# Comparison of the solophenyl-red polarization method and the immunohistochemical analysis for Collagen Type III

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Summary. In the present study, we have compared the staining pattern of the Solophenyl-Red 3 BL-method for the visualization of collagen type III with the immunohistochemical staining in serial sections from 7 skin wounds (wound age 3 days up to 4 weeks) to elucidate the specifity of the histochemical staining method. Large amounts of collagen type III were clearly detectable in the investigated wounds using the immunohistochemical technique. In the sections stained with Solophenyl-Red, however, only 3 out of 7 skin lesions showed a significant positive red staining at the wound margin or in the granulation tissue, while the adjacent normal connective tissue revealed a typical intensive staining. Using polarization microscopy no characteristic bright green fibrils, as reported for collagen type III, could be seen in the wound areas without positive Solophenyl-Red staining. Since the localization of collagen type III detected by immunohistochemistry and the presumed distribution of this collagen type by the Solophenyl-Red method was not identical, the histochemical polarization method has to be regarded as non-specific for visualization of this collagen type.

**Key words:** Immunohistochemistry – Histochemistry – Collagen Type III – Solophenyl-Red 3 BL

**Zusammenfassung.** Zur Überprüfung der Spezifität der histochemischen Darstellung von Kollagen Typ III wurden Serienschnitte von 7 Hautwunden mit einem Wundalter zwischen 3 Tagen und 4 Wochen untersucht. Korrespondierende Präparate wurden nach der Solophenyl-Rot 3 BL-Methode und immunhistochemisch gefärbt, die Schnitte wurden licht- bzw. polarisationsmikroskopisch ausgewertet. Immunhistochemisch konnte in allen untersuchten Hautwunden Kollagen Typ III nachgewiesen werden. Nur 3 von 7 Solophenyl-Rot-gefärbten Hautwunden zeigten eine signifikante Rotfärbung im Bereich der Läsion bei kräftiger Anfärbung des umgebenden Bindegewebes. Im polarisierten Licht konnten im Wundgebiet keine grün aufleuchtenden Fasern, die als charakteristisch für Kollagen Typ III aufgefaßt werden, beobachtet werden. Da keine Übereinstimmung zwischen immunhistochemisch darstellbarem Kollagen Typ III und den unter polarisiertem Licht grünweiß aufleuchtenden Fasern in den Solophenyl-Rot-gefärbten Präparaten nachzuweisen war, muß eine Spezifität dieser histochemischen Färbemethode für Kollagen Typ III verneint werden.

Schlüsselwörter: Immunhistochemie – Histochemie – Kollagen Typ III – Solophenyl-Rot 3 BL

### Introduction

During reparative processes, especially wound healing, various collagen types play important roles in tissue rearrangement. The time-dependent appearance of different collagen types can be demonstrated by immunohistochemistry and the specific detection of collagen types I, III and IV is useful for the estimation of wound age [2].

Recently, in addition to the specific immunohistochemical method, a histochemical polarization technique has been described which seemed to allow differentiation between collagen types I and III in paraffin sections [4, 5, 13]. In our present study we compared the Solophenyl-Red 3 BL method described by Ogbuihi et al. [13] with the immunohistochemical localization of collagen type III in formalin fixed and paraffin embedded tissue to analyze the specificity of this histochemical polarization technique for visualizing collagen subtypes.

#### Material and methods

*Tissue preparation.* Surgical wound specimens from 7 males and females (aged 43–92 years) with a wound age of 3 days up to 4 weeks were investigated. All patients died from car accidents. Undamaged skin was obtained from the same body region (arm or leg) and used as a control. In no case had substances (e.g. glucocorticoids) influencing the metabolism or distribution of collagen

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**Fig. 1.** 11-day-old skin wound: distinct immunohistochemical staining for collagen type III at the wound margin (*arrows*), (ABC-method, paraffin, section magnification  $200 \times$ )

types been administered to our knowledge. The postmortem interval did not exceed 2 days.

The specimens were fixed in 4% PBS formaldehyde solution and routinely embedded in paraffin. From this material  $2-3 \,\mu m$ thick serial sections were prepared and stained according to the Solophenyl-Red 3 BL method described by Ogbuihi et al. [13] as well as by immunohistochemistry.

*Preparation of the antibody.* The collagen III antibody had been prepared as previously described by Timpl et al. [16]. Briefly, human fetal skin was used for the extraction of collagen type III by enzymatic treatment with pepsin and several purification steps by repeated salt precipitation as described [16]. Antibodies against collagen type III were raised in rabbits by immunization with the prepared antigen. The rabbit antiserum was then purified by cross-absorption which collagen types I, II and V on sepharose gel columns. The specificity of the resulting antibody was demonstrated by enzyme-linked immuno-sorbent assay (ELISA) showing exclusively type-specific reaction of the prepared antibody with collagen III [11].

*Immunohistochemistry*. For immunohistochemistry, deparaffinized sections were pretreated enzymatically (pronase) as described [12]. Following application of the specific primary antibody, an avidinbiotin labelled secondary antibody (Vector, Burlingame, USA) was applied using the ABC-technique [3]. 3-Amino-9-ethyl carbazole (Sigma chemicals, Deisenhofen, FRG) was used as chromogene. In the stained sections the distribution of collagen type III was investigated by light microscopy. The sections treated with Solophenyl-Red 3 BL were additionally evaluated by polarization microscopy as described [13].

#### Results

#### *Immunohistochemistry*

In normal skin collagen type III is found in the dermal connective tissue and shows an especially strong positive reaction in the papillary layer, in the walls of blood vessels, around the skin appendages and surrounding individual fat cells. In the skin wounds we detected a loose, but distinctly reacting network of collagen type III in lesions of early wound age (3 days) with increasing intensity at the margin dependent on the wound age (Fig. 1).



**Fig. 2.** Same specimen as Fig. 1: green-white and orange fibers in the connective tissue adjacent to the wound margin (*arrows*); no identical localization between green bright fibers and collagen type III detected by immunohistochemistry (see Fig. 1) (Solophenyl-Red 3 BL, polarization microscopy, paraffin, section magnification  $200 \times$ )

The older wounds investigated (wound age 28 days and 31 days) were characterized by extensive fibro-proliferative processes and showed a strong diffuse positive staining with network-like structures in the granulation tissue.

# Solophenyl-Red 3 BL staining

The corium of normal skin showed an extensive positive red staining, which was focally reduced in the papillary layer. Elastic fibers showed a dark brown colour between the red stained fibers of the corium as well as in the walls of arterial vessels. Using polarization microscopy the Solophenyl-Red positive fibers of the corium showed a mixture of red-orange and green-white fibrils. In the papillary layer, in particular, the green polarization was somewhat pronounced. However, in the walls of arterial vessels and around the skin appendages the expected green polarization was not detectable and there was no significant staining around fat cells.

Only in 3 out of 7 specimens could a positive Solophenyl-Red staining be observed at the wound margin, although in serial sections those areas negative for Solophenyl-Red mostly showed a strong immunohistochemical reaction for collagen type III. In 2 cases there was an intense positive immunohistochemical reaction, but only a very sparse red staining after treatment with Solophenyl-Red (Fig. 2). One specimen showed no red staining at all at the margin, but a strongly positive Solophenyl-Red reaction in the adjacent corium. In these cases polarization microscopy revealed only a very faint or even complete lack of green-white fibers.

## Discussion

The specific detection of various collagen types is of great importance for a reliable forensic estimation of the wound age. Thus, Eisenmenger and co-workers had shown a time-dependent distribution of collagen types I, III and IV in human skin wounds [2].

There is no doubt, that various collagen types can be specifically localized by immunohistochemical methods using specific antibodies without any cross-reaction to other matrix proteins. Previously, histochemical techniques have been described which were thought to enable a differentiation between collagen types I and III following the staining of paraffin sections with Picro-Sirius-Red Supra [4, 5] or with Solophenyl-Red 3 BL [13]. The effect of these histochemical reactions was based on the assumption that collagen type I builds "thick" bundles which fluoresce red-orange in polarization microscopy, while collagen type III represents reticular fibers flourescing green under polarized light.

The specificity of this reaction was based on the similar localization of "green" and "red-orange" fibers in areas where high contents in collagen I and III had been estimated biochemically [6]. However, no direct comparison with immunohistochemical methods has yet been performed.

Various previous studies have shown that "thin" reticular fibers contain not only collagen type III, but also collagen type I [9, 10, 17] and fibronectin [1, 15]. Furthermore collagen type IV was detected in typical reticular fibers of lymph nodes [7]. It would seem, that the thin reticular fibers which fluoresce green under polarized light additionally contain some as yet unidentified components, perhaps other collagen subtypes. Therefore the identification of green fibers in polarization microscopy following Solophenyl-Red staining as collagen type III fibers seems to be very questionable.

Similar doubts on the specifity of the reaction have been raised by Piérard [14]. He found a varying distribution of bright green fibers under polarized light in serial sections of the same specimen and also described a change in colour depending on the position of the section under the microscope. Furthermore, the specifity of the Picro-Sirius-Red method for typing different collagen subtypes has been questioned by the original describers of this method [8].

In all skin lesions investigated in our study the detection of collagen type III at the wound margin or in the granulation tissue was possible by immunohistochemistry. The Solophenyl-Red treated sections, however, showed a rather varied reaction ranging from no staining in the wound area eventhough the serial sections showed a strong positive signal by immunohistochemistry to positive reaction in areas where no collagen III could be localized by immunohistochemistry. A co-distribution between the histochemical and the immunohistochemical staining pattern could not be found.

Our investigations substantiate the notion that the histochemical polarization method using Solophenyl-Red 3 BL is not specific for the visualization for collagen type III and thus is not applicable for the differentiation of collagen types I and III. The histochemical techniques appear to be useful for the determination of the fiber diameter [8, 14] based on the specific physicochemical characteristics of birefringency of "thick" and "thin" collagen fibers. A specific detection of various collagen subtypes, however, is not possible. Therefore these methods could not be used for the analysis of time-dependent tissue changes, especially not for a forensic estimation of wound age.

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