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# **OPEN** Visual word form processing deficits driven by severity of reading impairments in children with developmental dyslexia

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The visual word form area (VWFA) in the left ventral occipito-temporal (vOT) cortex is key to fluent reading in children and adults. Diminished VWFA activation during print processing tasks is a common finding in subjects with severe reading problems. Here, we report fMRI data from a multicentre study with 140 children in primary school (7.9-12.2 years; 55 children with dyslexia, 73 typical readers, 12 intermediate readers). All performed a semantic task on visually presented words and a matched control task on symbol strings. With this large group of children, including the entire spectrum from severely impaired to highly fluent readers, we aimed to clarify the association of reading fluency and left vOT activation during visual word processing. The results of this study confirm reduced wordsensitive activation within the left vOT in children with dyslexia. Interestingly, the association of reading skills and left vOT activation was especially strong and spatially extended in children with dyslexia. Thus, deficits in basic visual word form processing increase with the severity of reading disability but seem only weakly associated with fluency within the typical reading range suggesting a linear dependence of reading scores with VFWA activation only in the poorest readers.

Reading words correctly and fluently is a prerequisite for understanding written text. Like other scholastic skills, reading shows a normal distribution within the population<sup>1</sup>. The poorest 5–10% of the children with insufficient mastery of reading are considered as presenting with developmental dyslexia<sup>2</sup>. While phonological deficits have been suggested to play a central role for the impairments seen in dyslexia<sup>3</sup>, processing visual words for meaning remains the central task in reading. Thus, understanding how poor readers and especially children with dyslexia process visual words in the context of a semantic task is essential, and functional neuroimaging studies offer insight into the neural mechanisms involved.

It is undisputed that the left ventral occipito-temporal cortex (vOT) has a prominent role in processing print<sup>4-15</sup> and consequently in reading for meaning. Especially an area within the left mid-fusiform gyrus, often referred to as the visual word form area (VWFA) typically shows a preference in responding to words or orthographic stimuli as compared to visual control stimuli such as checkerboard patterns<sup>7</sup> even though this region

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is also involved in other processes<sup>16,17</sup>. Subsequent studies extended the notion of a VWFA to an entire visual word form system (VWFS) in the inferior occipito-temporal cortex that is progressively tuned to orthographic regularities with more anterior locations<sup>14,18–22</sup> and a slightly more posterior region to encode letters (letter form area: LFA<sup>23</sup>). Even more fine grained functional divisions of the complex left vOT system along the posterior-anterior and lateral-medial dimensions were detected in more recent studies: Functional and microarchitectonic properties divide the larger visual word form system into a posterior perceptual word form area responsible for feature extraction and a more anterior lexical integration site corresponding approximately to the location of the classic VWFA<sup>24</sup>. Lately, Bouhali and colleagues suggested an additional lateral to medial functional segregation of the vOT, whereby multiletter sublexical graphemes are processed in medial regions in comparison to the lexico-semantic encoding in more lateral sites<sup>25</sup>.

Developmental studies indicate that the print-sensitive response of the VWFA shows a rapid development in the first few months and years of learning to read<sup>26–33</sup> and that it is initiated by grapheme-phoneme correspondence training in children<sup>26,29,34</sup> and adults<sup>35,36</sup>. The location of the emerging print-sensitive area within the vOT seems constrained by its established connectivity to language regions long before children learn to read at school<sup>13,37</sup> and develops in cortical patches with only weak specialization<sup>29</sup>. The exact location of the VWFA within the left vOT is subject to individual variations<sup>10,29,33,38</sup>. Importantly, the strength of the print sensitive response in the VWFA is modulated by the expertise level of reading in children and adults<sup>9,27,28,30,31,33</sup>. It is for this reason that the VWFA has also been referred to as reading skill zone<sup>39,40</sup>. Meta-analyses on children and adults with reading impairments revealed some of the most robust and consistent functional alterations in left vOT areas when tasks involve reading. Poor readers such as those with dyslexia activate this region less than typical readers<sup>41-43</sup>. This deficient activation in poor readers seems convergent for shallow and deep alphabetic languages<sup>44,45</sup> and even generalizes to different writings systems<sup>46</sup>. Disruption of the activation in the VWFS through stimulation or through acquired brain lesions<sup>47</sup> results in impaired reading<sup>48</sup>, again emphasizing its critical role for fluent reading.

Taken together, recent evidence points to a pivotal role of the VWFA for reading and reading acquisition<sup>49</sup>. The visual word processing system in the left vOT is sensitive to the perceptual and lexical properties of words<sup>23–25,31</sup> and sublexical units<sup>23,25</sup>. This system is, however at the same time strongly influenced by top-down input from higher level phonological and semantic language areas<sup>19,50</sup> and the dorsal attention network<sup>51</sup>. Therefore, also task demands modulate the differences seen between typical readers and subjects with dyslexia in the left vOT. Several studies reporting reduced left vOT activation in dyslexia for example employed tasks that put strong demands on phonological processing, such as reading pseudowords<sup>45,52–55</sup>, reading pseudohomophones<sup>22,54</sup>, or reading words having orthographic-phonological conflicts<sup>56</sup>. Studies employing explicit or implicit reading tasks with regular words typically reported less robust underactivation in left vOT in dyslexia (<sup>57–60</sup>; but see<sup>61</sup>), although deviant left vOT activation could still be detected in more focal ROI analyses<sup>22,58–60</sup> or when comparing basic word processing and not print-sensitivity contrasts among groups<sup>30</sup>. While these studies emphasize that reading impairments are strongly associated with hypoactivation in inferior occipito-temporal regions under certain task conditions, it is less clear to what extent such deviations occur in more natural reading situations when readers focus on the meaning of words.

Some ambiguity in the dyslexia results might also stem from the typically small samples and the often-used categorical approaches in neuroimaging studies. Large-scale imaging studies on reading are still rare, and so far often examined tasks challenging the phonological system<sup>62–64</sup>. Thus, the goal of the current study was to investigate word reading in a large sample of children at varying reading skills in a primarily dimensional approach using a task that emphasizes semantic processing, i.e. reading for meaning. The use of our large sample allowed us to use reading fluency as a continuous regressor in the analyses instead of examining just categorical differences.

In order to obtain a large sample of subjects we developed a short controlled reading task in a multi-center study (NEURODYS). This task not only included visual words in the context of a semantic task, but also a low-level visual control task (cross-hatches and stars), where subjects had to decide whether all characters were the same or not [similar to<sup>52,58,63,65</sup>]. Data analyses focussed on the modulation of print-sensitivity through reading skills across the entire multi-center sample while controlling for differences between sites.

#### Methods

**Subjects.** From an initial group of 182 children with functional (fMRI) and structural (sMRI) data collected in three sites across Europe, 42 children were excluded, because of poor fMRI data quality or excessive movement (n=18), because of prominent attention-deficit/hyperactivity disorder (ADHD) symptoms (n=10), low IQ (n=6) or absence of behavioural log files (n=8). The analyses for the remaining 140 children (age 7.9–12.2 years) who participated either in Zurich (ZRH, n=80), Maastricht (MAS, n=35), or Salzburg (SBG, n=25) are reported in this paper.

Children whose reading fluency score (correct words per minute) was more than 1.25 SD below the normative mean were considered dyslexic (< 10.5 percentile, n = 55). Children with reading fluency scores  $\geq$  – 0.85 SD below the normative mean were considered typical readers ( $\geq$  19.7 percentile, n = 73). Children (n = 12) having a z-score between – 1.25 and – 0.85 formed the gap group of "intermediate readers". These intermediate readers were included for correlational analyses but excluded for categorical group comparisons. All children had an estimated nonverbal and verbal IQ of at least 85 based on the block design and similarities subtests of the WISC<sup>66</sup>. No child was excluded due to poor task performance if behavioural data were available.

Reading skills were assessed with the "Salzburger Lese- und Rechtschreibtest II" (SLRT-II<sup>67</sup>) in Zurich and Salzburg, and with the Dyslexia Differential Diagnostics<sup>68</sup> in Maastricht.

	Typical (TYP)	Dyslexia (DYS)	Intermediate	t-test TYP-DYS		
Variables	M (SD)	M (SD)	M (SD)	p		
Behavioural and demographic meas	ures	•				
Site ZRH:SBG:MAS (n)	45:13:15	27:11:17 8:1:3				
Sex (male:female) (n)	37:36	30:25	8:4	0.722 <sup>b</sup>		
Handedness (r:l) (n)	59:14	48:7	9:3	0.470 <sup>b</sup>		
Age (years)	10.05 (1.14)	9.87 (1.33)	10.2(1.6)	0.372		
School grade	4.1 (1.4)	4.2 (1.3)	4.4 (1.4)	0.444		
Word reading (SLRT-II) fluency <sup>a</sup>	0.4 (0.93)	- 1.8 (0.44)	- 0.99 (0.13)	< 0.001		
Nonverbal IQ (block design WISC)	109.4 (12.3)	106.9 (12.64)	115.4 (10.8)	0.264		
Verbal IQ (similarities WISC)	112.9 (14.9)	111.0 (11.5)	107.5 (13.7)	0.423		
Task performance fMRI		•	•			
Words accuracy (% correct)	92.2 (8.7)	84.5 (17.7)	91.2 (8.8)	0.004		
Symbols accuracy (% correct)	92.4 (12.6)	89.8 (12.5)	93.9 (9.3)	0.249		
Words RT (ms)	1104 (252)	1413 (334)	1233 (294)	< 0.001		
Symbols RT (ms)	941 (214)	1002 (205)	918 (107)	0.111		

**Table 1.** Demographic data, behavioural data on reading competence and fMRI task performance. Bold values are statistically significant <sup>a</sup>z-score. <sup>b</sup>Chi square text, two-sided.

Prominent ADHD symptoms were either a clinical diagnosis (reported by the parents), or T-scores≥66.5 in the German version of the Child Behaviour Checklist (CBCL) attention scale (<sup>69</sup> only available for Zurich and Salzburg).

For covariance analyses that used reading as a covariate instead of categorical groups the z-score (relative to the norms) of the word fluency measure was used.

As indicated in Table 1, the group of children with dyslexia differed from the group of typical readers in reading fluency, but not in IQ, age, sex, or handedness.

**Ethical approval and guidelines.** The study procedures (methods and experimental procedures) were performed in accordance with the relevant guidelines and regulations as approved by the local ethical committees of the three sites (Zurich: "Kantonale Ethikkomission Zürich"; Salzburg: ethical committee of the University of Salzburg; Maastricht: research ethics committee of the Faculty of Psychology and Neuroscience, Maastricht University) and in accordance with the 1964 Helsinki declaration and its later amendments or comparable ethical standards. Children and their legal guardians gave informed consent before participating in the study.

**Procedure.** Either a word or a symbol string was presented every three seconds in the middle of the screen for 1200 ms followed by a fixation cross (1800 ms). The children were asked to press the left button, if the word was an animal or the symbol string was composed of identical symbols, and to press the right button, if the word was a thing, i.e., an inanimate object, or if one of the symbols in the string differed from the other symbols. There were 34 words (all nouns; half animals, half inanimate objects) and 34 symbol strings (half of the strings consisting of hatch marks, half containing a star), which were presented in a pseudo-randomized order. In order to remind the children on the task, the words "animal" and "same" were presented on the left of the screen, and the words "thing" and "different" on the right of the screen constantly throughout the presentation of stimuli and fixation cross (see Fig. 1). The assignment of left and right buttons to the target properties were counterbalanced across subjects. In order to allow a better modelling of the fMRI data 42 null events (fixation cross instead of stimulus) were added.

**fMRI recording and analysis.** Across the three sites, data acquisition was kept as similar as possible. The parameters of the T2\*-sensitive echo-planar imaging (EPI) sequences, repetition time (TR), number of scans, and voxel size slightly differed between the three sites, to optimize recordings on the particular scanners: In Zurich, fMRI data were acquired on a 3 T GE Healthcare scanner using a T2\* sensitive multi-slice echo planar imaging sequence (25 axial slices of 4.6 mm thickness and 0.4 mm gap, TR=1499 ms, TE=31 ms, slice resolution=3.75 mm $\times$ 3.75 mm, 64 $\times$ 64-pixel matrix, flip angle 50°). In Salzburg, fMRI data were acquired on a 1.5 T Philips Gyroscan NT Scanner (25 axial slices of 5 mm with 0.7 mm gap, TR=2200 ms, TE=45 ms, slice resolution=3.44 mm $\times$ 3.44 mm, 64 $\times$ 64-pixel matrix, flip angle 90°). In Maastricht, fMRI data were acquired on a 3 T Siemens Allegra scanner (25 axial slices of 5 mm (no gap), TR=1500 ms, TE=28 ms, slice resolution=3.5 mm $\times$ 3.5 mm, 64 $\times$ 64-pixel matrix, flip angle 90°).

Image processing and statistical analyses were performed jointly for all three sites using SPM12 (v6225) (https://www.fil.ion.ucl.ac.uk/spm) in Zurich. The first few scans were discarded to allow for magnetization equilibration (ZRH/MAS: 4, SBG: 3). Standard preprocessing steps were applied in the following order: Realignment and unwarping, slice time correction, coregistration and segmentation, normalization, resampling ( $3 \times 3 \times 3$  mm) and smoothing (6 mm FWHM). Normalization to Montreal Neurological Institute (MNI) standard space was done based on the deformations derived by segmentation and a paediatric anatomical template (mean age 9.88 years)

**Figure 1.** Task. Word or symbol stimuli occurred in the middle of the screen. The captions "Tier"/"###" and "Sache"/"#\*#" remained on the screen throughout the experiment, as a reminder of the task: the child was asked to press the left button if a word was an animal (in German "Tier") or if a string was made up of the same symbols, and to press the right button if a word was not an animal (a thing: in German "Sache") or if a string contained different symbols. Assignments of left and right buttons were counterbalanced across subjects. Example words are "Fisch" (fish) and "Kerze" (candle).

created using the Template-OMatic toolbox $^{70,71}$ . Movement artefact correction was performed using the ArtRepair toolbox $^{72}$ . Based on the scan-to-scan (i.e. framewise) motion threshold of 1.5 mm/TR, volumes exceeding this threshold were repaired using linear interpolation between the nearest unrepaired scans. Out of the 140 analyzed data sets, 32 data sets had at least one volume exceeding the predefined motion threshold (number of repaired volumes for included datasets: mean + SD: 0.8 + 1.9 volumes/data set). Datasets for which more than 5% of the volumes had to be repaired by interpolation (18 datasets excluded out of the initial sample of n = 182) were excluded from all analyses.

A random-effect generalized linear model (GLM) was calculated for each individual, including vectors for both conditions of interest (correctly responded words and symbol strings) as well as incorrectly responded or missed words or symbol stimuli and six movement parameters as vectors of no interest.

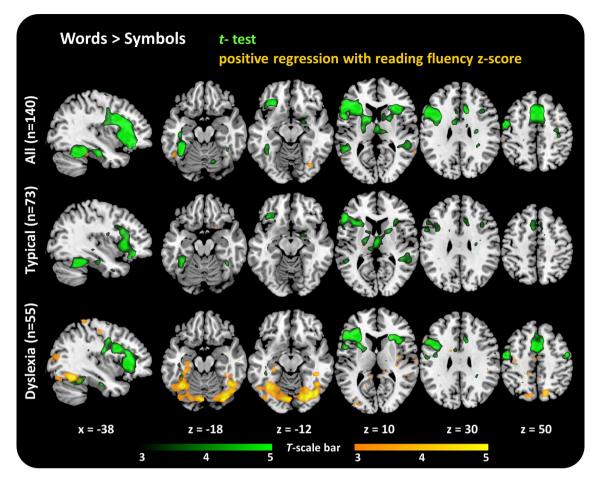
The second level analysis focused on print sensitive processing (contrast: words – symbol strings) but the simple contrasts of words or symbols strings vs baseline are illustrated in supplementary Fig. 1 for both groups.

In order to investigate effects of reading fluency on activation patterns, two different strategies were used for our whole brain voxel-wise and the subsequent region of interest (ROI) analyses: First, word reading fluency (z-score) was used as a continuous regressor across all 140 children including dyslexic, typical and intermediate readers. Importantly, this regression approach considers the severity of the reading difficulty. To relate our results to previous group studies we also performed a secondary classical group comparison between the 55 children with dyslexia and the 73 typical readers (as defined in the methods section) using unpaired t-tests. Further we also computed regression analyses with word reading fluency (z-scores) within the group of typical and within the group of dyslexic readers.

Voxel-wise results for regression and group analyses are all illustrated on  $p_{(unc)} < 0.001$  (Fig. 2) but only areas surviving voxel wise  $p_{(FWEp)}$  correction (and  $k \ge 5$ ) or cluster-extent correction ( $p_{(FWEc)} < 0.05$ ) at a cluster-defining threshold (CDT) of  $p_{(unc)} < 0.005$  are listed in Tables 2, 3 and Table S1 and subsequently discussed. Anatomical labels for maximal voxels in a cluster and subpeaks have been determined using XJView (v8.11) (https://www.alivelearn.net/xjview/) based on the Automated anatomical labelling (AAL) toolbox<sup>73</sup> and are listed in the corresponding activation Tables 2, 3 and S1.

In addition, literature-based ROI analyses (spheres, radius = 4 mm) were computed for the left visual WFA (MNI: -46, -52, -2) and the left LFA (MNI: -40, -78, -18) $^{23}$ . The mean beta values of these ROIs were extracted with SPM12 and entered into linear mixed model analyses (LMM) using SAS\* 9.4 (procedure PROC MIXED) including the fixed factors *ROI* (WFA, LFW), *condition* (words, symbols) and *reading fluency* (continuous measure or groups: dyslexia, typical readers) and random factors *site* (SBG, ZRH, MAS) and *subject* as well as the covariate *age*. To account for possible differences between sites, we corrected for site effects either by using effects coding (whole brain analyses)<sup>74,75</sup> or by including *site* as a random factor in our LMM. For LMM analyses, studentized conditional residuals were computed to identify and exclude potential outliers and in order to correct for variance inhomogeneity. An outlier cutoff of three standard deviations from the mean was used for all analyses<sup>76</sup>. In addition, QQ-plots were inspected to ensure the assumption of normality and homoscedasticity of predicted versus conditional residual plots. All reported p-values of post hoc analyses are Tukey–Kramer corrected.

**Behavioral analysis.** Accuracy (Acc) and reaction time (RT) of the in-scanner task were analysed using SAS\* 9.4 (Cary, NC: SAS Institute Inc.; https://www.sas.com/en\_us/software/sas9.html) using two types of models: (1) with a within subject factor *condition* (words vs. symbols) and *reading fluency* as a covariate of interest for the whole sample (including the intermediate readers) and, (2) with a within subject factor *condition* (words vs. symbols) and a between subject factor *group* (dyslexic vs. typical readers; intermediate readers excluded). For accuracy, a beta regression model (proc glimmix) has been used to account for the distribution of the values in



**Figure 2.** Word-symbol contrasts and regression with reading fluency. Word-sensitive activation in the vOT region was only found for the whole sample and the typical readers but not for children with dyslexia (but see Fig. 3 for direct group contrasts). Typical readers and children with dyslexia both show word-sensitive activation in the left inferior frontal gyrus. The analysis with reading fluency as regressor revealed increased word-sensitive activation the higher childrens' reading fluency in the left fusiform gyrus in the whole sample on a cluster extent corrected threshold  $p_{(FWEc)} < 0.05$  ( $p_{(CDT)} < 0.005$ ) and on a voxel wise  $p_{(FWEp)} < 0.05$  in the group of children with dyslexia. No significant correlation was found in the group of typical readers. Illustrated are one sagittal (MNI x = -38) and five axial slices (MNI z = -18, z = -12, z = 10, z = 30, z = 50). The contrast words>symbols is shown in green and the positive regression of the contrast words>symbols with reading fluency z-scores is shown in orange for each group (all children (top), typical readers (middle) and children with dyslexia (bottom)). Activation threshold for visualization:  $p_{(unc)} < 0.001$  (corresponding to a t>3.15 for All; t>3.21 for typical readers and t>3.25 for dyslexia). The activated clusters are superimposed onto the ch2better.nii template using mricron (https://www.nitrc.org/projects/mricron)<sup>103</sup>.

the standard unit interval (0, 1). For reaction time the function Proc Mixed was applied. Both models included the random intercepts for *subject* and *site*.

### **Results**

**Behavioral results.** On average, accuracy in the fMRI task was very high (mean>84% correct in all groups and both conditions, see Table 1). The more fluently a child was reading, the higher the accuracy was in the fMRI task (*reading fluency*, F(1,124) = 9.73, p < 0.0022), irrespective of *condition* (*reading fluency x condition*, F(1,124) = 0.27, p = 0.6075). Symbol strings were responded to more accurately (Accuracy: *condition*, F(1,124) = 18.31, p < 0.0001) and faster (RT: *condition*, F(1,129) = 230.33; p < 0.0001) than words. This condition-sensitive slowing was more pronounced, the less fluent a child was reading (*reading fluency x condition*, F(1,129) = 44.35, p < 0.0001). This interaction modulated the main effect of *reading fluency* on RT (*reading fluency*, F(1,129) = 17.24, p < 0.0001).

These behavioural effects were also reflected in the groupwise analysis: At the generally high performance level, children with typical reading skills were more accurate than children with dyslexia (*group*, F(1,112) = 4.75, p = 0.0314), but irrespective of *condition* (*group x condition*, F(1,112) = 0.27, p = 0.6033). Accuracy was higher for symbol strings than words (*condition*, F(1,112) = 22.14, p < 0.0001) and the children, responded more slowly to words than to symbol strings (*condition*, F(1,118) = 379.99; p < 0.001). This reaction time difference was more pronounced in the children with dyslexia than in the typical reading children resulting in an interaction (*group* ×

Typical readers (n=73)								
Hemisphere	Brain area	(MNI) x, y, z	k	Peak p(FWEc)	Cluster p(FWEp)	T	Z	
Words > symbols	s							
L	Inferior frontal gyrus	- 53, 30, 9	17	0	0	6.93	6.03	
L	Fusiform gyrus	- 35, - 42, - 21	45	0	0	6.8	5.94	
R	Precentral gyrus	46, - 15, 63	10	0.001	0.001	6.29	5.58	
L	Inferior frontal gyrus	- 38, 21, 6	21	0	0.003	5.92	5.31	
L	Middle frontal gyrus	- 35, 33, - 12	8	0.002	0.003	5.9	5.3	
	Undef	1, - 12, 9	6	0.004	0.004	5.78	5.21	
L	Medial frontal gyrus	- 11, - 3, 60	5	0.005	0.006	5.72	5.16	
R	Caudate	22, 9, 15	5	0.005	0.018	5.38	4.9	
L	Superior temporal gyrus	- 53, - 42, 6	5	0.005	0.022	5.33	4.86	
Symbols > words	3							
	None							
Dyslexia (n = 55)	)					•	-	
Words > symbols								
L/R	Superior/medial frontal gyrus	- 2, 3, 60	147	0	0	9.86	7.37	
L	Inferior frontal gyrus	- 35, 30, 9	245	0	0	9.34	7.12	
L	Undef	- 11, - 6, 24	5	0.003	0	7.44	6.11	
R	Inferior frontal gyrus	34, 24, 6	44	0	0	7.19	5.97	
L	Precentral gyrus	- 53, - 9, 45	31	0	0.001	6.6	5.6	
L	Cerebellum	- 11, - 45, - 33	15	0	0.001	6.53	5.55	
R	Cerebellum	34, - 54, - 30	12	0	0.001	6.39	5.47	
R	Precentral gyrus	49, - 6, 48	12	0	0.002	6.26	5.38	
L	Putamen/insula	- 26, 9, 12	5	0.003	0.004	6.1	5.28	
R	Caudate	25, 24, 9	6	0.002	0.01	5.84	5.1	
Symbols > words	)							
R	Parahippocampal gyrus	28, -48, -6	7	0.001	0.008	5.89	5.13	

**Table 2.** Results whole brain analyses. For all contrasts the significance level at whole-brain peak-level threshold  $p_{(FWEp)} < 0.05$ ,  $k \ge 5$ . Labels of brain regions determined using the XJView (AAL atlas); k: cluster size; R: right; L: left.

condition, F(1,118) = 46.54, p < 0.0001) that also modulated the main effect of group (F(1,118) = 14.34, p < 0.0002). Post-hoc t-tests showed that children with dyslexia had slower reaction times (p < 0.001) and lower accuracies (p = 0.004) for words than typical reading children but the groups did not differ in their performance on symbol strings.

**fMRI whole brain results.** *Print-sensitive activation.* Both children with typical reading skills and children with dyslexia showed word-sensitive activation (words > symbol strings) in left inferior and medial frontal regions and parts of the basal ganglia ( $p_{\text{FWEp}}$  < 0.05, Fig. 2, Table 2). Word-sensitive activation in the left fusiform and superior temporal gyri was only found for the typical readers and not the children with dyslexia.

The contrasts words vs baseline or symbols vs baseline showed activation in both groups in bilateral ventral occipito-temporal regions and in left precentral regions. Words additionally showed bilateral middle and inferior frontal activation. For a detailed description of activated cluster per group and condition see supplementary Fig. 1.

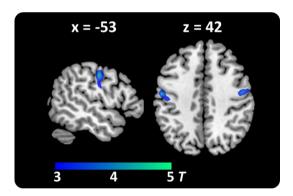
Regression of print-sensitive processing with reading fluency. Only the left fusiform gyrus showed a significant relation of word-sensitive activation with reading ability, in the form of increased functional activation with increased reading performance (Table 3, Fig. 2;  $p_{(FWEc)} < 0.05$ , cluster size-corrected at CDT  $p_{(unc)} < 0.005$ ). Interestingly, separate regression analyses by group for the a) typical readers and b) the children with dyslexia showed an increase in the functional activation of bilateral fusiform gyri (FFG) with reading fluency ( $p_{(FWEc)} < 0.05$ ) in the children with dyslexia only.

No significant ( $p_{(FWEc)} < 0.05$ ) negative correlation with reading fluency and print-sensitive activation was found neither for the whole sample, nor for any of the two reading groups (Table 3).

Group effects on print sensitive activation. The group of typical readers did not show any region with increased word-sensitive activation compared to the children with dyslexia surviving a cluster extent (or voxel-wise) correction. On the contrary, bilateral precentral gyri showed enhanced activation for print-sensitive activation in children with dyslexia compared to typical readers (Table 3, Fig. 3;  $p_{(FWEc)} < 0.05$ , cluster size-corrected at CDT  $p_{(unc)} < 0.005$ ).

Regressions wi	ith reading fluency z- scores						
Hemisphere	Brain area	(MNI) x, y, z	k	Peak p(FWEc)	Cluster p(FWEp)	Т	Z
All (n = 140)		,	•				•
Words > symbo	ls, positive regression with reading fluency z-	-score#					
L	Fusiform gyrus#	- 44, - 36, - 21	186	0.021	0.692	3.89	3.78
Words > symbo	lls, negative regression with reading fluency z	-score#					
	None#						
Typical reader	s (n=73)	•			•	•	•
Words > symbo	ls, positive regression with reading fluency z-	-score#					
	None#						
Words > symbo	ls, negative regression with reading fluency z	-score#					
	None#						
Dyslexia (n = 5	5)						
Words> symbo	ols, positive regression with reading fluency z	-score					
L	Fusiform gyrus	- 38, - 57, - 15	8	0.001	0.001	6.42	5.47
R	Fusiform gyrus/middle occipital gyrus	40, -69, -12	29	0	0.001	6.4	5.46
Words > symbo	ls, negative regression with reading fluency z	-score#					
	None#						
Group contras	ts						
Dyslexia > typio	cal readers						
Words > symbo	ols#						
L	Precentral gyrus#	- 53, - 21, 42	264	0.001	0.239	4.42	4.25
R	Precentral gyrus#	61, - 6, 24	172	0.015	0.711	3.95	3.82

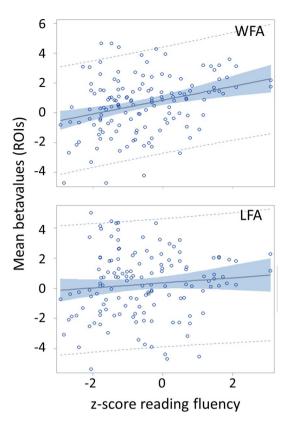
**Table 3.** Results whole brain analyses, regressions and group contrasts. For all contrasts the significance level at whole-brain peak-level threshold  $p_{(FWEp)} < 0.05$ ,  $k \ge 5$  except for contrasts designated with\* are reported on cluster-level threshold  $p_{(FWEc)} < 0.05$  at cluster-defining threshold at  $p_{(CDT)} < 0.005$ . Labels of brain regions were determined using the XJView (AAL atlas); k: cluster size; R: right; L: left.



**Figure 3.** Group contrast children with dyslexia vs. children with typical reading skills. Higher word-sensitive (words—symbols) activation for children with dyslexia than for typical readers was found in bilateral precentral gyri. Activation threshold for visualization is set to  $p_{(unc)} < 0.001$  (corresponding to t > 3.16). The activation clusters are superimposed onto the ch2better.nii template using mricron (https://www.nitrc.org/projects/mricron)<sup>103</sup>.

**Left vOT region of interest (ROI) analyses.** *Impact of reading fluency on print-sensitive processing in the left vOT.* When using word reading fluency score as a covariate of interest for the whole sample of 140 children, a trend for the triple interaction of *reading fluency, ROI (WFA, LFA)* and *condition (Words, Symbols)* (F(1,411)=3.53, p=0.0610), a significant interaction of *reading fluency* and *condition* (F(1,411)=6.66, p=0.0102) and a trend for *ROI x condition* (F(1,411)=3.1, p=0.0790) was found. In addition, main effects of *ROI* (F(1,411)=40.42, P=0.0001) and *condition* (F(1,411)=12.22, P=0.0005) were also significant. The significant regression of print-sensitive activation with *reading fluency* in the left WFA and the nonsignificant regression with left LFA ROIs are illustrated in Fig. 4, for supplementary site-wise analyses, please refer to the supplementary analysis section.

Because of the significant association of reading fluency and print sensitive processing in left VOT in children with dyslexia but not in typical reading children as revealed in the whole brain analyses we repeated the



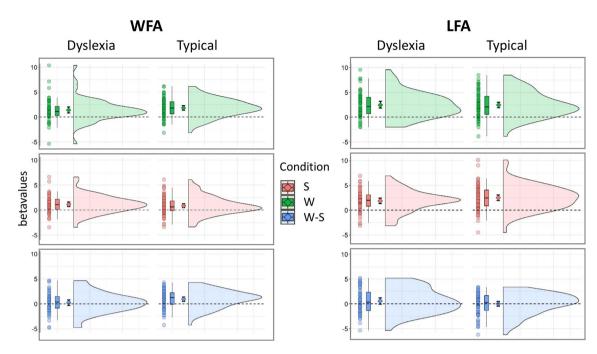
**Figure 4.** Regression plots showing the positive association between reading fluency and print sensitive activation (words-symbols) in the WFA ROI (top: F(1,137) = 15.09, p = 0.0002,  $r^2 = 0.0992$ )) and the LFA ROI (bottom: F(1,135) = 1.37, p = 0.2433,  $r^2 = 0.0101$ ) of the entire sample (including gap group; n = 140). The blue shaded areas represent the 95% confidence limits, the blue dashed lines the 95% prediction limits.

same model as described above separately for the group of typical readers and for children with dyslexia. Both groups showed a significant (typical) or trend (dyslexia) main effect of *ROI* (typical readers: (F(1,211)=21.85, p=0.0001; dyslexia (F(1,157)=3.78, p=0.0535)) and an interaction of *condition* and *reading fluency* (typical readers: (F(1,211)=6.70, p=0.0103; dyslexia (F(1,157)=18.11, p<0.0001)). The *condition* main effect was only significant in children with dyslexia (typical readers: (F(1,211)=0.99, p=0.3197; dyslexia (F(1,157)=19.97, p<0.0001)), while only typical readers showed an interaction of *ROI* and *condition* (typical readers: (F(1,211)=4.23, p=0.0408; dyslexia (F(1,157)=2.10, p=0.1495)), indicating a more focal print sensitivity effect in the classic WFA in typical readers as compared to children with dyslexia.

Group differences in print-sensitive vOT activation. Activation in the vOT ROIs corrected for age and site was stronger for words than for symbol strings (condition, F(1,374)=42.6, p<0.001) and overall activation in the LFA was stronger than activation in the WFA (ROI, F(1,374)=8.2, p=0.0044). The word-sensitive activation was stronger in typical readers than in children with dyslexia in the WFA but not in the LFA (group x condition x ROI, F(1,374)=4.66, p=0.0316, c.f. Fig. 5). The group main effect was not significant (group, F(1,374)=0.52, p=0.472). Posthoc t-tests showed that only the typical readers had a more pronounced BOLD signal to words than symbol strings (print sensitive processing) in the WFA (t=3.37, p=0.0189) and more activation to symbol strings in the LFA than the WFA (t=-5.63, p=<0.001). Children with dyslexia showed more pronounced activation in the LFA than WFA to words (t=-3.20, p=0.0323) c.f. Fig. 5. Two additional categorical analyses included also the small group of intermediate reading children (n=12) or an extended intermediate reader group (n=29) in the models. These LMMs largely confirmed the results of the main model with the two core groups and are added in the supplementary material.

#### Discussion

Neuroimaging studies and a growing number of meta-analyses in the past years consistently reported alterations in the microstructure and in activation of the left ventral occipito-temporal cortex during reading-related tasks in poorly reading children and adults as compared with typical readers  $^{41-43,64,77,78}$ . With this multicentre study we aimed to confirm the findings of a hypoactive vOT system in poor readers in an exceptionally large sample (n = 140) of children spanning the whole spectrum of reading skills from very poor (dyslexic) to highly fluent readers. Specifically, we examined functional activation differences with a reading for meaning and a symbol string comparison task to clarify how print-sensitive processing in the left vOT is related to reading fluency. We took advantage of our large sample to conduct both continuous and categorical (group comparison) analyses.



**Figure 5.** Mean betavalues for ROI data. The plots illustrate the betavalues for children with dyslexia and typical reading children for each condition; Words (green), Symbols (red), and the Words-Symbols difference (blue). The ROIs WFA and LFA are shown separately in the left and right columns, respectively. Each 'raincloud' plot shows (from left to right) individual data points, boxplot with median and interquartile range, mean and 95% CI, and sample distribution.

The results of the whole brain and the ROI analyses revealed two key findings: First, a nonlinear association of print-sensitive activation in left vOT with reading scores, which is especially pronounced in the poor reading range but less in the typical reading range. And second, a more focal print-sensitive activation in the WFA in children performing within the typical reading range as compared with poorly reading children.

Continuous whole-brain analyses in the full sample revealed a positive association of print-sensitive activation with reading fluency in only one distinct cluster over the whole brain located in the centre of the visual word form system of the left midfusiform gyrus: the poorer a child was reading, the lower was his/her print-sensitive activation in this region. This is in agreement with many previous studies showing the critical role of this region for reading and dyslexia (see for example meta-analyses<sup>41–43</sup>).

The current findings, however, extend those from previous studies by showing that the relation between left vOT activation and reading skills is neither linear across the entire range of reading nor dependent on classical thresholds for impaired and unimpaired reading. Despite the large sample of typical readers and their large variation in reading scores, no relation of reading fluency to activation in the left vOT survived activation thresholds in the voxel-wise analysis in this group. Children with dyslexia, however, showed a strong positive association between their reading fluency and print-sensitive processing in extended and bilateral regions including the fusiform gyri. This suggests that word-sensitive activation decreases mainly among the children with dyslexia with increasing severity of their reading difficulties, but not among the typical readers. Importantly the absence of this brain-behaviour association cannot be explained by reduced variation in the reading fluency of typical readers.

Our group wise analyses provided more details to explain this finding. First, no print-sensitive activation in the fusiform gyri was detected in the group of children with dyslexia. Together with the findings of a very strong positive association with reading skills, this result thus suggests a very high variability in the print-sensitive response of the vOT in the group of poor readers that is partly explained by severity. Second, children with typical reading skills showed strong print-sensitive activation in the left fusiform gyrus. Together with the absent modulation of print-sensitive activation through reading skills, our data indicate a minor impact of reading fluency on print-sensitive activation in the typical reading range. Moreover, the direct group contrast of print-sensitive processing, showed only a stronger involvement of bilateral precentral gyri in children with dyslexia but did not yield any differences in the activation of the vOT. These results indicate that a certain basic level of print-sensitive processing in the left vOT is a prerequisite for reading skills in the average performance range. And while the individual variability of reading fluency in the typical range in school children seems to be only weakly related to the level of print-sensitive vOT activity, the variability in reading performance in the very poor performance range shows a strong and linear association with the vOT sensitivity to print.

Our findings extend the results of two recent studies comparing the print-sensitivity effect in younger children<sup>30</sup> or print, symbol, falsefont and digit string processing in somewhat older (~11.5 years) children<sup>79</sup>. While no group difference was detected for the print-sensitivity effects in these studies, clear and unspecific hypoactivation in the left vOT was reported for processing words, symbol and digit strings<sup>30,79</sup> suggesting a more general visual object processing failure in children with dyslexia. In contrast to these studies the activation to

symbol strings did not differ between groups in our study as shown in the ROI analyses of the WFA and LFA. Instead, a distinct reduction of the print sensitivity effect in the WFA in children with dyslexia thus suggested a more focal modulation of print-sensitive processing in the WFA of typical readers. While a failure to detect group effects in the left vOT in many previous studies could have been due to the rather small group sizes, or the often rather lenient criteria to categorize children with dyslexia this is unlikely the case for the current study which included more than 50 children per group and only severely impaired children formed the dyslexia group. More likely, based on our results, is the assumption that children with more severe forms of reading disability show a larger failure in print-sensitive processing in the left vOT which shows up also in simple tasks, while children close to average reading scores hardly differ anymore in the functional activation of this system during simple implicit reading and semantic judgment tasks. This is also corroborated by the performance data in our fMRI tasks. Even though typical readers performed more accurately and faster, the overall performance in this task was very good also in the group of children with dyslexia. While it was our aim, to implement a task that can be done by all children, more challenging tasks, may have resulted in more pronounced group differences also regarding the activation of the VWFA.

Previous studies showed that, deficient VWFA function may be explained by a basic deficit in learning grapheme-phoneme correspondences in children with dyslexia<sup>80,81</sup>. Deficient activation may become more accentuated also in poor and intermediate readers when specifically challenging the system with tasks that emphasize phonological processing<sup>22,45,52–56,62,63,82</sup>. How much the left vOT is engaged in visual word processing may thus not only depend on the reading skill level of a child, but could also be influenced by differential deployment of top-down recruitment with task requirements9. Like in other studies, applying region of interest analyses to specifically examine the activation pattern of the visual word form area yielded focal print-sensitive activation differences between groups. Connectivity studies show, that the VWFA development 13,29, and its function are largely constrained and predicted by its privileged connectivity to various areas within the (temporal) language network but also its tight coupling to the dorsal fronto-parietal attention network<sup>51,83,84</sup>. Such connectivity findings suggest that the VWFA activation is tuned by input from higher order language areas and attentional processes, depending also on the task requirements, the reading strategy and experience of the children. The extended connectivity of the left vOT thus seems a prerequisite for guiding the emerging specialization in the VWFA<sup>13</sup> which is initiated within the first months of formal reading acquisition through the learning of letter and speech sound associations in alphabetic languages<sup>26,27,29,33,85,86</sup>. In addition the strong structural and functional link of the VWFA to the attentional system 51,87,88 may support the guidance of visual attention by amplifying the representations of words and fostering subsequent phonological and lexical processing<sup>51</sup>. Impairments in attentional mechanisms in dyslexia may cause poor orthographic representations<sup>89</sup> and phonological decoding deficits<sup>90</sup>. Importantly targeting these core systems through the application of phonics training enhancing grapheme-phoneme correspondences<sup>91,92</sup> or also attentional training with action video games<sup>93,94</sup> and reading acceleration<sup>95</sup> may support poor readers.

The strong group difference of increased (rather than decreased) print-sensitive activation in children with dyslexia in left and right precentral regions is well in line with previous findings. Such overactivation has been reported consistently across studies [e.g. 30,96] and meta-analyses 41,42. A recent meta-analysis specifically addressing word processing in shallow and deep orthographies indicated that this overactivation is especially prominent in shallow orthographies<sup>44</sup>. Accordingly, the hyperactivation observed in our sample of children with reading difficulties may have been especially pronounced because of using simple and short words in our task, which can be read easily and automatically by typical but not by children with reading difficulties. The precentral regions are known to be involved in the articulatory network<sup>97</sup>, speech production<sup>98</sup> and silent articulation<sup>99</sup>. An overlap of frontal regions usually showing hyperactivation in individuals with reading disorder with regions supporting articulation has been demonstrated in a recent quantitative meta-analysis and thereby supports the notion that such hyperactivation reflects compensatory processing to access the meaning of print<sup>96</sup>. Thus, poor reading children may use these regions to support reading by employing letter-by-letter decoding or covert articulation processes<sup>30</sup>. As an alternative explanation the hyperactivation in the precentral gyri could also reflect greater difficulties with and increased resources necessary for covert articulation or general processing of words in children with dyslexia. In either case these explanations converge with less efficient processing as indicated by slower reaction times to semantic decisions on words (and not symbols strings) in our task.

In order to achieve a large sample size, we collected data across three different sites, including two different languages with similar semi-transparent<sup>100,101</sup> orthographic complexity (Dutch and German). This merging of three different groups may be seen as a limitation of this study. To address this potential limitation, our linear mixed models included site and age as covariates to regress out potential confounds. This suggests that the critical effects in this study were not affected by the different conditions across the three sites or by the differences in age among the children, and thus generalize across involved languages and educational systems. Further one needs to keep in mind, that the present study design does not allow to finally conclude on whether the hypoactivation of the VWFA and the hyperactivation in the precentral gyri to print reflect specific dyslexia effects or whether these differences may rather be explained by differences in print exposure or reading level between children with dyslexia and typical reading skills. However, a study comparing adolescents with dyslexia to age- and reading-level matched control groups, suggested that the hypoactivation in the left parietal and fusiform gyri indeed reflect atypical brain function in dyslexic individuals, while the frontal hyperactivation is more likely related to the current reading skills independent of dyslexia<sup>102</sup>.

Taken together, this large-scale neuroimaging study on the influence of word reading fluency on brain activation emphasizes the important role of the left vOT for reading skills and highlights its functional impairment in poor reading children. It extends the insight of previous large-scale studies specifically challenging phonological processing and using more liberal criteria for defining dyslexia by focussing on reading for meaning. Thus, the present study represents one of the largest datasets (n = 140) on functional activation in children with severe

dyslexia compared to typical readers and clearly corroborates previous notions that the print-sensitive activation in the left vOT represents a critical limiting factor of reading for meaning especially at the lower end of the reading fluency spectrum. Given that the most robust underactivation in children with dyslexia occurred in this region, the left vOT function appears to be a prime target for supportive interventions in those needing it most.

#### Data availability

The data that support the findings of this study are available but restrictions apply to the availability of these data, due to the restricted and site-specific consent of research participants. Data are however available from the authors upon reasonable request and with permission of the principal investigator of each site.

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#### **Author contributions**

S.B. and U.M. performed statistical analyses and visualizations; S.B. preprocessed fMRI data; S.B., U.M. and D.B. wrote the manuscript; U.M., M.K., M.S., F.R., V.B.,. J.R., S.v.M., E.S., K.B., K.M. collected the data; K.L., E.M., R.G., G.S., H.W., D.B., L.B. were responsible for study design, provided project infrastructure and critical feedback. All authors (except for L.B., who unfortunately passed away) critically read and commented on the manuscript.

### **Competing interests**

The authors declare no competing interests.

#### Additional information

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