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BETWEEN ART
AND SCIENCE
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THE BIO-PSYCHO-SOCIAL MODEL AND ITS POTENTIAL FOR A NEW THEORY OF HOMEOPATHY
Dr. Josef M. Schmidt (Germany)

Unless modern scientists overcome their conventional oblivion of their own genesis, their attempts to explain what may be called memory of the body and soul seem to be doomed to failure. Rather than looking for putative objective entities, such as biomolecular engrams or chemical transmitter substances, an adequate understanding of the phenomenon of memory necessarily needs to address the dimension of subjectivity. In addition, inquiry into the development of memory has to approach the riddle or miracle of the genesis of each single subject out of virtually "nothing", i.e. out of a state without attributes. Since the time of Socrates and his practice of the maieutic art, only a few theoretical concepts were elaborated to take into account the pre-conscious origin of our thoughts, feelings, and opinions.

A hundred years ago, Jakob von Uexküll (1864-1944), a German-baltic zoologist and pioneer of theoretic biology, a graduate of the University of Dorpat (Tärtu), Estonia, introduced his concept of "functional circles" and "specific environments" of animals, using a semiotic, cybernetic and constructivist approach to challenge the traditional supposition of an alleged objectivity independent of particular subjects. His son, Thure von Uexküll (1908-2004), professor of medicine in Germany and one of the founders of psychosomatic medicine, enlarged this biological model by adding the concept of "situational circles" and "individual realities", in order to also comprise the specific human dimensions of psycho-social communication. Based on his bio-psycho-social model of man, the ontogenetic evolution of any human being can autobiographically be traced back to a state beyond the distinction between man and society, individual and reality, and organism and environment. Previous to the separation of subject and objects, the minimal unity of communication – as the minimal form of being – is described with the German term "Stimmung", meaning mood, atmosphere, general feeling, tone, or tuning. By means of socialisation of the newborn child, this pre-verbal experience is gradually translated from a vegetative to an animal, and then to the human level of unfolding strategies and programs of perception and activities to solve problems. Conversely, even in adulthood any bio-psycho-social state or conflict is permanently constituted by a reproduction and realization of this original individual "Stimmung" and its destiny – which therefore has to be detected and addressed in therapy.

Considering that Samuel Hahnemann (1755-1843) conceptualized disease as de-tunement or derangement ("Ver-stimmung") of the life force, using the
same root of the German term "Stimmung", the bio-psycho-social model of man may shed a new light on what has to be envisaged as the essential subject of an individual homeopathic cure.

Another link to homeopathy: The Right Livelihood Award was founded by the son of Thure von Uexküll and awarded to George Vithoulkas in 1996.

Dr. Josef M. Schmidt  
University of Munich, Germany  
E-mail: josef.m.schmidt@lrz.uni-muenchen.de