From Source to History: Studies on Ancient Near Eastern Worlds and Beyond. Dedicated to Giovanni Battista Lanfranchi on the Occasion of His 65th Birthday on June 23, 2014

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ZAGROS SPICE MILLS: THE SIMURREAN AND THE HAŠIMUR GRINDSTONES*

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Gianni Lanfranchi’s research has often focused on the mountain regions encircling the Mesopotamian plain, their inhabitants and their lifestyles. In my contribution in honour of this pioneer in the study of Ancient Near Eastern highland–lowland interactions, it is argued that the evidence for the hašimur grindstone in Babylonian sources of the first millennium BC should be linked with the Simurrean grindstone of the Old Babylonian period and that this type of equipment is to be identified as a specialised spice mill. Both Hašimur and Simurrum are located in the Zagros flanks and the connection of these toponyms with a tool used to add flavour to the Mesopotamian cuisine provides some insight into positive perceptions associated with the mountain regions.

The Hašimur grindstone of the first millennium BC

Various Neo-Babylonian archival texts contain information about a particular type of stone instrument called the hašimur grinding stone and allow its description as a spice mill consisting of two separate parts whose size and weight still allowed it to be moved.

Two legal texts, one from Babylon dating to the second year of Neriglissar (558 BC),¹ the other from Borsippa dating to the 34th year of Darius the Great (488 BC),² describe the hašimur mill as consisting of a lower and an upper stone, the grinding slab and the handstone (naškabu “rider”). Two Persian-period texts highlight that hašimur mills could be relatively easily transported, indicating that these stone tools cannot have been very big. The first text is a legal document from Uruk, dating to the first year of Cyrus as king of Babylon (538 BC), with two statements delivered before the Eanna temple authorities regarding the theft of a hašimur mill within the

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¹ BM 30951 (76-11-17, 678) = Evetts Ner. 45: 1–3: NA₄.HAR ša ḫaš-ši-<mu>-ur ʿa na-ʾāš-ka-bi ša PN₁, ina pā-ni PN₂; 8–10: pu-ut ṣa (written over ša) hi-pi NA₄ na-ʾāš-ka-bi PN₂ na-ši, “A hašimur grindstone and (its) handstone belonging to PN₁ a t t h e  d i s p o s a l  o f  P N ₂; PN₂ guarantees not to break stone and handstone.” Collated 2 August 2012.

temple precinct. A slave states that his master’s son stole the tool: “On 28 Kislimu, PN₁ removed the hašimur mill of PN₂ from the gate of the Lady-of-Uruk unlawfully at night and did not replace (it),” and then the brother of the accused confirms that the instrument ended up in their father’s property: “I found the hašimur mill of PN₂ which had been taken away unlawfully in the house of PN₃, my father.” The mobility of the hašimur mill is confirmed by a letter from Uruk, part of a small dossier of texts from the Eanna temple archive concerning the preparations for the visit of Cambyses to his palace in Abanu in 528 BC: “The lord shall load flour, dried spice, wool and (other) necessities, as many as there are, on boats and they shall come quickly. The lord shall send two hašimur mills.” We find that the mills are to be supplied together with various items, including dried spice (tābīlu, from the verb abālu “to dry”), for the preparation of the royal banquet, which would seem to indicate that the condiments were ground only shortly before consumption — the best way of ensuring the preservation of their taste.

We can be certain that this device indeed served for the grinding of spices as the lexical commentary series HAR.gud associates the hašimur grinding tool with a grinding stone for the zibû(m) plant, an instrument that is well attested in archival and lexical texts from the Old Babylonian onwards. The identification of zibû(m) with nigella sativa “black cumin, Schwarzkümmel” is based on the logographic writing ú.tin.tir.gi₄.sar in the lexical series HAR-ra = hubullu and on the well attested use of the plant for medical purposes. The Mesopotamian appreciation for the zibû(m) plant recalls that the medicinal qualities of black cumin, a standard condiment in Middle Eastern everyday diet, are very highly regarded in Islam, with the saying “There is healing in black cumin for all diseases except death” attributed to the prophet; called the “blessed seed” (habbatul barakah), its use in traditional Middle Eastern medicine has led to a number of recent studies on the pharmacological effects of nigella sativa which have confirmed the antibacterial effects of its seed.

There is also a plant with the name hašimur, identified by the plant determinative ú, which is attested in several Assyrian texts from the 7th century BC: a drug inven-

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1 YOS 7 10; edition: Holtz 2009, 103–104.
2 YOS 7 10: 5–8: U₄ 28-KÁM šá ĤI.GAN NA₄.HAR ha-ši-mur šá PN₂ ul-tu muh-hi ba-ab šá ḠAŠAN šá UNUG₄ ina sa-ar-tu₄ ina mu-ši PN₁ it-ta-sa-ah la il-ta-kan.
4 Tolini 2009.
7 For attestations see AHw 1525 s.v. zibû III, zibû(m) I, CAD E 324 s.v. erû B, CAD Z 107 s.v. zibu C and Heiss et al. 2012–13,151–152.
8 Suggested already by the pioneers of the field: e.g. Küchler 1904, 85 and Thompson 1925, 50. Most recently discussed in Heiss et al. 2012–13, 151.
9 Hh. XVII 302; see Reiner – Civil 1970, 94.
10 e.g. Bakathir – Abbas 2011 with references to earlier literature.
tory from Assur\textsuperscript{13} and manuscripts from Nineveh and Assur of the pharmacological lexicon Uruanna = \textit{maššukal}.\textsuperscript{14} What plant precisely this is and whether it was also used as a spice, in addition to medical purposes, remains entirely unclear from these attestations.\textsuperscript{15} The association of \textit{hašimur} with \textit{atkam Kaššî} in Uruanna\textsuperscript{16} does not help as this plant cannot be identified either and in any case, the exact relationship implied by the entry in the lexicon is unclear: is it a synonym or a substitute plant?\textsuperscript{17} That a mill for \textit{zibû}(m) is equated with the \textit{hašimur} mill makes sense because they are both used for grinding spices but of course does not permit the equation of the \textit{hašimur} plant with \textit{zibû}(m), despite the fact that most commentators have assumed this.\textsuperscript{18}

Hašimur is also the name of a mountain range which is attested both in Assyrian and Babylonian texts from the 12\textsuperscript{th} century BC onwards. Based on the topographical information contained in the campaign reports of the Assyrian kings Shalmaneser III in 834 BC\textsuperscript{19} and Šamši-Adad V in 814 BC,\textsuperscript{20} it can be identified with the southern extension of the Jebel Hamrin, the part cut off from the Hamrin’s main ridge by the Diyala river.\textsuperscript{21} The “mountains of Hašimur” are also mentioned, albeit in unclear context, in the very fragmentarily preserved epic poem celebrating how Adad-šumu-šuṣur of Babylon pacified his war-torn country in 1192 BC.\textsuperscript{22}

In the early second millennium BC, this mountain range—whose contemporary name is not known—constituted the southern border region of the kingdom of Simurrum (or Šimurrum), as is clear from the rock relief and inscription of a ruler of Simurrum at nearby Sar-i Pol-i Zohab.\textsuperscript{23} With a recorded history of close to half a

\textsuperscript{13} VAT 8903 = Köcher 1955, no. 36: ii 36: ū.ha-ši-ú-ru; for the context of this text see Tavernier 2008.

\textsuperscript{14} From Assur: VAT 13679 = Köcher 1955, no. 2: i 31: ū.ha-ši-bur. For the parallels from Nineveh see fn. 16. Note that the supposed attestation for ū.ha-ás-[mur], hence AHw 334 s.v. haš(im)ur, in Köcher 1955, no. 2: iv 15 should instead be read ū.ha-ás-[su] (courtesy Barbara Böck).

\textsuperscript{15} Although Bottéro 1957–1971, 341 included the plant in his list of spices.


\textsuperscript{17} On the nature of the entries in Uruanna see Böck 2011, 693–694.

\textsuperscript{18} e.g. Meißner 1937, 42; Balkan 1954: 133; Bottéro 1957–1971, 341: “variété de cumin ou de fenouil”.

\textsuperscript{19} Grayson 1996: A.0.102.14: 110–112 (Black Obelisk) // A.0.102.16: 195’–196’ (Nimrud statue; very fragmentary): “I crossed the Lower Zab, crossed Mount Hašimur (KUR.ha-ši-mur) and went down to the land of Zamrī”. For this campaign see Fuchs 2011, 267.

\textsuperscript{20} Grayson 1996: A.0.103.3: iii 19’–20’ (Assur stela): “I crossed the river Zab (= Lower Zab), traversed Mount Ebih (= Jebel Hamrin main ridge), and crossed the river Turnat (= Diyala) in flood.” Destruction of various settlements controlled by the kingdom of Babylonia; 24’: “I crossed Mount Hašimur (KUR.ha-ši-mur),” Fighting continues in Babylonian-controlled territories and centres on the city of Nemetti-šarrī (also known as Ah-Sana); 37’–38’: “I marched to Der (= Tell Aqar near Badra).” For this campaign and its date see Fuchs 2011, 272–273, 319.

\textsuperscript{21} Weidner 1933–34, 97; Levine 1973, 23. This mountain range is to be distinguished from the Pass of Hašmar (nēreṣ ša Hašmar) which corresponds to the Paikuli Pass across the Qara Dagh mountain range (and contra e.g. Liverani 1992, 52 and Fuchs 2011, 232 not the nearby gorge of Darband-i Khan which is not suitable for regular traffic).


millennium from the 24th to the 18th century BC, Simurrum was one of the most stable political entities in the Middle East. Intensified research in its core region, the Upper Diyala region and the Shahrizor plain in Sulaymaniyah province of the Kurdish Autonomous Region of Iraq, such as the excavations in Bakr Awa where archaeological layers coinciding with the existence of Simurrum are currently being excavated, are bound to greatly enhance our still limited grasp of its long history, which currently is reconstructed mainly on the basis of sources from the neighbouring states in southern Iraq, from Akkad to Isin and Ešnunna.

To return to the milling equipment, we shouldn’t necessarily take it for granted that there is a direct connection between the hašimur mill and the plant with which it shares its name, although dictionaries, commentators and translators habitually translate the term as “grindstone/mill for (black) cumin”. The term hašimur is never prefixed with a determinative when forming part of the mill’s designation and the attested spellings therefore leave its nature in the dark. It is therefore just as likely that the Babylonians associated the mill with the toponym Hašimur rather than the plant. In view of the fact that one can assume that the mountain range would have been better known than a relatively obscure medicinal plant I would argue that the mill took its name from Mount Hašimur. This is further supported by the fact that also the toponym Simurrum was linked to a type of grinding stone that, according to the available evidence, was a spice mill as well.

The Simurrean grindstone of the early second millennium BC

The Simurrean grinding stone (erûm Simurrûm) is attested in Babylonian archival texts from the early second millennium BC and in the lexical lists. Marten Stol took the designation Simurrûm “from Simurrum” to refer to the place of origin of the stone used for the device. But as there are otherwise no attestations for such a type of stone, the appellative would seem to refer to the tool rather than its material.

While the available evidence does not allow us to develop as clear an image of the Simurrean grinding device as of the Hašimur milling equipment the known attestations make it abundantly clear that it is an expensive tool. The price of two Simurrean grinding stones is recorded as six silver shekels in a legal text from Ur, dated to the 31st year of Rim-Sin of Larsa. At three shekels a piece, these tools are therefore nine times more expensive than the grinding stones traded in great quantities during about the same period at Mari, with a price tag of just one third of a silver shekel each, and even if we assume that bulk-buying 200 pieces reduced the cost of these items significantly their price would still be a fraction of that of the Simurrean grinding equipment. Renting, too, was not cheap as another document from Larsa, dated to the fourth year of Samsu-iluna of Babylon, informs us that it

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24 Miglus et al. 2011.
25 For an overview and a discussion of its localisation see Radner in Altaweel et al. 2012, 9–11.
26 AHw 334 s.v. haš(i)mur, haši’ur(a); CAD H 141 s.v. hašimuru.
27 e.g. Holtz 2009, 103–104; Meißner 1937, 41–42; Tolini 2009: 246, Waerzeggers 2010, 511.
28 Stol 1979, 84–85.
29 UET 5 459: 4–5: 2 na,urs si-mu-ru-um ku-bi 6 gin.
cost 10 litres of grain per month to rent such equipment, recording the rental of a Simurrean grinding stone for one year at a cost of 120 litres of grain.\footnote{YOS 12 120: 1: 1 na₄.ur₃ ši-mu-ru-um.}

Simurrean grinding stones were used at home as is clear from the document drawn up for the division of a well-to-do mercantile estate at Ur, dated to the 28th year of Rim-Sin of Larsa. Each party received an equal share of the houses, building plots, fields, slaves, sheep, precious metals and furniture being divided, and this last category included for each of the two parties “a Simurrean grinding stone, a stone for zibûm, a potter’s grinding stone”\footnote{YOS 8 98: 28, 57: 1 na₄.ur₃ si-mu-ru-um l na₄ zi-bi l na₄.ur₃ bâhar.} Here, we find the Simurrean grinding stone associated with other specialised milling equipment. The stone for *nigella sativa* (zibûm) is a spice grinder of the kind we encountered in our earlier discussions as associated with the Hašimur mill in the lexical series HAR.gud whereas the “potter’s grinding stone” is a specialist tool used for pulverizing pot sherds and dried-up clay.\footnote{Salonen 1965, 55; Reiner – Civil 1970, 24 n. 1; Prang 1976, 20 (for references in Old Babylonian archival texts where this instrument is frequently attested as part of the inventory of private households).} The lexical tradition confirms the link between these three instruments, listing them in the sequence zibûm, Simurrean and potter’s grinding stone,\footnote{na₄.ur₃ zi-bu šu-sè-ga = qa-du nár-ka-bi-šu / na₄.ur₃ si-mu-ru / na₄.ur₃ bu-ub-ru in the Ugarit edition of HAR-ra = huballu; see Reiner – Civil 1970, 44: 192–194. The relevant passage is not preserved in the manuscripts of the canonical series, but the already discussed reference in the commentary HAR.gud makes it clear that it, too, contained this passage.} 34 and moreover describes at least the zibûm mill as a tool “with its upper stone”.\footnote{šu-sè-ga = gadu(m) narkabišu, see Prang 1976, 19 for matching references to attestations in Old Babylonian archival texts.} In our inheritance text, these three grinding devices are not associated with ordinary grain mills which are not mentioned at all. While such instruments are otherwise well attested, especially in dowry lists,\footnote{Reiter 1996, 265–266.} they are generally not considered valuable enough to warrant inclusion in documents concerning the property of the very wealthy.\footnote{Cf. Prang 1976, 19–20 on the inheritance division TIM 4 1 from Nippur and Kalla 2008, 197–198 on the inheritance division UET 5 112a and 112b from Ur which also do not mention ordinary grain mills but list various specialist milling devices.}

Following the conventions governing the organisations of cuneiform inventories, we can expect the Simurrean grinding equipment to be more valuable than the subsequent items, and this will be the reason why the sequence does not exactly correspond to that attested in the lexical tradition where the more common zibûm grindstone is mentioned first. The high price of Simurrean grinding equipment has already emerged from our earlier discussion and the present context allows us to conclude that it was not used for the milling of grain. That this was not the purpose of the zibûm and the potter’s mill either is of course clear from the unambiguous etymologies of these terms. We can extrapolate from our present context that also the Simurrean mill was employed for private *ad hoc* use. The grinding of condiments is the most likely purpose although concrete evidence for this interpretation is currently lacking from Old Babylonian sources.
Spice mills from the Upper Diyala

The evidence for the Simurrean and the Hašimur milling equipment complements each other chronologically. I would like to propose that we must link the Simurrean grindstone of the early second millennium BC with the Hašimur grindstone of the first millennium BC. At present, it can neither be proven nor excluded that there is an etymological connection between Simurrum (or Šimurrum) and Hašimur, as Michael Astour has assumed, but if Kemal Balkan is correct in his analysis of haššimur as a Kassite word, then it would of course have to be a toponym that postdates the existence of the kingdom of Simurrum. Be that as it may, for our purposes only the observation matters that both toponyms refer to localities in the western Zagros flanks along the Upper Diyala. In view of the obvious conceptual similarities between the Simurrean and Hašimur grinding tools, I propose to interpret both terms as the contemporary Babylonian designation of a type of specialised spice grinding equipment associated with and probably originating from the Upper Diyala region.

What did this type of spice grinding tool look like? It is certainly not a large stone mortar and pestle set, as the use of the term naškahu (nasrakum) “rider” for the top part allows us to describe the mill as belonging to the typical style of Middle Eastern grinding equipment which consists of a stationary grinding slab over which a handstone is rubbed with both hands in order to pulverize material. Whether the expensive grinding equipment associated with the Upper Diyala had perhaps a modified handstone that made milling more efficient and comfortable or whether it had other characteristics that set it apart from other spice mills such as the zibû(m) grindstone must remain speculation at this point. But it is to be hoped that the archaeological exploration of the Upper Diyala region will eventually yield actual specimens of what one must assume was a common tool in the area that the Mesopotamians so prominently associated with it.

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38 Astour 1987, 41. Note that the argument that Simurrum takes its name from a supposed Akkadian word simuru(m)/šimuru(m) “cumin” is circular as the only evidence for this ghostword are the attestations for the grinding equipment discussed here which, as already Stol 1979, 84 with fn. 331 stated, is a nisbe of the place name.

39 Balkan 1954, 133. But note that Balkan’s only argument, apart from the fact that the term is clearly not Semitic, is the already mentioned equation of the hašimur plant with a plant called atkam Kašši “Kassite atkam” in the pharmacological lexicon Uruanna.

40 Ellis 1993–97, 401. Only the Roman-Parthian period saw the spread of the rotary mill in the Middle East: Ellis 1993–97, 404.

41 For example by adding a groove in the top or side handles, for which there is archaeological evidence: Ellis 1993–97, 403.


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