question whether and how CD20-mAbs modify the progressive
635 aspects of MS has to be substantiated. Furthermore, future studies will have to evaluate

636 whether dosages and administration regimens currently in use can be optimized, while
637 registry data should shed light on risk versus benefits of prescribing CD20-mAbs on the long
638 term and in the context of immunosenescence occurring in older patients, alongside a
639 potentially increased risk of malignancy.

640 Ultimately, even more specifically targeted therapies against perhaps only subpopulations of
641 CD20⁺ B cells, sparing protective regulatory B cells, and targeting primarily disease
642 associated B cell clones, could emerge. On the horizon, the prospect of a multifaceted,
643 personalized MS therapy is crystallizing, possibly adjoining CD20-mAb with novel reparative
644 agents based on novel clinical, biochemical and radiological markers of inflammation, de-
645 /remyelination and neuronal degeneration.

646

647 **6. Article highlights box**

- 648 • The pivotal role of B cells in the pathogenesis of MS is undisputable, as underlined by
649 the therapeutic effect of CD20-monoclonal antibodies (CD20-mAbs)
- 650 • CD20-mAbs elicit prompt and sustained decreases in MS disease activity,
651 underpinning antibody-independent roles of B cell in MS
- 652 • Rituximab (RTX), the first CD20-mAb deployed in MS, has provided compelling
653 proof of effectivity in relapsing MS and the longest follow-up on adverse effects, but
654 has to be prescribed off-label
- 655 • Ocrelizumab (OCR), is the first CD20-mAb approved for use both in relapsing and
656 progressive disease, yet incurs significantly higher therapy costs
- 657 • Experience with newer generation CD20-mAbs is limited, but ofatumumab (OFA)
658 could represent an interesting alternative due to its s.c. formulation, while ublituximab
659 (UTX) could promise shorter infusion times

660

661

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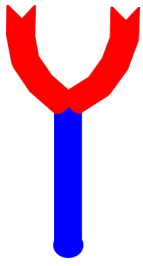


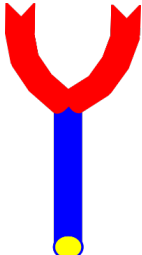
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Table 1	Overview of CD20-monoclonal antibodies currently implemented in Multiple Sclerosis							
	Rituximab (RTX)		Ocrelizumab (OCR)		Ofatumumab (OFA)		Ublituximab (UTX)	
Structure		Chimeric IgG1 (65% human)		Humanized IgG1 (>90% human)		Recombinant fully human IgG1		Glycoengineered chimeric IgG1
Regimen		1g i.v. d. 1 & d. 15, followed by 1g every 24w.		300mg i.v. d. 1 & d. 15, followed by 600mg every 24 w.		20mg s.c. every 4 w.		450mg i.v. d. 1 & d. 15, followed by 450 mg i.v. every 24 w.
Primary mechanism of action		CDC		ADCC		CDC		ADCC
Generation		1 st		2 nd		3 rd		3 rd
Immunogenicity		+++		++		+		++

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Table 2		Relevant completed and ongoing clinical trials for monoclonal CD20-antibodies in Multiple Sclerosis						
MS type	Trial / Phase (Patients, Duration)	Treatment vs. comparator	Primary endpoint	ARR % reduction (p-value)	CDP % reduction (p-value)	% red. number Gd-enhancing lesions (p-value)	% red. number of new/enlarging T2 lesions (p-value)	Status
Rituximab								
RRMS	HERMES (II): 104 p. / 48 w.	RTX 2x 1g i.v. every 24 w. vs. Placebo	Total count Gd-enhancing lesions	20.3% vs. 40.0% (p = 0.04)	NS	91% (p < 0.001)	NS	Hauser <i>et al.</i> [2008]
PPMS	OLYMPUS (II/III): 439 p. / 96 w.	RTX 2x 1g i.v. every 24 w. vs. Placebo	Time to CDP	NS	NS	NS	NS	Hawker <i>et al.</i> [2009]
Ocrelizumab								
RRMS	OPERA I (III): 821 p. / 96 w.	OCR 600 mg i.v. every 24 w. vs. IFN-β1a s.c.	ARR by week 96	0.16 vs. 0.29 (= 46%) (p < 0.001)	5.9% vs. 9.5% (=38%) (p = 0.03)	94% (p < 0.001)	0.32 vs. 1.41 (=77%) (p < 0.001)	Hauser <i>et al.</i> [2017]
RRMS	OPERA II (III): 835 p. / 96 w.	OCR 600mg i.v. every 24 w. vs. IFN-β1a s.c.	ARR by week 96	0.16 vs. 0.29 (= 47%) (p < 0.001)	7.9% vs. 11.5% (=31%) (p = 0.003)	95% (p < 0.001)	0.33 vs. 1.90 (=83%) (p < 0.001)	Hauser <i>et al.</i> [2017]
PPMS	ORATORIO (III): 732 p. / 96 w.	OCR 600mg i.v. every 24 w. vs. IFN-β1a s.c.	Time to CDP	NA	29.6% vs. 35.7% (=17%) (p = 0.04)	NA	-3.4% vs. 7.4% (p < 0.001)	Montalban <i>et al.</i> [2016]
PPMS	ORATORIO-HAND (III) : 1000 p. / 96 w.	OCR 600mg i.v. every 24 w.	g-HPT	-	-	-	-	Ongoing [NCT03562975]
PPMS, SPMS	CONSONANCE (IIIb) : 600 p. / 192 w.	OCR 600mg i.v. every 24 w.	No Evidence of Progression (NEP)	-	-	-	-	Ongoing [NCT03523858]
RRMS	DELIVER-MS (IV): 800 p. / 144 w.	OCR 600mg i.v. every 24 w.	Loss of brain volume	-	-	-	-	Ongoing [NCT03535298]

		w. / other DMD						
RRMS	TREAT-MS: 900 p. / 192 w.	OCR 600mg i.v. every 24 w. / other DMD	Time to CDP	-	-	-	-	Ongoing [NCT03500328]
Ofatumumab								
RRMS	NCT00640328 (II): 38 p. / 24 w.	OFA 100mg, 300mg, 700mg i.v. 2w. apart vs. Placebo	Safety relative to dosage	NS	NS	>99% (p < 0.001)	99% (p < 0.001)	Sorensen <i>et al.</i> [2014]
RRMS	MIRROR (II): 232 p. / 24 w.	OFA 3mg, 30mg, 60mg s.c. 2w. apart vs. Placebo	Number of Gd-enhancing lesions (p-value)	NS	NS	>90% (p < 0.001) (OCR >30mg)	NS	Bar-Or <i>et al.</i> [2018]
RRMS	ASCLEPIOS I and II (III) : 929 p. /	OFA 20mg s.c. 4 w. apart vs. Teriflunomide	ARR by week 120	-	-	-	-	Ongoing [NCT02792218/NCT02792231]
Ublituximab								
RRMS	NCT02738775 (II): 48 p. / 48 w.	UTX 450mg, 600mg every 24 w.	Safety relative to dosage	NS	NS	100% (p=0.003)	NS	Completed (results published at ECTRIMS 2018)
RRMS	ULTIMATE 1 and 2 (III): 880 p. / 96 w.	UTX 450mg i.v. every 24 w. vs. Teriflunomide	ARR by week 96	-	-	-	-	Ongoing (NCT03277261/ NCT03277248)

Legend. p. = patients, w. = weeks, ARR = annualized relapse rate, NA = not assignable, NS = not significant, CDP = confirmed disease progression

902 **Fig. 1.** Overview of B cell pathophysiology in MS.

903 **Legend:** APC – antigen-presenting cell; CNS – central nervous system; Ab –
904 antibody; CSF – cerebrospinal fluid, MHC – major histocompatibility complex.

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906 **Fig. 2.** B cell lineage and surface CD19 and CD20 expression.

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908 **Fig. 3.** Milestones in CD20-mAb therapy for MS.

909 **Legend:** RTX – rituximab, OCR – ocrelizumab, OFA – ofatumumab, UTX –
910 ublituximab.

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