

# Country Report Journalists in Japan

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# **Backgrounds of Journalists**

The typical journalist in Japan is male, in his mid-forties and holds a university degree. This data is the result of mail survey. Of the 747 journalists, 613 were male (82.1%) and 134 were female (17.9%). The average age of the sample was 41.25 years (s=8.99, median=41). As for educational background, 92.8 percent of the journalists have a Bachelor's degree and 6.3 percent have a Master's degree. 12.5 percent of the respondents have specialized in journalism or both in journalism and communication. This percentage seems very small compared with countries in Europe and North America. In Japan, on-the-job training has been established at media companies only recently.

## Journalists in the Newsroom

In Japan, the mail survey was conducted only for journalists who have a full-time position (100%). Japanese journalists are fairly experienced. On average, they had worked as journalists for 16.94 years (s=8.99), and about half of them had more than 17 years of professional experience. Most journalists worked on a specific newsbeat (52.7%), such as domestic politics (44.8%), politics (18.8%), or crime and law (18.2%). The remaining 47.3 percent of the respondents indicated that they worked on various topics and subjects. The majority of respondents are working for the same media company that they joined the first time. Also, most of them did not have any other paid jobs (2.0%). Very few Japanese journalists are members of a professional association (3.8%).

The majority of Japanese journalists in the sample worked for newspapers (51.1%). Another 46.7 percent of the journalists worked for television and only few journalists in the sample reported they worked for news agencies (1.7%). As for their current position in newsrooms, 33.1 percent of the respondents were reporters, 31.3 percent were department heads, 16.0 percent were desk heads or assignment editors, and 13.5 percent were senior editors.

## Journalistic Roles

With regard to professional role orientations, Japanese journalists found it most important to monitor and scrutinize political leaders, to provide analysis of current affairs, and to provide information people need to make political decisions (see Table 1). On the contrary, they did not found it important to support government policy, to convey a positive image of political leadership, and to be an adversary of government. It was evident that the relevance of these "democratic" roles was undisputed among Japanese journalists as the relatively low standard deviations indicate. Likewise, there was a strong consensus among the respondents over the little importance of contributing to the government. Still, a majority of journalists in Japan found it important to report things as they are, to monitor and scrutinize business, and to set the political agenda.



Following roles were supported by only a minority of respondents: motivating people to participate in political activity, supporting national development, being a detached observer, influencing public opinion, providing the kind of news that attracts the largest audience, providing advice, orientation and direction for daily life, advocating for social change, providing entertainment and relaxation, and letting people express their views.

### Table 1: Roles of journalists

|   | Ν   | Percentage saying<br>"extremely" and<br>"very important" | Mean | Standard<br>Deviation |
|---|-----|--|------|-----------------------|
| Monitor and scrutinize political leaders                    | 743 | 90.8   | 4.47 | .69                   |
| Provide analysis of current affairs                         | 743 | 84.7   | 4.22 | .73                   |
| Provide information people need to make political decisions | 743 | 83.0   | 4.27 | .81                   |
| Report things as they are                                   | 744 | 65.1   | 3.81 | .95                   |
| Monitor and scrutinize business                             | 744 | 62.9   | 3.82 | .86                   |
| Set the political agenda                                    | 746 | 60.5   | 3.73 | .88                   |
| Motivate people to participate in political activity        | 744 | 48.7   | 3.47 | 1.09                  |
| Support national development                                | 742 | 45.6   | 3.42 | 1.05                  |
| Be a detached observer                                      | 743 | 44.1   | 3.37 | .94                   |
| Influence public opinion                                    | 745 | 43.1   | 3.33 | 1.06                  |
| Provide the kind of news that attracts the largest audience | 743 | 39.2   | 3.26 | 1.00                  |
| Provide advice, orientation and direction for daily life    | 742 | 39.2   | 3.25 | .98                   |
| Advocate for social change                                  | 743 | 31.6   | 3.06 | 1.01                  |
| Provide entertainment and relaxation                        | 743 | 25.3   | 3.01 | .93                   |
| Let people express their views                              | 744 | 24.3   | 2.83 | 1.04                  |
| Be an adversary of the government                           | 742 | 10.4   | 2.24 | .98                   |
| Convey a positive image of political leadership             | 745 | 1.1  | 1.60 | .70                   |
| Support government policy                                   | 744 | .8   | 1.69 | .72                   |

Question: Please tell me how important each of these things is in your work. 5 means you find them extremely important, 4 means very important, 3 means somewhat important, 2 means little importance, and 1 means unimportant.

## **Professional Ethics**

Japanese journalists generally demonstrated a strong commitment to professional standards of ethics. The great majority of the respondents agreed that journalists should always adhere to the codes of professional ethics, regardless of situation and context (see Table 2). Furthermore, seven out of ten respondents disagreed with the views that their ethical decisions are a matter of personal judgment and that sometimes it is acceptable to set aside moral standards if extraordinary circumstances require it. However, more than half of the journalists subscribed to the idea that journalists' ethical decisions depend on the specific situation.

The picture was mixed with regard to a selected number of potentially controversial reporting practices. A large majority of journalists in Japan found the use of confidential business or government documents without authorization, the use of recreations or dramatizations of news by actors, and the use of hidden microphones or cameras justifiable at least on occasion (see Table 3). Two out of five respondents thought it was justified (either always or on occasion) to exert pressure on unwilling informants to get a story, to get employed in a firm or organization to gain inside information, to pay people for confidential information, and to make use of personal documents (such as letters and pictures) without permission. Only a minority of journalists found it permissible to claim to be somebody else, to alter or fabricate quotes from sources, and to alter photographs. The practice of "brown envelope journalism" – that is, journalists taking money from sources, presumably in return for positive coverage – was almost unanimously condemned by Japanese journalists.



Table 2: Ethical orientations of journalists

|  | N   | Percentage saying<br>"strongly" and<br>"somewhat agree" | Mean | Standard Deviation |
|--|-----|---|------|--------------------|
| Journalists should always adhere to codes of professional<br>ethics, regardless of situation and context | 742 | 85.0  | 4.21 | .77                |
| What is ethical in journalism depends on the specific situation  | 740 | 55.5  | 3.44 | .97                |
| It is acceptable to set aside moral standards if extraordinary circumstances require it                  | 740 | 34.1  | 2.96 | 1.05               |
| What is ethical in journalism is a matter of personal judgment   | 741 | 26.3  | 2.77 | 1.05               |

Question: The following statements describe different approaches to journalism. For each of them, please tell me how strongly you agree or disagree. 5 means you strongly agree, 4 means somewhat agree, 3 means undecided, 2 means somewhat disagree, and 1 means strongly disagree.

|  | Ν   | Percentage saying<br>"always justified" | Percentage saying<br>"justified on<br>occasion" |
|--|-----|---|---|
| Using confidential business or government documents<br>without authorization     | 740 | 22.3                                    | 69.5  |
| Using re-creations or dramatizations of news by actors                           | 735 | 16.3                                    | 71.4  |
| Exerting pressure on unwilling informants to get a story                         | 735 | 1.4                                     | 39.2  |
| Getting employed in a firm or organization to gain inside information            | 736 | 1.1                                     | 38.9  |
| Using hidden microphones or cameras  | 741 | .9                                      | 70.0  |
| Paying people for confidential information                                       | 741 | .8                                      | 47.4  |
| Claiming to be somebody else   | 742 | .3                                      | 22.6  |
| Making use of personal documents such as letters and pictures without permission | 739 | .1                                      | 38.6  |
| Altering or fabricating quotes from sources                                      | 743 | .1                                      | 2.7   |
| Altering photographs   | 741 | .1                                      | 8.8   |
| Accepting money from sources   | 742 | .0                                      | 4.6   |

Question: Given an important story, which of the following, if any, do you think may be justified on occasion and which would you not approve of under any circumstances?

# **Professional Autonomy and Influences**

Journalists in Japan reported a moderate degree of professional autonomy. 54.2 percent of them responded that they had complete or a great deal of freedom in their selection of stories. With a total of 60.1 percent, the number of respondents who had complete or a great deal of freedom in deciding over what aspects to emphasize in a news story was even higher.

News production is influenced by a variety of factors. Among the potential sources of influences mentioned in the interview, "military, police and state security" fared on top of the list among Japanese respondents (see Table 4). Furthermore, a majority of journalists found their work substantively constrained by time limits, journalism ethics, as well as their personal values and beliefs. Also, slightly less than half of the respondents admitted their work was influenced by managers of the news organization, by editorial supervisors and higher editors, by competing news organizations, and by editorial policy. Three out of ten journalists were influenced by information access (or lack thereof), by the availability (or non-availability) of news-gathering resources, by media laws and regulation, by owners of the news organization, by feedback from the audience, by their peers on the staff, and by audience research and data.



Overall, internal factors were found to be more influential than external constraints. Japanese journalists felt little influenced by sources from within the political and civic realm: pressure groups, government officials, censorship, public relations, and religion. They also reported only minor influence from friends, acquaintances and family as well as from colleagues in other media.

### Table 4: Perceived influences

|  | Ν   | Percentage saying  | Mean | Standard  |
|--|-----|--------------------|------|-----------|
|  |     | "extremely" and    |      | Deviation |
|  |     | "very influential" |      |           |
| Military, police and state security      | 740 | 75.5               | 4.03 | .96       |
| Time limits                              | 741 | 63.2               | 3.75 | .86       |
| Journalism ethics                        | 739 | 61.7               | 3.77 | .87       |
| Your personal values and beliefs         | 743 | 55.2               | 3.62 | .88       |
| Managers of the news organization        | 745 | 49.8               | 3.48 | .96       |
| Editorial supervisors and higher editors | 745 | 47.4               | 3.43 | .90       |
| Competing news organizations             | 741 | 46.6               | 3.45 | .82       |
| Editorial policy                         | 742 | 42.3               | 3.35 | .92       |
| Information access                       | 730 | 38.9               | 3.31 | .91       |
| Availability of news-gathering resources | 721 | 30.2               | 3.13 | .84       |
| Media laws and regulation                | 737 | 28.4               | 3.02 | .96       |
| Owners of the news organization          | 741 | 28.3               | 2.87 | 1.19      |
| Feedback from the audience               | 743 | 28.3               | 3.12 | .79       |
| Your peers on the staff                  | 745 | 26.4               | 3.05 | .83       |
| Audience research and data               | 740 | 26.4               | 3.00 | .90       |
| Advertising considerations               | 743 | 15.3               | 2.49 | 1.03      |
| Colleagues in other media                | 743 | 14.1               | 2.54 | .94       |
| Friends, acquaintances and family        | 741 | 13.5               | 2.45 | .99       |
| Profit expectations                      | 741 | 11.5               | 2.32 | .99       |
| Religious considerations                 | 740 | 6.8                | 2.04 | .92       |
| Public relations                         | 736 | 6.3                | 2.25 | .86       |
| Censorship                               | 737 | 5.4                | 1.82 | .92       |
| Government officials                     | 740 | 4.7                | 1.92 | .87       |
| Pressure groups                          | 741 | 2.2                | 1.82 | .76       |

Question: Here is a list of potential sources of influence. Please tell me how much influence each of the following has on your work. 5 means it is extremely influential, 4 means very influential, 3 means somewhat influential, 2 means little influential, and 1 means not influential.

# Journalism in Transition

Journalism is currently in a state of change. According to Japanese journalists, the use of search engines and the importance of technical skills had most profoundly changed over the last five years (see Table 5). Overall, the journalists' responses point to a substantive deterioration of working conditions in the profession. A majority of respondents reported an increase in their average working hours. Furthermore, most interviewed journalists felt that the time available for researching stories and the credibility of journalism had dropped.

Influences on journalists have increased for all sources mentioned in Table 6. Here, it was especially the influence of social media and user-generated contents (such as blogs) that had strengthened the most during the past five years. Still, three out of five respondents felt an increase in the influence of audience feedback, audience research, profit making pressures, ethical standards, and audience involvement in news production. Half of the Japanese journalists reported an increase for advertising considerations and competition.

The questions about changes in journalism were only presented to journalists who had five years or more of professional experience.



Table 5: Changes in journalism

|  | Ν   | Percentage saying<br>has "increased" | Percentage saying<br>has "decreased" |
|--|-----|--------------------------------------|--------------------------------------|
| The use of search engines                        | 621 | 85.7                                 | 1.1                                  |
| Technical skills                                 | 622 | 64.1                                 | 10.8                                 |
| Average working hours of journalists             | 621 | 58.1                                 | 11.3                                 |
| Interactions of journalists with their audiences | 621 | 38.2                                 | 16.9                                 |
| The relevance of journalism for society          | 616 | 27.1                                 | 26.1                                 |
| The credibility of journalism                    | 621 | 14.3                                 | 57.5                                 |
| Journalists' freedom to make editorial decisions | 618 | 13.1                                 | 29.3                                 |
| Having a degree in journalism or a related field | 621 | 8.7                                  | 20.0                                 |
| Time available for researching stories           | 620 | 8.5                                  | 59.4                                 |
| Having a university degree                       | 622 | 5.8                                  | 19.8                                 |

Question: Please tell me whether you think there has been an increase or a decrease in the importance of following aspects of work in Japan. 5 means they have increased a lot, 4 means they have somewhat increased, 3 means there has been no change, 2 means they have somewhat decreased, and 1 means they have decreased a lot.

### Table 6: Changes in influences on journalism

|   | Ν   | Percentage saying<br>has "strengthened" |      |
|---|-----|---|------|
| Social media                            | 620 | 88.4                                    | 1.6  |
| User-generated contents, such as blogs  | 618 | 78.3                                    | 2.3  |
| Audience feedback                       | 616 | 63.5                                    | 3.4  |
| Audience research                       | 615 | 61.8                                    | 2.9  |
| Profit making pressures                 | 613 | 61.5                                    | 2.8  |
| Ethical standards                       | 619 | 59.9                                    | 14.2 |
| Audience involvement in news production | 614 | 59.1                                    | 3.7  |
| Advertising considerations              | 614 | 52.4                                    | 5.7  |
| Competition                             | 615 | 51.5                                    | 7.2  |
| Public relations                        | 606 | 44.1                                    | 2.6  |
| Pressure toward sensational news        | 614 | 35.5                                    | 6.4  |
| Journalism education                    | 614 | 35.2                                    | 18.7 |
| Western ways of practicing journalism   | 613 | 14.4                                    | 11.9 |

Question: Please tell me to what extent these influences have become stronger or weaker during the past five years in Japan. 5 means they have strengthened a lot, 4 means they have somewhat strengthened, 3 means they did not change, 2 means they have somewhat weakened, and 1 means they have weakened a lot.

# **Methodological Information**

| Size of the population:   | 25,200 working journalists (estimated)  |
|---------------------------|---|
| Sampling method:          | purposive quota sampling for newsrooms and simply systematic for journalists within newsrooms |
| Sample size:              | 747 working journalists   |
| survey methods:           | mail/e-mail   |
| Response rate:            | 33.9%   |
| Period of field research: | 02/2013-03/2013   |