CHROMOGRANIN A IN THE OLFACTORY SYSTEM OF THE RAT

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Abstract—The olfactory bulb of the rat contains chromogranin A at a similar level as the adrenal gland or the hypophysis as revealed by immunoblots. Olfactory chromogranin A also displays the same size as chromogranin A of endocrine cells. In the hippocampus and other brain regions, we could not detect chromogranin A by immunoblotting. In contrast, chromogranin A messenger ribonucleic acid (using SI nuclease protection assays) was observed in all brain regions examined, including the olfactory bulb. By *in situ* hybridization histochemistry with a complementary ribonucleic acid probe (280 nucleotides), and by immunocytochemistry, chromogranin A synthesis could be localized to cell bodies of the mitral cell layer, of the external plexiform layer and of the periglomerular region of the olfactory bulb. Immunocytochemically, chromogranin A was also detected in the central projection areas of mitral and tufted cells in the primary olfactory cortex and the anterior amygdaloid area but not in the olfactory glomeruli, where the incoming olfactory nerve fibers of the primary olfactory neurons establish synaptic contacts. Taken together the data show that chromogranin A, following biosynthesis in the perikarya of the mitral and tufted cells, is specifically transported into their axonal terminals but not into their primary dendrites. We propose that the rat olfactory system could serve as a model for the study of chromogranin A regulation and function in neurons.

Chromogranin A (CGA), a member of the chromogranin/secretogranin protein family, is co-stored and co-released together with the specific hormones from a variety of endocrine cells (cf. Ref. 28). Intracellular and extracellular functions of CGA have been described: CGA is a calcium-binding protein,^{21,23,24} participating in calcium sequestration³ and regulation of osmotic pressure¹² within chromaffin vesicles. Proteolytic processing of CGA yields peptides which inhibit secretion in a variety of endocrine cells.^{5,7,29} Finally, based on the physicochemical properties of CGA, it has recently been proposed that this protein is also involved in the packaging and sorting of secretory products to the regulated secretory pathway.^{9,10}

More recently CGA immunoreactivity has also been detected in neurons of the bovine and sheep brain^{18,20,30} and of the rat spinal cord.^{2,33} Furthermore, CGA mRNA has been found in the rat brain by Northern blotting.¹³

Since neurons exhibit a higher degree of functional polarization than endocrine cells, the analysis of CGA synthesis and distribution of CGA within neurons offers new perspectives to investigate the func-

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tional importance of this protein. In the present study, the occurrence of CGA and its mRNA in the rat olfactory system was analysed by combined application of immunocytochemistry, immunoblotting, *in situ* hybridization histochemistry, and S1 nuclease protection assays.

EXPERIMENTAL PROCEDURES

Animals

Adult male and female rats (Sprague-Dawley) were purchased from Charles River (Sulzfeld, F.R.G.) and housed in our vivarium under standard conditions. Animals were killed by decapitation and tissues were immediately removed and further processed as described below.

Immunocytochemistry and immunoblotting

Brains, adrenals and hypophyses of three female and three male rats were immersed into Bouin's fixative for 12 h. Subsequently they were embedded in paraffin and serial sections were cut (5 μ m) and mounted onto gelatin-coated glass slides. For immunocytochemistry, representative sections for various brain regions, adrenals and hypophyses were selected. Sections were deparaffinized by a run through xylene and ethanol and were permeabilized for 5 min with Triton X-100 in Tris-buffered saline (TBS: 50 mM Tris, 150 mM NaCl, pH 7.6), followed by a 5-min incubation with 0.03% H₂O₂ in 10% methanol in TBS to block endogenous peroxidase activity. Sections were then incubated with 2% normal swine serum (NSS) in TBS for 30 min and subsequently incubated with a rabbit antiserum directed against the C-terminal 16 amino acid sequence of bovine CGA (YELEKVAHQLEELRRG; the terminal Y enabled carrier coupling via bisdiazobenzidine⁴ which only slightly differs from the sequence of rat CGA²²). The specificity of

Abbreviations: CGA, chromogranin A; EDTA, ethylenediaminetetra-acetate; NSS, normal swine serum; nt, nucleotide; PBS, phosphate-buffered saline; SSC, sodium chloride/sodium citrate; TBS, Tris-buffered saline.

this antibody has been described previously.¹⁹ Different dilution steps of this antibody in 2% NSS in TBS were tested and a dilution of 1:1000 was used in all experiments reported here. Incubations with this antibody were done overnight. As second antibody, swine anti-rabbit (Dakopatts Hamburg, F.R.G.; 1:50 in 2% NSS in TBS, 1 h at room temperature) was used, followed by incubation with rabbit peroxidase-antiperoxidase (Dakopatts; 1:100 in 2% NSS in TBS, 1 h at room temperature). Immunoreaction was visualized by a freshly prepared solution of 0.05% 3,3'-diaminobenzidine-hydrochloride (Aldrich, Milwaukee, WI, U.S.A.) and 0.01% H₂O₂ in TBS for 5-10 min.³¹ Controls consisted of incubation with 2% NSS in TBS instead of the specific antibody and of incubation with preabsorbed antibody (with $100 \mu g$ of the C-terminal 16 amino acid peptide in 1 ml of 1:1000 diluted antiserum at room temperature for 2 h). Sections were photographed using a Zeiss Photomicroscope.

For immunoblotting the same CGA antiserum as for immunocytochemistry at a dilution of 1:10,000 was used. The method has been described previously in detail.²⁶ In brief, collected tissues were frozen and stored in liquid nitrogen until assay date. Sample preparation included solubilization by ultrasonic treatment, boiling for 5 min and centrifugation. After sodium dodecyl sulphatepolyacrylamide gel electrophoresis and blotting to nitrocellulose, immunoreactive bands were visualized by autoradiography using iodinated protein A.

cDNA and cRNA probes

The rat CGA cDNA has previously been characterized.²² In brief, the 1.6 kb cDNA of the protein coding region of rat CGA (an AvaI-XbaI fragment) was cloned via synthetic adapters into the HindIII site of the vector pUC19.²² It was subsequently excised by EcoRI restriction, using the multiple cloning site of the vector, and cloned into Bluescribe M13(-) vector (Stratagene, La Jolla, CA, U.S.A.). This clone, referred to as rCGA M13(-) was used to generate cRNA and cDNA anti-sense strands of the CGA mRNA.

For S1 analysis single-stranded DNA was isolated after infection of the bacterial strain CMK603, containing the rCGA M13(-) plasmid, with the helper phage f1, according to the protocol of Promega Biotec. Uniformly labeled singlestranded cDNA probe was prepared as described.^{16,25} The labeled primer extended rCGA M13(-) subclone was digested with PvuI, yielding three fragments, which were separated on 5% polyacrylamide gels (8.3 M urea); the 950 nucleotide (nt) fragment was isolated and re-run on a 1% agarose gel. The DNA fragment was then transferred electrophoretically to a NA45 DEAE-cellulose membrane (Schleicher & Schüll, F.R.G.) and eluted from the filter as described.¹⁷

The 950 nt fragment yielded was used for the SI assay. This cDNA probe contains 644 nt of the translated and 192 nt of the untranslated 3' end from the rat CGA sequence and 114 nt of vector sequences (see Fig. 3A).

Synthesis of ³⁵S-labeled cRNA (specific activity 7×10^8 c.p.m./µg) for *in situ* hybridization was carried out according to the T3-polymerase protocol of Promega Biotec (Madison, WI, U.S.A.) using $107 \ \mu$ Ci of $\alpha^{.35}$ S CTP (specific activity 37 TBq/mmol) and rCGA M13(-) linearized with PvuII. The resulting cRNA probe contained 32 nt of the 3' untranslated sequence of the rat CGA gene and 56 nt of vector sequences (see Fig. 3A).

S1 nuclease protection assay

Total RNA was isolated by a modified guanidinium thiocyanate–CsCl method¹⁴ from pooled male and female rat pituitaries, adrenal glands, hippocampi and olfactory bulbs. Total RNA (20 μ g) (determined photometrically) were hybridized with an excess of ³²P-labeled cDNA probe (5 × 10⁴ c.p.m.; specific activity 1 × 10⁸ c.p.m./ μ g) in 75%

formamide, 400 mM NaCl, 1 mM EDTA and 20 mM Tris-HCl (pH 7.4);²⁵ for 16 h at 58°C. Hybridization was terminated by digestion with 680 U S1 nuclease (AGS, Heidelberg, F.R.G.) for 2 h at 37°C. After phenol extraction and ethanol precipitation samples were separated electrophoretically on 0.3-mm-thick 5% polyacrylamide gels (8.3 M urea). Gels were dried and exposed on X-ray film at -0° C using intensifying screens.

In situ hybridization histochemistry

Tissues were immediately frozen and stored in liquid nitrogen. Cryostat sections $(10 \,\mu m)$; Reichert-Jung) were mounted on 3-aminopropyltriethoxysilan (Sigma) coated slides. Sections were stored until needed at -80° C. They were fixed in 4% paraformaldehyde-phosphate-buffered saline (PBS) for 30 min at room temperature, rinsed twice in PBS and dehydrated by an ascending series of graded alcohol.

The sections were prehybridized at 50°C for 3 h with 1 ml hybridization solution (50% formamide, 0.75 M NaCl, 25 mM PIPES, pH 6.8; 25 mM EDTA; 5 × Denhardt's; 0.2% sodium dodecyl sulphate; 10 mM dithiothreitol $250 \,\mu \text{g/ml}$ denaturated herring sperm DNA (Boehringer, Mannheim, F.R.G.); 250 µg/ml yeast tRNA (Boehringer) and 10% dextran sulfate). Subsequently they were hybridized at 50°C overnight with 5 ng labeled cRNA probe (specific activity 7×10^8 c.p.m./µg) in 150 µl hybridization solution in a humified chamber. Controls consisted of sections pretreated with 40 μ g/ml RNAase A (Boehringer) at 37°C for 30 min prior to hybridization. After hybridization, sections were rinsed twice in 4 × sodium chloride/ sodium citrate (SSC), 20 mM β -mercaptoethanol and twice in 4 × SSC at room temperature. In order to reduce background, sections were treated for 30 min at 37°C in a buffer containing 0.5 M NaCl, 10 mM Tris-HCl, pH 7.5, 1 mM EDTA and 40 µg/ml RNAase A. They were then incubated for 30 min at 37°C in the same buffer without RNAase A added and washed twice with 2 × SSC at 50°C for 15 min. Slides were rinsed in ascending alcohol solutions, air-dried and dipped in Ilford K2 emulsion diluted 1:1 with H₂O. They were exposed for six weeks at 4°C and developed with Kodak D19 at 16°C for 2 min. The sections were counterstained with Hemalaun (Mayer) and eosin.

RESULTS

Immunoblotting

The presence of CGA in various brain areas was screened by immunoblotting of tissues solubilized in sodium dodecyl sulphate. Using this technique, the only region of the brain in which CGA in amounts comparable with endocrine tissues could be found, was the olfactory bulb (Fig. 1). No CGA was observed in the hippocampus or in other regions, even when the gels were overloaded (data not shown).

In the olfactory bulb CGA displayed the same apparent molecular weight on sodium dodecyl sulphate gels of approximately 80,000-85,000 as CGA standards prepared from the adrenal medulla and adenohypophysis. In the latter tissue extract in addition a 70,000 mol. wt CGA fragment was observed. Preabsorption of the antiserum with a synthetic peptide corresponding to the region of CGA the antiserum was raised against (the C-terminal 16-mer), abolished the staining of CGA in blots prepared from olfactory bulb and endocrine tissues. The faint

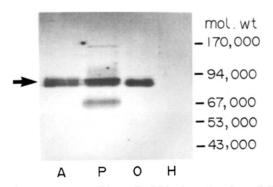


Fig. 1. Western blot of CGA in adrenal medulla (A), pituitary (P), olfactory bulb (O) and hippocampus (H). The immunoblots (carried out with 100 μ g of protein per lane) show CGA-immunoreactive bands around 80,000–90,000 mol. wt (arrow). An additional immunoreactive band with lower molecular weight was observed in the adenohypophysis. The gels were overloaded in order to demonstrate the absence of specific bands in hippocampus.

staining of additional high and low molecular weight bands seen in overloaded gels of tissue extracts were not affected by preabsorption.

Immunocytochemistry

Immunocytochemistry provided further information on the cellular distribution of CGA in the olfactory bulb and its primary projection areas. Weak and somewhat inconsistent CGA immunoreactivity was found in periglomerular cells and in cell bodies of tufted cells in the external plexiform layer. However, cell bodies of mitral cells showed strong immunostaining for CGA (Fig. 2A,B). In addition to the perikarya of these cells, CGA immunoreactivity was also found in the primary axonal projection areas of these cells, i.e. in the superficial half of the (superficial) plexiform cell layer (commonly referred to layer 1a) of the piriform cortex (Fig. 2C), as defined³² and the anterior amygdaloid area (Fig. 2D). In contrast, the olfactory glomeruli, where the olfactory nerve fibers establish synaptic contacts with the tufted/mitral cells, were devoid of CGA immunoreactivity (Fig. 2A). Preabsorption of the antiserum or omission of the first antibody abolished all immunostaining in the olfactory system, as well as in adrenal medulla and the adenohypophysis.

S1 nuclease protection analysis

A 950 nt cDNA probe (see Experimental Procedures) was used in S1 nuclease protection assays (Fig. 3A). A 836 nt fragment would indicate transcript of the rCGA gene containing the end of the coding region and part of the 3' untranslated sequence. Indeed a protected cDNA band of 836 nt was observed in RNA extracts of adrenals, adenohypophyses, olfactory bulbs and hippocampi demonstrating that mRNAs co-linear with the used sequence exist in the tissue analysed. However, lower amounts of CGA mRNA were found in nervous tissues compared with endocrine tissues (Fig. 3B).

In situ hybridization histochemistry

In situ hybridization revealed the cellular localization of CGA mRNA. For this purpose a short 280 nt cRNA probe (Fig. 3A) was used to facilitate tissue penetration. In situ hybridization on frontal sections of the rostral part of the olfactory bulb is shown in Fig. 4. In mitral and tufted cells CGA mRNA could be detected, as well as in periglomerular cells (Fig. 4). In control sections, preincubated with RNAase A, the specific staining pattern was abolished (not shown).

DISCUSSION

Chromogranins are characteristic components of secretory vesicles of polypeptide hormone producing cells (for a recent review and further references see Ref. 28). The results of the present study indicate that CGA, the main member of the chromogranin/ secretogranin protein family, can be found in amounts comparable with endocrine tissue is the olfactory system.

The effective translation of CGA mRNA is shown by the immunocytochemical demonstration of CGA in the olfactory system. After extraction from the tissue, CGA co-migrates in sodium dodecyl sulphate gels with CGA from adrenal medulla and adenohypophysis, suggesting that it has the same molecular structure as endocrine CGA, including major posttranslational modifications. This view is further supported by the results of S1 analysis, which demonstrate that at least within the 3' end of the CGA mRNA, the olfactory message is fully co-linear with the endocrine sequence. On the cellular level, CGA mRNA was localized by in situ hybridization histochemistry in the perikarya of mitral and tufted cells, as well as in periglomerular cells. The latter is a heterogeneous cell population also containing many tufted cells,³² a fact which excludes a precise identification of the CGA-positive cells in this area.

The typical structure of tufted and mitral cells (for review see Ref. 32) offered a unique opportunity to investigate the subcellular distribution of CGA. These cells, located in the periglomerular region, in the external plexiform layer and the mitral cell layer send their centrally projecting axons to the primary olfactory cortex and the amygdala. The apical (primary) dendrites of tufted and mitral cells extend to the olfactory glomeruli, where they receive input from receptor cell axons and form reciprocal dendro-dendritic synapses with receptor and periglomerular neurons.¹¹ While CGA was clearly demonstrable by immunocytochemistry in the central projection areas of tufted and mitral neurons, i.e. the piriform cortex and the anterior amygdaloid area, no CGA immunoreactivity was found in glomerular dendrites of tufted or mitral cells.

These results on the distribution of CGA may imply that the central axonal synapses of tufted

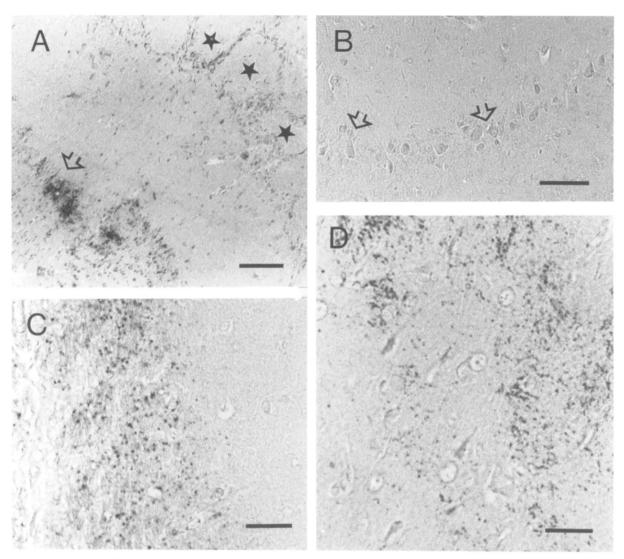


Fig. 2. CGA immunocytochemistry in olfactory bulb (A, B), primary olfactory cortex (piriform cortex) (C), and anterior amygdaloid area (D). In A glomeruli are marked with stars. Arrow points at mitral cells which are also shown in B. In C immunoreaction is confined to the superficial half of the (superficial) plexiform layer but is absent in the adjacent lateral olfactory tract (left) and the soma layer (right). (D) The anterior amygdaloid area. Note: staining of cell bodies in A and B but not in C and D. Scale bars = 75 μm (A); 50 μm (B); 20 μm (B and C).

and/or mitral cells differ from the dendritic synapses as far as the amount of CGA is concerned. One could also speculate that CGA is found only in "axonal" secretory vesicles and may be involved in the differential packaging of neurotransmitters into axonal vesicles. Such a function has recently been proposed for CGA, based on its physicochemical properties.^{9,10} Presence of CGA in axonal endings has previously been reported in motoneurons of the spinal cord.^{2,33}

However, the differences in axonal versus dendritic CGA content do not exclude that CGA may be packaged in both vesicles, those transported to the axon terminals, and those shipped to the glomerular dendrites. Dendritic CGA might undergo modification rendering it unrecognizable by our antibody. It can be anticipated that such modifications might also affect the physiological function of CGA. The presence of CGA mRNA revealed by S1 nuclease protection assays and the absence of CGA in immunoblots of the rat hippocampus, shown in the present study, might point to such a possibility. However, presently it cannot be ruled out that, within the hippocampus as opposed to the olfactory system, the CGA mRNA is translated only in small amounts. The latter interpretation is supported by the finding that within the hippocampus of the sheep, CGA can be found in immunoblots.³⁰ Recently minute amounts of CGA have been detected in various regions of the bovine brain.¹⁵

The fact that CGA was detected in the present study within the axonal endings of the secondary

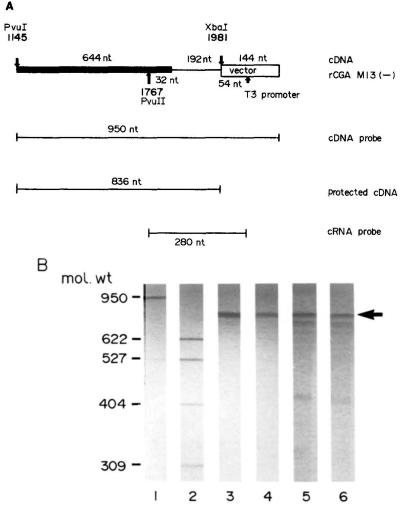


Fig. 3. S1 nuclease protection analysis of extracted mRNA of rat tissues. For hybridization, a single-stranded anti-sense DNA probe derived from rCGA M13(-) clone, which is a XbaI-PvuI subclone of 950 nt (see Experimental Procedures), was used. (A) Localization of the single-stranded cDNA probe relative to the 3' end of the rCGA. Restriction sites are indicated. Bold numbers above and below the restriction sites mark the positions of the rCGA nucleotide sequence.²² The cDNA probe synthesized (see Experimental Procedures) and the fragment protected from S1 nuclease are given as thin lines. All sizes of fragments are given above the lines with the exception of the nucleotides corresponding to the cRNA probe. The in vitro transcription start site is indicated by the T3 promoter. The thick line corresponds to the translated part of the 3' end of the rCGA transcript (644 nt), while the thin line (192 nt) corresponds to the 3' untranslated sequence up to the internal XbaI restriction site. The box corresponds to vector sequences. The line at the bottom shows the size of the cRNA probe synthesized (see Experimental Procedures). (B) In lanes 3-6 the ³²P-labeled cDNA probe defined in A served as hybridization probe for 20 μ g total RNA each. (Lane 3) adrenal medulla; (lane 4) pituitary; (lane 5) olfactory bulb; (lane 6) hippocampus. As a size marker, HpaII digested pBR322 was applied to lane 2. The sizes are indicated on the left side. The 950 nt band in lane 1 represents undigested probe containing flanking Bluescribe M13(-) vector sequences, while the protected 836 nt fragment (arrow) indicates rCGA mRNA in the tissue analysed. Duration of film exposure was 3 h for lanes 1-4 and 16 h for lanes 5 and 6. Note: this indicates that endocrine tissue contains more CGA mRNA than nervous tissues.

neurons of the rat olfactory system may indicate a specific role of CGA in olfactory signalling. For example, CGA could be involved in intravesicular calcium sequestration,^{3,21,23,24} and CGA derived peptides may act as hormones/transmitters.^{5,7,29} Thus, CGA may participate in the regulation of intraterminal calcium and/or modulation of the release of the hitherto unidentified transmitter(s) (cf. Ref. 11) used by tufted/mitral cells at their axonal (central) synapses.

CONCLUSION

Our results support previous studies on the distribution of CGA-immunoreactive material in the bovine and sheep brain^{15,18,30} and confirm Northern

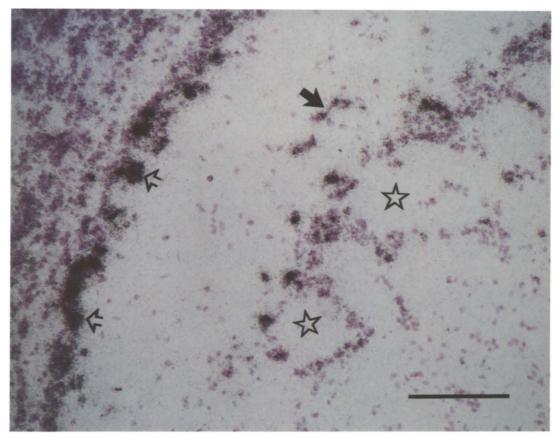


Fig. 4. In situ hybridization of olfactory tissue sections. Mitral cells (open arrows) and the heterogeneous group of periglomerular cells adjacent to the olfactory glomeruli (two of which are marked with stars) contain rCGA-specific cRNA. Groups of tufted cells (filled arrow) in the external plexiform layer, which is situated between the olfactory glomeruli and the mitral cell layer (open arrows) are also labeled. Also compare Fig. 2A. The autoradiographic exposure time was 42 days. Scale bar = $100 \,\mu$ m.

blot analyses on the occurrence of CGA mRNA in the rat brain.¹³ The Purkinie cells of the cerebellum. which are comparable with the mitral/tufted cells in that they are the only output generating systems of the cerebellum, also contain CGA in the sheep³⁰ and the cow.¹⁸ In the human, only chromogranin B (secretogranin I) was expressed in the Purkinie cells.²⁷ To our knowledge the presence of chromogranins in axons and/or dendrites of Purkinje cells, has not been investigated.

Recently the distribution of mRNA of chromogranin B (secretogranin I) has been analysed in the rat brain.8 Here we report the occurrence and distribution of CGA and its mRNA in the olfactory system. The anatomical structure of this system is well known (for review see Ref. 32) and this system is readily accessible to experimental manipulation (see e.g. Refs 1, 6). Therefore, we propose that the olfactory system of the rat can be used as a unique model for the study of the regulation of CGA synthesis, intracellular sorting, and function.

Acknowledgements-The authors thank Mrs S. Bucher and I. Urban for expert technical assistance. This work was supported by "starting grants" to Ch. H. and A. M. from the University of Ulm and by Forschungsschwerpunkt 32 of the State of Baden Württemberg.

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(Accepted 11 July 1990)