Objectives: The objective of this study was to determine whether automated quantification of lung perfused blood volume (PBV) in dual-energy computed tomographic pulmonary angiography (DE-CTPA) can be used to assess the severity and regional distribution of pulmonary hypoperfusion in emphysema.

Materials and Methods: We retrospectively analyzed 40 consecutive patients (mean age, 67 [13] years) with pulmonary emphysema, who have no cardiopulmonary comorbidities, and a DE-CTPA negative for pulmonary embolism. Automated quantification of global and regional pulmonary PBV was performed using the syngo Dual Energy application (Siemens Healthcare). Similarly, the global and regional degrees of parenchymal hypodensity were assessed automatically as the percentage of voxels with a computed tomographic density less than −900 Hounsfield unit. Emphysema severity was rated visually, and pulmonary function tests were obtained by chart review, if available.

Results: Global PBV generated by automated quantification of pulmonary PBV in the DE-CTPA data sets showed a moderately strong but highly significant negative correlation with residual volume in percentage of the predicted residual volume ($r = -0.62; P = 0.002; n = 23$) and a positive correlation with forced expiratory volume in 1 second in percentage of the predicted forced expiratory volume in 1 second ($r = 0.67; P < 0.001; n = 23$). Global PBV values strongly correlated with diffusing lung capacity for carbon monoxide ($r = 0.80; P < 0.001; n = 15$). Pulmonary PBV values decreased with visual emphysema severity ($r = -0.46; P = 0.003; n = 40$). Moderate negative correlations were found between global PBV values and parenchymal hypodensity both in a per-patient ($r = -0.63; P < 0.001; n = 40$) and per-region analyses ($r = -0.62; P < 0.001; n = 40$).

Conclusions: Dual-energy computed tomographic pulmonary angiography allows simultaneous assessment of lung morphology, parenchymal density, and pulmonary PBV. In patients with pulmonary emphysema, automated quantification of pulmonary PBV in DE-CTPA can be used for a quick, reader-independent estimation of global and regional pulmonary perfusion, which correlates with several lung function parameters.

Key Words: pulmonary emphysema, severity, distribution, pulmonary perfusion, dual-energy CT

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Chronic obstructive pulmonary disease (COPD) is one of the leading causes of morbidity and mortality worldwide. It is characterized by airflow limitation and lung inflammation resulting in a progressive deterioration in lung function. Emphysema is a common component of COPD, in which airway obstruction, inflammation, and aberrant activity of proteolytic enzymes cause irreversible destruction of the alveolar walls and enlargement of distal airspaces.3

Currently, screening for and early diagnosis of COPD and emphysema largely rely on spirometric lung function tests.4 Spirometry, however, strongly depends on patients’ cooperation and is unable to localize emphysema. New changes within the lung. Because pulmonary emphysema involves a complex pathophysiology of parenchymal destruction and hypoxic vasoconstriction, the correlation between areas of parenchymal destruction and areas of hypoperfusion is known to be strong but imperfect.5,6 This reflects the complex pathophysiology of pulmonary emphysema in which airflow obstruction, parenchymal destruction, and hypoxic vasoconstriction all contribute to impaired gas exchange.

Assessing the regional distribution of pulmonary emphysema and integrating the complementary information of lung morphology and lung perfusion are particularly relevant in the assessment of patients with emphysema who are considered for lung volume reduction surgery (LVRS) or endobronchial interventions.7,8 A study in 25 patients showed a superior prediction of postoperative outcome after LVRS for coregistered perfusion single-photon emission computed tomography (SPECT) and computed tomography (CT) as compared with planar scintigraphy, stand-alone SPECT, or qualitative assessment of stand-alone CT.9 Data from more than 1000 patients undergoing LVRS within the National Emphysema Treatment Trial showed that LVRS reduces mortality in patients with upper lobe–predominant emphysema only if there is low, rather than high, perfusion to the upper lung on scintigraphy.10 Therefore, imaging of pulmonary emphysema should ideally assess the regional distribution of both parenchymal destruction and pulmonary perfusion simultaneously.

Dual-energy computed tomographic pulmonary angiography (DE-CTPA) can be used to generate iodine distribution maps of pulmonary parenchyma,11–15 which correspond well with pulmonary perfusion on scintigraphy16 and SPECT17 images. Dual-energy CT thus simultaneously provides high-resolution morphological images of pulmonary parenchyma and functional information on pulmonary perfusion. A small number of initial studies have applied dual-energy CT to the quantification of pulmonary PBV in emphysema.16,18,19 These studies have confirmed a good but imperfect correlation between areas of hypodensity on virtual noncontrast scans and areas of PBV defects on iodine distribution maps.5,18

A recently developed software allows automated quantification of the iodine concentration in pulmonary parenchyma, potentially providing a quick, reader-independent tool for the assessment of global and regional pulmonary PBV.20 The purpose of this study was to assess whether automated quantification of pulmonary PBV in DE-CTPA can be used to quantify global and regional pulmonary perfusion in pulmonary emphysema and to correlate DE-CTPA–derived PBV values with visual, densitometric, and functional assessments of pulmonary emphysema.
**MATERIALS AND METHODS**

**Computed Tomographic Image Acquisition**

All DE-CTPAs were performed on a dual-source CT scanner (SOMATOM Definition Flash; Siemens Medical, Forchheim, Germany). An 85 mL of contrast material (iopromide, Ultravist 370; Bayer Schering Pharma, Berlin, Germany) was administered via an antecubital vein at a flow rate of 5 mL/s, followed by 50 mL of saline, which was injected at the same flow rate. Scans were started using a bolus-tracking technique with a threshold of 100 Hounsfield unit (HU) in the pulmonary trunk and an additional delay of 7 seconds. To reduce streak artifacts caused by dense contrast material in the superior vena cava, scans were performed in caudocranial direction. A combination of a tin-filtered (Sn) 140-kilovolt (peak) (kV[p]) and a 100-kV(p) spectrum was used. Collimation was set to 32 \( \times \) 0.6 mm. Pitch was 0.5 at a rotation time of 0.28 s/rot. Mean (SD) computed tomography dose index and dose length product were 10.0 (2.5) mGy and 315 (85) mGy/cm, corresponding to an effective radiation dose of 4.6 mSv (using a standard conversion factor for chest CT of 0.0145 mSv/mGy \( \times \) cm\(^2\)).

**Computed Tomographic Image Reconstruction**

Computed tomographic pulmonary angiographic (CTPA) images were reconstructed in axial orientation using a specific medium soft convolution kernel optimized for dual-energy (DE) images (D30) at a 1.5-mm slice thickness with a 1.0-mm increment. The tin-filtered 140-kV(p) spectrum of the second-generation dual-source scanner in this study allows for using 100 kV(p) as the second spectrum instead of the 80-kV(p) spectrum used in most published studies because the filter decreases spectral overlap between both tubes. If this spectral combination of Sn140 kV(p) and 100 kV(p) is used, an average image with equal contributions from both spectra best corresponds to a single-energy spectrum scan at 120 kV(p). Therefore, average images were generated with equal contributions from the Sn140-kV(p) and the 100-kV(p) data set. Dual-energy CT imaging allows for material differentiation based on the different absorption characteristics of different types of tissue. Iodine is known to produce higher attenuation at lower tube voltage settings.22 Thus, the spectral information obtained at different voltage settings allows for a 3-material decomposition differentiating soft tissue, air, and iodine. This algorithm assigns a ratio of air and soft tissue to each voxel and uses CT attenuation values at both energies to derive the additional iodine content.23 Virtual noncontrast images are generated by subtracting enhancement due to iodine from the average images. DE-encoded iodine distribution maps were generated by specific, Food and Drug Administration–approved DE postprocessing software (“lung PBV” in syngo Dual Energy; Siemens Healthcare) on a dedicated postprocessing workstation (syngo multimodality workplace, Somaris Version CT2008G; Siemens Healthcare). Iodine distribution PBV maps were superimposed onto CTPA images at a slice thickness of 3 mm with a 1-mm increment in axial, sagittal, and coronal orientations.

**Image Quality Control**

To ensure valid assessment of pulmonary PBV, we excluded all examinations with substantial artifacts, inadequate enhancement of the pulmonary vasculature, and/or inadequate timing. For this purpose, all images considered for the study were reviewed. The degree of artifacts in iodine distribution maps (from cardiac motion, breathing, or concentrated contrast material) was rated on a 4-point scale (0, no artifacts; 1, mild artifacts; 2, moderate artifacts; and 3, severe artifacts). All studies with severe artifacts were excluded from the study. In addition, we measured enhancement in the pulmonary trunk and the ascending aorta. Because lung PBV values are quantified by measuring the enhancement of the pulmonary parenchyma relative to the enhancement of the pulmonary trunk, PBV values may become unreliable with inadequate enhancement of the pulmonary vasculature and inadequate timing of the examination relative to the contrast bolus. Therefore, all examinations with an enhancement of the pulmonary trunk of less than 200 HU or less than the enhancement of the ascending aorta were excluded. Because this study was performed on a second-generation dual-source scanner with an extended field of view of 32 cm for dual-energy applications, the dual-energy analysis fully covered the pulmonary parenchyma in all patients.

**Patient Selection**

We defined the following inclusion criteria:

1. DE-CTPA performed for clinical indication of suspected acute pulmonary embolism

2. DE-CTPA negative for pulmonary embolism

3. Known pulmonary emphysema and/or pulmonary emphysema detected on DE-CTPA

4. Informed consent provided

We defined the following exclusion criteria:

1. DE-CTPA with severe artifacts and inadequate vascular enhancement or timing

2. Any significant cardiopulmonary comorbidities (including signs of congestive heart failure, pneumonia, lung masses, significant pleural effusions or atelectasis, pneumothorax, and others)

All DE-CTPAs performed at our institution between May 2009 and November 2011 were assessed for the presence of pulmonary embolism, pulmonary emphysema, and any cardiopulmonary comorbidities that might influence pulmonary PBV. We included all 40 patients with known or newly detected pulmonary emphysema, who have no cardiopulmonary comorbidities, and DE-CTPA negative for pulmonary embolism.

**Ethical Approval and Informed Consent**

Written informed consent for the CTPA examination was obtained from all patients. Ethical approval and individual informed consent for the retrospective data analysis were waived by the responsible ethics committee.

**Computed Tomographic Data Analysis**

One board-certified radiologist with more than 10 years of experience in thoracic imaging (T.R.C.J.) and 1 radiology resident (F.G.M.) reviewed the reconstructed CTPA images in consensus, blinded to the patients’ clinical data. Images were analyzed in axial, sagittal, and coronal orientations on a postprocessing workstation (syngo multimodality workplace using 3-dimensional mode).

**Visual Rating of Emphysema Severity**

Emphysema severity was rated on virtual noncontrast images using a 5-point scale. The emphysema score was assigned on the basis of emphysematous area involvement: 1, less than 5% (minimal); 2, 5% to 25% (mild); 3, 26% to 50% (moderate); 4, 51% to 75% (severe); and 5, more than 75% (very severe).24 The predominant morphology of emphysema was classified as centrilobular, panacinar, paraseptal, or mixed/equivocal. Bullous emphysema was not considered a distinct subtype because bullous changes commonly occur in all subtypes of advanced emphysema.

**Automated Quantification of Pulmonary PBV**

Automated quantification of pulmonary PBV was performed using the DE lung PBV application of the syngo Dual Energy software (version VE32B; Siemens Healthcare). This analysis quantifies pulmonary PBV by measuring the enhancement of the pulmonary parenchyma in relation to the enhancement of a reference vessel. The reference vessel was defined by placing a standardized region of...
interest sized 0.5 cm² in the pulmonary trunk on axial images. The software calculates pulmonary PBV as (mean enhancement of the pulmonary parenchyma in HU/mean enhancement of the pulmonary trunk in HU) calibration factor 0.15. For example, for a vascular enhancement of 400 HU, a mean enhancement of the pulmonary parenchyma of 400 HU × 0.15 = 60 HU would represent a PBV of 100%. Lung isolation, lung partitioning (in the upper, middle, and lower zones), and enhancement analysis are performed automatically. The software then displays PBV for the entire pulmonary parenchyma, the right and left lungs separately, and the lower, middle, and upper zones of each lung separately.

Analysis of Parenchymal Density

The identical software (DE lung PBV application of the syngo Dual Energy software, version VE32B; Siemens Healthcare) was used to quantify the percentage of voxels with attenuation values lower than −900 HU in the virtual noncontrast images for the entire pulmonary parenchyma, the right and left lungs separately, and the lower, middle, and upper zones of each lung separately. This cutoff was chosen based on the literature such that healthy lungs would have <5% of voxels of this low density, thus making it highly specific for emphysematous parenchyma. Zones were automatically defined by the software and were identical to the zones used for PBV quantification.

Analysis of Pulmonary Function Tests

Because pulmonary emphysema can progress over time, we only included pulmonary function tests (PFTs) performed within 6 months of the CTPA examination. For 23 of the 40 patients, PFTs performed within 6 months of the DE-CTPA examination were available from the patients’ charts. The forced expiratory volume in 1 second (FEV₁), in percentage of the predicted FEV₁, and the residual volume (RV) in percentage of the predicted RV, as determined by body plethysmography, were recorded and analyzed. The diffusing capacity for carbon monoxide (DLCO) had been assessed in 15 of these patients. If available, DLCO was recorded and included in the analysis.

Statistical Analysis

Statistical analysis was performed using Microsoft Excel for Mac 2001 (version 14.1.3) and IBM SPSS statistics for Mac (version 20.0.0.1). Global PBV values were correlated with visual rating scores of emphysema severity, global parenchymal hypodensity (the percentage of voxels with attenuation values lower than −900 HU), and parameters of pulmonary function. Regional PBV values were correlated with regional parenchymal hypodensity. The Spearman correlation coefficient r was used for all correlation analyses. Values of r from 0 to 0.29, from 0.30 to 0.69, and greater than 0.70 were considered weak, moderate, and strong correlations. A 2-tailed P < 0.05 was considered statistically significant. Multivariate regression analysis was performed to adjust for the influence of age and sex. For the region-based analysis, we also adjusted for the global pulmonary PBV values.

RESULTS

Patient Characteristics

Mean (SD) age was 67 (13) years with a range of 39 to 90 years (Table 1). Of the 40 patients, 17 (43%) were women. Emphysema was classified as predominantly centrilobular in 28 patients (70%), panacinar in 8 patients (20%), paraseptal in 1 patient (3%), and equivocal in 3 patients (8%). Computed tomographic-morphologic evidence of emphysema severity was rated as minimal in 8 patients (20%), mild in 12 patients (30%), moderate in 9 patients (23%), severe in 7 patients (18%), and very severe in 4 patients (10%).

Correlation of Global Pulmonary PBV Values With Age

After the adjustment for the visual severity of emphysema, there was no significant correlation between PBV values and age (β = 0.01; P = 0.96).

Correlation of the Global Pulmonary PBV Values With Visual Rating and Attenuation-Based Emphysema Quantification

A moderate but significant negative correlation was found between visual rating scores of emphysema severity and the global pulmonary PBV values (r = −0.46; P = 0.003; Fig. 1A), which was confirmed as an independent correlation in multivariate regression analysis (β = −0.35; P = 0.02). This correlation was not significant for mild to moderate emphysema severity scores (1–3). Similarly, there was a negative correlation between the global PBV values and the percentage of voxels within the pulmonary parenchyma with a CT density less than −900 HU on bivariate correlation (r = −0.63; P < 0.001; Fig. 1B) and multivariate regression (β = −0.54; P < 0.001).

Region-Based Analysis: Correlation of the Regional PBV Values and Parenchymal Density

Next, we correlated the regional PBV values and parenchymal hypodensity for the upper, middle, and lower lung zones of each lung as defined by automatic lung partitioning. In this per-region analysis, a moderate correlation was observed between the regional PBV values and regional parenchymal hypodensity quantified as the regional percentage of voxels with a CT density lower than −900 HU (r = −0.62; P < 0.001; Fig. 1C). On multivariate regression analysis, this correlation was independent of age, sex, and global PBV values (β = −0.43; P < 0.001).

Correlation of the Global Pulmonary PBV Values With PFTs

Global PBV generated by automated quantification in the DE-CTPA data sets showed a moderate but highly significant negative
correlation \((r = -0.62; \ P = 0.002)\) with RV in percentage of the predicted RV (Fig. 2A). This correlation was independent of confounding by age and sex, as confirmed by the multivariate regression analysis (standardized correlation coefficient \(\beta = -0.33, \ P = 0.006\)). Similarly, a positive correlation was found between the global PBV values and FEV\(_1\) in percentage of the predicted FEV\(_1\) \((r = 0.67;\)
FIGURE 3. Representative images of and results from patients with pulmonary emphysema of varying severity. Representative images of and results from patients with visual emphysema severity scores of 1 (minimal), 3 (moderate), and 5 (very severe) are shown. A, Axial and coronal images similar to the standard 120-kV(p) CTPA images were generated with equal contributions from the Sn140-kV(p) and the 100-kV(p) data set. Lung isolation, partitioning, and densitometric analysis were performed automatically. The percentage of voxels with a CT density less than $-900 \text{ HU}$ is shown for the upper, middle, and lower region of each lung and the entire lung parenchyma (below). B, Color-coded iodine distribution maps are superimposed onto the CTPA images in axial and coronal orientations. After the manual definition of the pulmonary trunk as the reference vessel, lung isolation, partitioning, and enhancement analysis were performed automatically. Relative pulmonary parenchymal enhancement is shown for the entire pulmonary parenchyma and individual lung zones.

FIGURE 4. Regional heterogeneity of parenchymal changes and pulmonary PBV. Representative images of and results from the patients with marked regional differences in emphysema severity. A, Axial and coronal images similar to the standard 120-kV(p) CTPA images were generated with equal contributions from the Sn140-kV(p) and the 100-kV(p) data set. Lung isolation, partitioning, and densitometric analysis were performed automatically. The percentage of voxels with a CT density less than $-900 \text{ HU}$ is shown for the upper, middle, and lower region of each lung and the entire lung parenchyma (below). B, Color-coded iodine distribution maps are superimposed onto the CTPA images in axial and coronal orientations. After the manual definition of the pulmonary trunk as the reference vessel, lung isolation, partitioning, and enhancement analysis were performed automatically. Relative pulmonary parenchymal enhancement is shown for the entire pulmonary parenchyma and individual lung zones.
DISCUSSION

Other imaging modalities such as perfusion magnetic resonance imaging,27 perfusion scintigraphy,16 and perfusion SPECT28 can be used to quantify pulmonary perfusion. In COPD, changes in pulmonary perfusion assessed by perfusion scintigraphy or SPECT have been shown to correlate with the extent of emphysema as assessed by high-resolution CT and PFTs.10,28 However, these modalities are inferior to multidetector CT in the depiction of lung morphology. Coregistered SPECT/CT can combine detailed morphological assessment and perfusion analysis2 at the expense of a higher radiation dose.29 Dual-energy computed tomographic pulmonary angiography is dose neutral compared with conventional chest CT30 and combines excellent morphological depiction of lung parenchyma with pulmonary PBV maps, which correspond well with pulmonary perfusion on scintigraphy,16 and SPECT17 images.

Interestingly, a number of studies using scintigraphy or SPECT have shown imperfect correlations between areas with most pronounced morphological changes and areas of decreased lung perfusion in pulmonary emphysema.5,10,31,32 Our data are in line with these previous results because we found only moderate correlations between the pulmonary PBV values and the visual and densitometric degree of parenchymal changes both in a per-patient analysis and a per-region analysis.

We conclude that the assessments of parenchymal morphology and pulmonary PBV on DE-CTPA are complementary sets of information that should be considered independently. In our study, the pulmonary PBV showed a moderately strong correlation with parameters of airflow obstruction and air trapping. The correlation strength is similar to what has been found for perfusion SPECT.28 Interestingly, our study showed a strong correlation between the pulmonary PBV values with DLCO as a global marker of lung function, which was stronger than the correlation between DLCO and the visual and densitometric degree of parenchymal changes. This may indicate that some morphologically normal lung areas are hypo-perfused, thus diminishing their contribution to gas exchange. However, this particular correlation is based on the relatively small number of 15 patients and needs to be confirmed in larger, prospective studies.

The assessment of pulmonary perfusion in emphysema has gained clinical significance because a recent analysis demonstrated that LVRs reduces mortality in patients with upper lobe–predominant emphysema only if there is low, rather than high, perfusion to the upper lung on scintigraphy.16 Dual-energy computed tomographic pulmonary angiography with automated quantification of pulmonary PBV as a single comprehensive examination could potentially replace the combination of CT and scintigraphy or SPECT in the preoperative assessment of candidates for LVRs. For this and other clinical applications, the automated quantification of pulmonary PBV, as demonstrated in this study, renders DE-CTPA more useful for clinical routine by providing a quick, quantitative, and reader-independent estimation of global and regional pulmonary perfusion.

The results of our study have to be seen in the context of the study design. To avoid confounding, we excluded patients with emphysema who have any cardiopulmonary comorbidities. However, a significant proportion of patients with emphysema undergoing DE-CTPA for suspected pulmonary embolism at our institution (an academic tertiary care hospital) has major cardiopulmonary comorbidities such as primary or metastatic pulmonary malignancy, congestive heart failure, pneumonia, or pleural effusions. The influence of these comorbidities on DE-CTPA pulmonary PBV values in an unselected patient population needs to be addressed in further studies.

Furthermore, this study did not compare the pulmonary PBV values to an external standard of reference such as ventilation/perfusion scintigraphy and the number of patients in this study is limited. Particularly, because of incomplete data sets available for the retrospective analysis, the correlations of imaging with PFTs and DLCO are only based on 23 and 15 patients, respectively, and need to be confirmed in larger studies.

Because the patients in this study underwent the CTPA examination with a suspicion of pulmonary embolism, we cannot entirely rule out that hidden pulmonary embolism not detected on CTPA may have confounded the PBV values. However, the sensitivity of multidetector CTPA for pulmonary embolism falls in the range of 83% to 89% with 4-slice and 16-slice scanners33 and is generally assumed to be even higher with more advanced scanners and the use of dual-energy technology. Therefore, it is very unlikely that a substantial percentage of the patients in this study had pulmonary emboli despite negative DE-CTPA findings.

In contrast to combined ventilation/perfusion scintigraphy and SPECT, the standard DE-CTPA used in this study is unable to directly assess pulmonary ventilation. However, the feasibility of a combined ventilation and perfusion dual-energy CT using inhaled xenon has been demonstrated in patients who underwent mechanical ventilation.34 Initial studies have demonstrated that ventilation dual-energy CT using inhaled xenon35 or krypton36 can identify ventilation abnormalities in patients with emphysema. Further studies are needed to investigate the diagnostic value of combined ventilation and perfusion dual-energy CT in patients with pulmonary emphysema, particularly in the preoperative assessment of candidates for LVRs.

CONCLUSIONS

Dual-energy computed tomographic pulmonary angiography can be used for simultaneous assessment of parenchymal morphology, parenchymal density, and pulmonary PBV in patients with pulmonary emphysema. On the basis of DE-CTPA data sets, automated quantification of pulmonary PBV provides an immediate, reader-independent quantification of global and regional lung perfusion, which correlates with several lung function parameters. This can be integrated into the clinical decision making regarding the medical, surgical, or endoscopic treatment of pulmonary emphysema.

REFERENCES


