Effective Second-Line Treatment with Cetuximab and Bevacizumab in a Patient with Hepatic Metastases of Colorectal Cancer and Hyperbilirubinemia

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Key Words
Hepatic metastases · Hyperbilirubinemia · Cetuximab · Bevacizumab

Summary
Background: Irinotecan-based second-line chemotherapy of metastatic colorectal cancer (CRC) is effective, it might, however, be contraindicated in cases of severe liver dysfunction due to advanced liver metastases. Case Report: A 57-year-old woman with diffuse CRC liver metastases showed progressive disease on first-line treatment with capecitabine and oxaliplatin (XELOX). Chronic cholestasis and hyperbilirubinemia caused by advanced liver involvement prohibited second-line treatment with irinotecan-based chemotherapy. We initiated combined antibody treatment with cetuximab and bevacizumab. Results: Clinical performance status as well as laboratory parameters improved rapidly. Staging investigations after 8 weeks revealed a partial remission. Since bilirubin levels had returned to the upper limit of normal, therapy could be changed to standard irinotecan, 5-fluorouracil, folinic acid, and bevacizumab. Conclusion: Combined treatment with cetuximab and bevacizumab may be considered as an effective treatment option in patients who cannot be treated with standard chemotherapy regimens due to impaired liver metabolism of cytotoxic substances.

Schlüsselwörter
Lebermetastasen · Hyperbilirubinämie · Cetuximab · Bevacizumab

Zusammenfassung
Colorectal cancer (CRC) is among the leading causes of death from cancer. It is estimated that approximately 50% of CRC patients develop metastases and eventually die of the disease [1]. Modern chemotherapy regimens for metastatic CRC combine 5-fluorouracil (5-FU) and folinic acid (FA) with irinotecan (Campto®, Pfizer Pharma GmbH, Karlsruhe, Germany) or oxaliplatin (Eloxatin®, Sanofi-Aventis Deutschland GmbH, Berlin, Germany). Infusional 5-FU, FA plus irinotecan (FOLFIRI) as well as infusional 5-FU, FA plus oxaliplatin (FOLFOX) achieve response rates of 49–62% and overall survival times of 16–20 months [2–4]. The vascular endothelial growth factor (VEGF) antibody bevacizumab (Avastin®, Roche Pharma AG, Grenzach-Wyhlen, Germany) as well as the epidermal growth factor receptor (EGFR) antibody cetuximab (Erbitux®, Merck Pharma Germany) are able to receive all three cytotoxic drugs in the course of their disease [7]. This implies the presence of adequate liver and bone marrow parameters during first- and further-line treatment.

In CRC the liver is the most common organ of distant metastases. Therefore, liver dysfunction as well as chronic cholestasis with reduced hepatic and biliary excretion of various drug metabolites occur frequently in patients with marked hepatic involvement. The primary objective of this case report is to present an example of effective antineoplastic treatment despite severe liver dysfunction and hyperbilirubinemia.

Case Report

We will discuss the case of a 57-year-old female patient who was diagnosed with adenocarcinoma of the sigmoid colon in February 2006. She presented with synchronous diffuse hepatic metastases at the time of initial diagnosis. After laparoscopic resection of the sigmoid, palliative chemotherapy with capecitabine (Xeloda®, Roche Pharma AG) and oxaliplatin was started (XELOX). Staging investigations after 3 months of chemotherapy revealed progressive disease.

The patient first presented to our oncology department in August 2006 with distinct jaundice, right upper abdominal pain, ascites, and peripheral edema. Laboratory tests revealed marked elevation of liver parameters (bilirubin: 12.8 mg/dl; alkaline phosphatase: 1,431 U/l; gamma-glutamyl transferase, gamma-GT: 612 U/l; glutamic-pyruvic transaminase, GPT: 59 U/l; glutamic-oxaloacetic transaminase, GOT: 380 U/l); lactate dehydrogenase of 1,741 U/l, and C-reactive protein of 19.9 mg/dl. Abdominal ultrasound as well as contrast-enhanced CT scans of the thorax and abdomen showed diffuse hepatic metastases (liver involvement approximately 50%), massive ascites, lymph node enlargement up to 4 cm close to the portal vein, and the beginnings of bilateral pleural effusion. There were no signs of biliary tract obstruction with dilatation that could have been treated by endoscopic or transhepatic biliary drainage. After the puncture of 3,000 ml ascites and initiation of antibiotic treatment, the general condition of our patient improved rapidly within a few days.

We then started a combined antibody treatment with cetuximab and bevacizumab. The patient received cetuximab 400 mg/m² (loading dose, week 1) followed by 250 mg/m² weekly combined with bevacizumab 5 mg/kg every other week. Two weeks after initiation of treatment, her clinical performance status had improved dramatically, and treatment could be continued on an outpatient basis. Bilirubin levels decreased to 4.4 mg/dl, 3.2 mg/dl, 1.7 mg/dl, and 1.0 mg/dl after 1, 2, 4, and 8 weeks, respectively. Staging investigations including CT scans after 8 weeks of treatment revealed a partial remission of hepatic metastases as well as lymph node involvement. Only residual ascites was documented around the gallbladder (fig. 1). The tumor marker carcinoembryonic antigen (CEA) underlines the excellent response to the combined antibody treatment, decreasing from 2,311 ng/ml before the start of treatment to 302 ng/ml and 69 ng/ml after 4 and 8 weeks. Since bilirubin levels had remained stable <1.5 mg/dl over a period of 3 weeks by that time, we could change treatment to FOLFIRI (irinotecan 180 mg/m² as 90-minute i.v. bolus, 5-FU 400 mg/m² as 2-hour i.v. infusion, FA 400 mg/m² as 2-hour i.v. infusion, 5-FU 400 mg/m² as i.v. bolus, 5-FU 2,400 mg/m² as 46-hour continuous i.v. infusion) plus bev-
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Cetuximab. We continued treatment on a biweekly schedule. Staging investigations after 5 cycles of FOLFIRI plus bevacizumab showed stable disease (fig. 1).

Altogether, our patient tolerated initial treatment with cetuximab plus bevacizumab very well. She was able to resume work after only 3 weeks of treatment. She suffered a maximum of grade 3 skin toxicity (symptomatic papulopustular rash affecting more than 50% of body surface) 3 weeks after the start of therapy. The rash improved rapidly to grade 1 skin toxicity by tetracyclines administered orally in combination with topical antiacne agents. She experienced no other clinically significant side effects. Tolerance of FOLFIRI plus bevacizumab, however, was slightly worse with grade 1 alopecia as well as grade 1 fatigue. Our patient is currently still on treatment with FOLFIRI plus bevacizumab.

Discussion

Second-line treatment with irinotecan-based chemotherapy after failure of first-line oxaliplatin-based treatment (or vice versa) is the current standard of care for patients suffering from metastatic CRC. Even though response rates are very modest in second-line setting, disease stabilization can again be achieved in 34–63% of patients [8].

However, the metabolism of irinotecan is dependent on liver function, particularly on bilirubin levels. Irinotecan is converted into its active metabolite SN-38 by carboxylesterase enzymes. SN-38 is further metabolized and inactivated through conjugation into SN-38 glucuronide (SN-38-G) by uridine diphosphate glucuronosyltransferase (UGT-1A1), the same isoenzyme responsible for glucuronidation of bilirubin. Thus, hyperbilirubinemia reflects deficiency of UGT-1A1 and leads to significantly reduced clearance of irinotecan and SN-38. Irinotecan clearance is decreased by approximately 40% with bilirubin levels between 1.5 and 3× the upper limit of normal (ULN), and dose reduction is recommended. Once bilirubin levels exceed 3× ULN, application of irinotecan is contraindicated [9, 10].

The EGFR antibody cetuximab achieves response rates of approximately 11% in second- and further-line treatment. However, in Europe it is only approved when combined with irinotecan chemotherapy [5, 11]. Furthermore, there is no clinical evidence of bevacizumab activity when applied as a single substance [12]. Thus, there were no standard of care treatment options for our patient, who presented to our department after the failure of oxaliplatin- and fluoropyrimidine-based first-line treatment (XELOX) with severe liver dysfunction causing marked hyperbilirubinemia >10 mg/dl due to hepatic metastases and chronic cholestasis.

We decided to initiate combined antibody treatment with bevacizumab and cetuximab. The chimeric IgG antibody cetuximab and the humanized IgG antibody bevacizumab follow a nonspecific elimination pathway, which is common for all antibodies. They are recognized by cells of the reticuloendothelial system that display receptors with binding affinity to the constant region of the antibody (Fc fragment). Antibodies are degraded by internalization and further intracellular catabolism. Due to the very large number of receptors in the body, this elimination process is nonsaturable at therapeutic antibody levels, and it is not dependent on liver function [13]. Therefore cetuximab and bevacizumab could be safely applied at normal doses in our patient.

This combination was evaluated in a trial presented by Saltz et al. at ASCO 2005 [14]. The phase II study randomized 81 patients with irinotecan-refractory metastatic CRC to either cetuximab plus bevacizumab or cetuximab plus bevacizumab plus irinotecan. Nearly 90% of patients had additionally received prior oxaliplatin-based treatment. Even though patient numbers were limited, response rates of this heavily pretreated patient population were promising. The purely biological treatment (cetuximab plus bevacizumab) achieved a response rate of 23% and a disease control rate (partial remission + stable disease) of 77%. The combination of cetuximab, bevacizumab, and irinotecan was even more effective (35% partial response, 43% stable disease). Thus, the combination of the EGFR antibody plus the VEGF antibody was the most favorable treatment option we could propose to our patient. Fortunately treatment efficacy was impressive, with a rapid improvement of the clinical performance status and the abnormal liver function tests. Since there is increasing evidence that skin rash can serve as a surrogate marker for response to cetuximab treatment, the fact that our patient developed grade 3 skin toxicity might reflect a particularly high sensitivity of her CRC tumor cells to the anti-EGFR treatment strategy [5, 15]. After achieving a partial remission (fig. 1) as well as stable bilirubin levels, ‘standard’ second-line treatment with FOLFIRI plus bevacizumab was no longer contraindicated.

Conclusion

We propose that combined treatment with cetuximab and bevacizumab may be considered as an effective treatment option in patients who cannot be treated with standard chemotherapy regimens due to impaired metabolism of cytotoxic substances.
References


